

OCTOBER 2024

INGRAM ELEMENTARY SCHOOL

*MENUS ARE SUBJECT TO CHANGE

Monday



Tuesday

Wednesday

Thursday

Friday

BREAKFAST KIT
FRUIT
MILK

1

DONUTS
SAUSAGE
FRUIT
APPLE JUICE
MILK

2

OATMEAL
CINNAMON TOAST
FRUIT
ORANGE JUICE
MILK

3

WG CEREAL
TOAST & JELLY
FRUIT
APPLE JUICE
MILK

4

WG CEREAL
WG MUFFIN
FRUIT
ORANGE JUICE
MILK

7

BREAKFAST KIT
FRUIT
MILK

8

PIG IN A BLANKET
FRUIT
APPLE JUICE
MILK

9

BISCUIT & SAUSAGE
FRUIT
ORANGE JUICE
MILK

10

SCRAMBLED EGGS
TOAST & JELLY
FRUIT
APPLE JUICE
MILK

11

**NO
SCHOOL**

14

BREAKFAST KIT
FRUIT
MILK

15

PANCAKE BITES
FRUIT
APPLE JUICE
MILK

16

OATMEAL
CINNAMON TOAST
FRUIT
ORANGE JUICE
MILK

17

WG CEREAL
TOAST & JELLY
FRUIT
APPLE JUICE
MILK

18

WG CEREAL
WG MUFFIN
FRUIT
ORANGE JUICE
MILK

21

BREAKFAST KIT
FRUIT
MILK

22

DONUTS
SAUSAGE
FRUIT
APPLE JUICE
MILK

23

BISCUIT & SAUSAGE
FRUIT
ORANGE JUICE
MILK

24

SCRAMBLED EGGS
TOAST & JELLY
FRUIT
APPLE JUICE
MILK

25

WG CEREAL
WG MUFFIN
FRUIT
ORANGE JUICE
MILK

28

BREAKFAST KIT
FRUIT
MILK

29

MINI PANCAKES
FRUIT
APPLE JUICE
MILK

30

OATMEAL
CINNAMON TOAST
FRUIT
ORANGE JUICE
MILK

31



AVAILABLE DAILY: 1% WHITE MILK AND FAT FREE CHOCOLATE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER