## October 2025 Stark County Elementary School Menu

Menu is Subject to Change		1 Wednesday WG Pancake on a Stick 17 gm, , Syrup WG Cereal,WG Cracker, Fruit, Juice WG Corn Dog 30 gm, or Yogurt, Cheese Stick, WG Bar, Baked Beans 28 gm, Corn 16 gm, Pears 16 gm, Fresh Fruit and Veggies	2 Thursday WG Cinnamon and Sugar Donuts 40 gm, WG Cereal, WG Cracker, Fruit, Juice  WG Bun 28 gm, BBQ Rib 3gm or WG PB & J < Cheese Stick, WG Chips. Green Beans 4 gm, Mixed Fruit 17 gm, Fresh Fruit and Veggies	3 Friday WG Cereal,WG Cracker, WG WG French Toast Sticks 37 gm, Syrup 20 gm, Fruit, Juice Taco in a Bag 24 gm gm or Yogurt. Cheese Stick. WG Bar. Salsa 8 gm, Romaine 1.5 gm, Pineapple 17 gm, WG Churro 28 gm, Fresh Fruit and Veggies
6 Monday WG Cereal, WG Cracker, WG Pancake Bites 37gm, Syrup 20 gm, Fruit, Juice WG Bosco Stick 25 gm, Beef Ravioli 36 gm or <u>Yogurt</u> . <u>Cheese Stick, WG Bar</u> Carrots 6gm, Peas 11 gm, Pears 16 gm, Fresh Fruit and Veggies,	7 Tuesday WG Cereal, WG Cracker, WG English Muffin 21 gm, Egg Patty 1 gm, Cheese Slice 2 gm Fruit, Juice WG Bun 28 gm, Tenderloin 14 gm or WG PB & J, Cheese Stick, WG Chips. Broccoli w/Cheese 10 gm, gm, Hot Apple Slices 21.92, Baked Beans 28 gm, Fresh Fruit and Veggies	8 Wednesday WG Cereal, WG Cracker, WG Breakfast Bar 47 gm, Fruit, Juice WG Bun 26 gm Meatball w/Sauce and cheese 7 gm or Yogurt, Cheese Stick, WG Bar, Green Beans 4 gm, Mixed Fruit 17 gm, Fresh Fruit and Veggies	9 Thursday WG Cereal, WG Cracker, Wg Pumpkin Bread 44 gm, Yogurt, Fruit, Juice WG Bun 26 gm, Pulled Chicken or WG PB & J. Cheese Stick, WG Chips. Oven Fries 22 gm, Pineapple 17 gm, Fresh Fruit and Veggies	10 Friday WG Cereal,WG Cracker, WG Biscuit 26 gm, Sausage and Gravy 8 gm, Juice, Fruit WG Multi Cheese Garlic Bread 29 gm or WG Bar. Yogurt. Cheese Stick. Romaine 1.5 gm, Marinara Sauce 7 gm, Cinnamon Applesauce 26 WG Cookie 17 gm, Fresh Fruit and Veggies
13 Monday WG Cereal, WG Cracker, WG Breakfast Pizza 22 gm, Fruit, Juice  Totchos(Tater Tots Taco Meat, Cheese Sauce) 27 gm, or Yogurt, Cheese Stick, WG Bar Refried Beans 24 gm, Salsa 8 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies	14 Tuesday WG Cereal, WG Cracker, WG Waffle 20 gm, Syrup 20 gm, Fruit, Juice WG Roll 15 gm, Pasta Dinner or WG PB & J. Cheese Stick, WG Chips, Green Beans 4 gm, Pears 16 gm, Fresh Fruit and Veggies	15 Wednesday WG Cereal, WG Cracker, WG Mini Chocolate Donuts 41 gm, Fruit, Juice WG Bun 26 gm, WG Chicken Patty 16 gm or Yogurt, Cheese Stick, WG Bar Sweet Potato Fries 23 gm, Peaches 14 gm, Fresh Fruit and Veggies	16 Thursday WG Cereal, WG Cracker WG Cinnamon Roll 38 gm, Fruit, Juice WG Pizza or WG PB & J, Cheese Stick, WG Chips Carrots 6 gm, Romaine 1.5 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies	17 Friday NO SCHOOL

