

# Need a School or Sports Physical?



## When does your child need a school physical?

- Starting certain preschools like Head Start, kindergarten, or public school for the first time?  
A school physical is required.



- Playing middle or high school sports?  
Sports physicals are required every 14 months (completed each year after May 1st) to play a sport during the upcoming school year.

Your local health department now offers school and sports physicals. We accept most insurances and also offer payment by cash or check.

**Call for an appointment:**

**Roanoke City**  
**(540) 283-5050**

**Roanoke County**  
**(540) 857-7800**

**Salem**  
**(540) 387-5530**