Frazier High School March 2024 Lunch Menu



Director of Food and Nutrition: Kelly Calderone kcalderone@fraziersd.org 724-736-9507 x431



Choices May Include: Grilled Chicken Patty Sandwich Spicy Chicken Patty Sandwich **Breaded Chicken Patty Sand** Hamburger or Cheeseburger

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Work while your child or
grandchild is in school!

Now Hiring Café Subs!



Lasagna Rollup with Garlic

March 5th

Breadstick

Green Beans

Low/Non Fat Milk

Applesauce

March 1st	
Grilled Cheese	
Mixed Vegetable	
Pineapple Tidbits	
Low/Non Fat Mill	



*Must take at least one 1/2 cup of fruit or vegetable

*Vegetables may includes:

Baby Carrots Dark Leafy Greens Celery & Cucumber

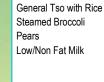
*Fruits may include:

Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce



Choices may Include:

Pepperoni Pizza Cheese Pizza White Pizza **Buffalo Chicken Pizza** Chicken Fajita Pizza



Garlic Breadsticks

Low/Non Fat Milk

Popcorn Chicken Bowl with

Green Beans

Applesauce

March 25th

Bread Slice

Apple

Steamed Corn

Low/Non Fat Milk

March 4th

Black Beans

March 11th

Apple

Chicken Quesadilla





BBQ Pulled Pork over Rice

March 6th

Peaches

Steamed Corn

Low/Non Fat Milk



March 7th

Buffalo Chicken Panini

Steamed Carrots

Pineapple Tidbits

Low/Non Fat Milk





Milk Choices Offered Daily: 1% white and non-fat flavored



A variety of sandwiches, wraps and	
specialty salads are available daily!	

Whole Grains



March 18th	March 19th	March 20th	March 21st	March 22nd
Meatballs with Marinara and	Sweet &Spicy BBQ Chicken	Pizza Panini	EASTER LUNCH	

Bowl Steamed Corn Peaches Low/Non Fat Milk

General Tso Dumplings with

March 26th

Steamed Broccoli

Low/Non Fat Milk

Steamed Carrots Apple Low/Non Fat Milk

March 27th

Tator Tots

Peaches

Sausage Patties

Low/Non Fat Milk

French Toast Sticks with

Ham with Dinner Roll Scalloped Potatoes Mixed Fruit Low/Non Fat Milk Dessert

Easter Holiday Break

No School

March 28th

March 28th

March 8th

Sweet Peas

Pears

Italian Dunkers

Low/Non Fat Milk

Act 80 Day No School

Easter Holiday Break

No School

food service program Nutrition

Proud to manage your

Lunch Prices: Paid \$2.45 Reduced FREE

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

Available Daily MENUS SUBJECT TO CHANGE