

Itawamba County Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 30 Fruit and Yogurt Plate Hamburger w/ Trimmings Trimmings Crinkle Cut Fries Baked Beans Blushing Chilled Pears Assorted Fruit Juices Milk Choices Saltine Crackers Mayonnaise Mustard, PC, MS1538 Ketchup	Aug - 31 Tuna Salad with Crack Sloppy Joe on Bun Tater Tots Tossed Salad w/ Dressi Assorted Fruit Juices Frozen Fruit Juice Cup Milk Choices Saltine Crackers Ketchup	Sep - 1 Chef Salad BBQ NACHO'S Whole Kernel Corn Tossed Salad w/ Dressi Chilled Asst. Fruit Fresh Plums Milk Choices Barbecue Sauce	Sep - 2 Cereal Yogurt Plate 1 Country Fried Steak Southern Biscuit Mashed Potatoes Green Beans Chilled Asst. Fruit Fresh Fruit Cup Brown Gravy Country Style Gravy Milk Choices	Sep - 3 Chef Salad Meatballs in Marinara Sauce on Hoagie Bun Tater Tots High School Baked Beans Chilled Asst. Fruit Milk Choices Ice Cream Cup Variety Ketchup
Nutrients Target Carb 87.8g 57.4%Cal	Nutrients Target Carb 74.4g 52.5%Cal	Nutrients Target Carb 74.2g 56.3%Cal	Nutrients Target Carb 86.5g 52.8%Cal	Nutrients Target Carb 110.8g 55.1%Cal

Variety of Milk offered daily.
Water offered daily.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*