

Monday



General T'So Chicken **5**
M/MA
Rice-G
Steamed Carrots-V
Side Salad-V
Roll-G

Cheeseburger-M/MA & G **12**
Lettuce & Tomatoes-V
Chips-G
Baked Beans-V
Carrot Sticks w/Ranch-V

Roasted Wings **19**
M/MA
Tri-Tater-V
Green Beans-V
Roll-G
Side Salad-V

Memorial Day **26**

Tuesday



Potato Bar w/Meat Choices **6**
V & M/MA
Steamed Broccoli-V
Side Salad-V
Roll-G

Chicken Sandwich-M/MA & G **13**
Lettuce & Tomatoes-V
Chips-G
Green Beans-V
Broccoli Florets w/Ranch-V

Lemon Herb Chicken **20**
M/MA
Steamed Broccoli-V
Rice-G
Side Salad-V
Roll-G

Chicken Alfredo-M/MA & G **27**
Steamed Broccoli-V
Garlic Breadstick-G
Fruit Cup-F

Head Start Only

Wednesday



B.B.Q. Sandwich **7**
M/MA & G
Potato Salad-V
Baked Beans-V
Chips-G

Beef Taco **14**
M/MA & G
Spanish Rice-G
Lettuce & Tomatoes-V
Black Beans-V

Sloppy Joe on a Bun **21**
M/MA & G
Fries-V
Baked Beans-V
Side Salad-V

Spaghetti-M/MA & G **28**
Steamed Carrots-V
Roll-G
Sliced Pears-F

Head Start Only

Thursday



Pizza **1**
M/MA & G
Yams-V
Side Salad-V
Corn-V

Oven Fried Chicken **8**
M/MA
Mashed Potatoes-V
Black-Eye Peas-V
Side Salad-V
Roll-G

Hamburger Steak-M/MA **15**
Rice w/Gravy-G
Stewed Tomatoes-V
Side Salad-V
Roll-V

Staff's Choice **22**

Cheesy Turkey M/MA & G **29**
Steamed Squash-V
Chips-G
Sliced Apples-F

Head Start Only

Friday

Riblet on Bun **2**
M/MA & G
Coleslaw-V
Chips-G
Carrot Sticks-V

Kick'n Chicken Tenders **9**
M/MA
Coleslaw-V
Tri-Tater-V
Roll-G

Sausage Dog **16**
M/MA & G
Sausage Slider-HSCh
Onions and Peppers-V
Potato Wedges-V
Steamed Broccoli-V

Ham & Cheese Sandwich **23**
M/MA & G
Lettuce and Tomatoes-V
Chips-V
Pasta Salad-G & V
Carrot Sticks w/ Ranch-V

Chicken & Waffles-M/MA & G **30**
Green Peas-V
Fries-V
Mixed Fruit-F

Head Start Only

QCS: Choice of milk, fruit, carrot sticks, and broccoli florets served with all meals. **Head Start (HS):** Milk and fruit served with all meals **Elementary:** Choice of PBJ Sandwich or Pizza or Entrée

Middle :Choice of PBJ Sandwich or Pizza or Pre-Packaged Salad or Entrée **High School:** Choice of Pizza or Entrée or Pre-Packaged Salad or PBJ Sandwich

M/MA: Meat/ Meat Alternate V: Vegetable G: Grain E: Extra F:Fruit

Offer Vs. Serve is an USDA approved form of meal service established to help decrease plate waste and give more freedom of choice to students. **Quitman County Schools utilize Offer Vs. Serve at Lunch**
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