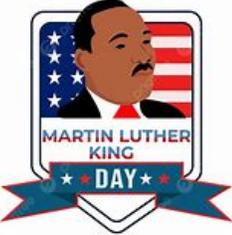




# Lukachukai Community School

## January 2025 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6</p> <p>Whole Grain Pancakes, Syrup, Fresh Fruit, Apple, Assorted Milk</p> <p>Native Taco w/Frybread, Mild Salsa, Fresh Fruit, Assorted Milk</p>	<p>7</p> <p>Western Omelet Quesadilla, Fresh Fruit, Orange, Assorted Milk</p> <p>Tater Tots Casserole, Dinner Roll, Steamed Broccoli, Fresh Fruit, Assorted Milk</p>	<p>8</p> <p>Cinnamon Rolls, Scrambled Eggs, Tater Tots, Fruit, Assorted Milk</p> <p>Chicken Nuggets, Carrots, Roasted Cauliflowers, Fresh Fruit, Assorted Milk</p>	<p>9</p> <p>Banana Muffin, Assorted Yogurt, Juice, Apple, Assorted Milk</p> <p>Spaghetti w/ Meat Balls, WG Garlic Bread, Salad Ranch Dressing, Mixed Vegetable, Fresh Fruit, Assorted Milk</p>	<p>10</p> <p>Oatmeal, Scrambled Egg, Fresh Fruit, Orange, Assorted Milk</p> <p>Korean Grilled Chicken, Seasoned Brown Rice, Fortune Cookie, Steamed Carrots</p>
<p>13</p> <p>Turkey, Ham Egg &amp; Cheese Sandwich, Juice, Fruit, Assorted Milk</p> <p>Grilled Cheese, Romaine Salad, Dressing, Fresh Fruit, Assorted Milk</p>	<p>14</p> <p>Breakfast Burrito, Mild Salsa, Fresh Fruit, Apple, Assorted Milk</p> <p>Chili Mac, Dinner Roll, Steamed Carrots, Cucumber Slices, Lite Ranch Dressing, Fresh Fruit, Assorted Milk</p>	<p>15</p> <p>Sausage Breakfast Pizza, Juice, Fruit, Assorted Milk</p> <p>Cheese Burger, Lettuce &amp; Tomato, Ketchup/Mustard/Mayo, Coleslaw, Sweet Potato Fries, Fresh Fruit, Assorted Milk</p>	<p>16</p> <p>WG Biscuit, Cheesy Scrambled Eggs, Fresh Fruit, Apple, Assorted Milk</p> <p>Salisbury Steak, Yeast Bread, Mashed Potato, Steamed Broccoli, Fresh Fruit, Assorted Milk</p>	<p>17</p> <p>Peach Muffin, Assorted Yogurt, Fresh Fruit, Apple, Assorted Milk</p> <p>Chicken Burrito, Mild Salsa, Black Beans, Fresh Fruit, Assorted Milk</p>
<p>20</p> <p>NO SCHOOL</p> 	<p>21</p> <p>Cinnamon Crisp, w/ Fruit Salad, Assorted Yogurt, Fresh Fruit, Assorted Milk</p> <p>Chicken Drumstick, Yeast Roll, Mashed Potato, Gravy, Steamed Broccoli, Fresh Fruit, Assorted Milk</p>	<p>22</p> <p>Toasted English Muffin, Hash Brown Casserole, Juice, Fresh Fruit, Assorted Milk</p> <p>Mandarin Orange Chicken, Seasoned Brown Rice, Green Beans, Carrots, Fresh Fruit, Assorted Milk</p>	<p>23</p> <p>Cream of Wheat, Whole Grain Toast, Assorted Jelly, Fresh Fruit, Apple, Assorted Milk</p> <p>Hamburger, Lettuce &amp; Tomato, Black Beans, Steamed Corn, Fresh Fruit, Assorted Milk</p>	<p>24</p> <p>Whole Grain Pancakes, Syrup, Fresh Fruit, Orange, Assorted Milk</p> <p>Meat Lasagna, Garlic Toast, Caesar Salad, Fresh Fruit, Assorted Milk</p>
<p>27</p> <p>Turkey, Ham, Egg &amp; Cheesy Sandwich, Fresh Fruit, Apple, Assorted Milk</p> <p>Beef Soft Taco, Tortilla Chips, Mild Salsa, Black Beans, Fresh Fruit, Assorted Milk</p>	<p>28</p> <p>Blueberry Muffin, Assorted Yogurt, Fresh Fruit, Orange, Assorted Milk</p> <p>Spaghetti w/ Meat Sauce, WG Garlic Bread, Steamed Broccoli, Fresh Fruit, Assorted Milk</p>	<p>29</p> <p>WG Toast, Assorted Jelly, Scrambled Eggs, Juice, Fresh Fruit, Assorted Milk</p> <p>Lamb Stew, WG Frybread, Celery Stick, Fresh Fruit, Assorted Milk</p>	<p>30</p> <p>Pancake on Stick, Syrup, Fresh Fruit, Apple, Assorted Milk</p> <p>Cheese Pizza, Romaine Salad, Lite Ranch Dressing, Baby Carrots, Fresh Fruit, Assorted Milk</p>	<p>31</p> <p>Oatmeal, w/ Brown Sugar, Sausage Patty, Fresh Fruit, Oranges, Assorted Milk</p> <p>Macaroni &amp; Cheese, Dinner Roll, Tater Tots, Broccoli Raisin Salad, Fresh Fruit, Assorted Milk</p>



**BE ACTIVE, SHOW GOOD MANNERS, THINK SAFE, EAT HEALTHY & BE HEALTHY, TOGETHER ACCOMPLISH GREAT THINGS. MENU IS SUBJECT TO CHANGE**  
This institution is an equal opportunity provider.