20 Monday WG Cereal, Wg Cracker, WG Pigs in Blanket 15 gm, Syrup 20 gm, Fruit, Juice  WG Roll 15 gm, WG Chicken Stripes 12 gm or Yogurt. Cheese Stick, WG Bar WG Chicken Rice, 39 gm, Broccoli W/Cheese 10 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies	21 Tuesday WG Cereal, WG Cracker, WG Mini Cinnamon and Sugar Donuts 20 gm, Juice, Fruit WG Chili Crispito 48 gm or WG PB & J. Cheese Stick, WG Chips. Refried Beans 24 gm Salsa 8 gm, Pears 16 gm, Fresh Fruit and Veggies	22 Wednesday WG Cereal, WG Cracker, WG Pancake Bites 37 gm, Syrup 20 gm, Fruit, Juice  WG Mini Corn Dogs 17 gm or WG Bar, Yogurt, Cheese Stick, Sweet Potato Fries 23 gm, Peaches 14 gm, Fresh Fruit and Veggie	23 Thursday WG Cereal, WG Cracker, WG Apple Frudel 38 gm, Fruit, Juice WG Pretzel 30 gm, Cheese Sauce 6 gm Chicken Noodle Soup 6 gm, Crackers or WG PB & J. Cheese Stick, WG Chips. Corn 16 gm, Tropical Fruit 22 gm, Fresh Fruit and Veggies	24 Friday WG Croissant 29 gm, Sausage 1 gm, egg 1, Cheese Slice 2 gm, WG Cereal, WG Cracker, Fruit, Juice WG Pizza Sticks 28 gm Marinara 7 gm or Yogurt, Cheese Stick, WG Bar Green Beans 4 gm, Rosy Applesauce 22 g, Bavarian Creme Dessert 10 gm, Fresh Fruit and Veggies

27 Monday WG Cereal, WG Cracker, WG Toast 14 g, Jelly 9 gm, Cheese Omelet 2 gm, , Fruit, Juice	28 Tuesday WG Cereal, WG Cracker, WG Breakfast Pizza Bagel 30 gm, Fruit, Juice	<b>29 Wednesday</b> WG Cereal, WG Cracker, WG Biscuit 16 gm, Sausage and Gravy 8 gm Fruit, Juice	<b>30 Thursday</b> WG Cereal, WG Cracker, WG Bagel w/Cream Cheese 41 gm, Fruit, Juice	<b>31 Friday</b> WG Cereal, WG Cracker, WG Donut 33 gm, Fruit, Juice
WG Biscuit 26 gm, Chicken Ala King or <u>Yogurt, Cheese</u> <u>Stick, WG Bar, Peas 11 gm,</u> <b>Mashed Potatoes 17 gm,</b> <b>Mandarin Oranges 17</b> gm, Fresh Fruit and Veggies	WG Toasted Cheese, Chili, Crackers gm or WG PB & J. Cheese Stick, WG Chips, Romaine 1.5 gm Peaches 14 gm, Fresh Fruit and Veggies	Early out at 11:00 a.m.  NO LUNCH SERVED  Cereal- Marsh Matey-22g Honey graham 22g, Cinn toaster	WG Roll 15 gm, Tater Tot Casserole or WG PB & J. Cheese Stick. WG Chips Green Beans 4 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies	WG Roll 15 gm, WG Chicken Nuggets 16 gm, or Yogurt. Cheese Stick. WG Bar Oven Fries 22 gm, Pears 16 gm, Sidekick 23 gm, Fresh Fruit and Veggies
Juice Apple 13 Grape 19 OJ 13 Fruit Punch 14  A Plant Based Meal is offered everyday.	Mashed Potatoes contain Sulfates and can cause Allergic Reactions Ranch, Ketchup, Mustard, BBQ Sauces are offered at all Lunches	24 gm <u>Juice-</u> apple 13 g, grape 19g, oj 13 g, Fruit punch 14 g, <u>Poptart-</u> Cinn 73g, Blueberry-72g, Strawberry-75 g	Breakfast is served every day from 7:30-8:00 am Ketchup, Mustard, Ranch and Dressing, and BBQ Sauce are Offered Menu is Subject to Change 1% White, Strawberry, Chocolate Milk are offered at all meals A Plant Based Meal is offered.	Our Breakfast is Offer vs. Serve. Children can pick 3 out of 4 items as long as 1 of the items is ½ cup of fruit or juice. Our Lunches are Offer vs. Serve. Children can pick 3 out 5 Meal Groups (Meat/Meat Alternative Fruit, Grain, Vegetables, Milk. As long as the Child has ½ cup of fruit or vegetable with 2 other components on their tray.