

SEPTEMBER | 2025



Middlefork Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School	2 Beef Hot Dog on Bun Mustard, Ketchup, Relish Baked Wedges Fresh Broccoli /ranch Fresh Orange	3 Homestyle Sloppy Joe on Bun Tossed Salad w/dressing Corn on the Cob Fresh Peach	4 Chicken and Waffles w/BBQ Sauce, Syrup Steamed Carrots Cole Slaw Fresh Plums	5 Homestyle Mac & Cheese Turkey Ham Slice Dinner Roll Red Beans Cauliflower w/ranch Fresh Apple
8 Pulled BBQ Turkey on Bun Popeye Salad w/dressing Grape Tomatoes Fresh Orange	9 Beef Taco Shredded Cheese, Salsa Lettuce, Sour cream Spanish Rice Pinto Beans Baby Carrots w/ranch Fresh Plums	10 Chicken Bowl w/Corn, Mashed Potatoes, Gravy, Popcorn Chicken Sliced Bread Fresh Apple	11 Baked Potato w/Homestyle Chili, Shredded Cheese, Sour Cream, Butter Dinner Roll Fresh Celery w/ranch Fresh Peach	12 Spaghetti w/Meat Sauce Garlic Bread Steamed Carrots Fresh Cauliflower w/ranch Variety Fresh Fruit
15 Chicken Patty on Bun w/mayonnaise Waffle Fries Cole Slaw Diced Peaches	16 Chicken Alfredo Garlic Bread Steamed Broccoli Baby Carrots w/ranch Fresh Orange	17 School Improvement Day Early Dismissal	18 Cheeseburger on Bun Lettuce, Tomatoes, Pickles, Mustard & Ketchup Baked Wedges Fresh Cauliflower w/ranch Fresh Apple	19 Homestyle Salisbury Steak Dinner Roll Mashed Potatoes Fresh Zucchini w/Ranch Fruit Cocktail
22 Grilled Cheese Sandwich Tomato Soup Steamed Broccoli Fresh Celery w/Ranch Fresh Apple	23 French Bread Pizza Steamed Corn Grape Tomatoes w/ranch Diced Pears	24 Chicken Drumstick, Breaded Cornbread Pinto Beans Fresh Squash w/ranch Fresh Grapes	25 Beef Hot Dog on Bun Mustard, Ketchup, Relish Tator Tots Baby Carrots w/ranch Sliced Peaches	26 Mostaccioli w/Meat Sauce And Garlic Bread Mixed Vegetables Fresh Cauliflower w/ranch Fresh Orange
29 Cheese Pizza Tossed Salad w/dressing Steamed Corn Fruit Cocktail	30 Burrito Bowl w/Beef Taco Meat, Black Beans, and Rice Honey Graham Squares Fresh Broccoli w/ranch Fresh Orange	1	2	3

News

**NATIONAL
CHEESEBURGER
DAY**
September 18th