



SEPTEMBER 2023

Stuart M Townsend Elementary School

Every STUDENT eats free!!!
Extras, snacks and drinks can be
purchased by using cash, or off
the student's accounts.

Monday

Tuesday

Wednesday

Thursday

Friday



Offered Daily:
*Variety of Powerpacks
*Sandwiches
*Salads

NO
SCHOOL

4

NO
SCHOOL

5

NO
SCHOOL

6

Popcorn Chicken

Popcorn Chicken
Waffle Fries
WW Dinner Roll
Corn
Baby Carrots

7

Pizza Day

Cheese, Pepperoni, or
Specialty Pizza
Roasted Broccoli
Cherry Tomatoes

8

Chicken Patty

Chicken Patty
on WG Bun
Tater Tots
Green Beans
Baby Carrots

11

Taco Tuesday

Seasoned Ground Beef
on a WG Tortilla
Lettuce, Tomato, Shredded Cheese
Refried Beans
Red Pepper Strips

12

Mozzarella Sticks

Mozzarella Sticks
Marinara Sauce
Garlic Bread
Roasted Squash
Cherry Tomatoes

13

Brunch for Lunch

Mini Waffles
Sausage Links
Hash Browns
Steamed Corn
NYS Grape Juice

14

Pizza Day

Cheese, Pepperoni, or
Specialty Pizza
Roasted Cauliflower
Sliced Cucumbers

15

Chicken Wraps

Chicken, Bacon, and Ranch or
BBQ Chicken
on a WG Tortilla
Oven Baked Fries
Peas

18

Hot Dogs

Hot Dog
on WG Bun
Potato Salad
Cherry Tomatoes

19

Eagles Bowl

Popcorn Chicken
Mashed Potatoes
w/Gravy
Steamed Corn
WW Dinner Roll

20

Cheeseburgers

Cheeseburgers on a WW Roll
Lettuce, Tomatoes
Curly Fries
Baked Beans
Baby Carrots

21

Pizza Day

Cheese, Pepperoni, or
Specialty Pizza
Roasted Broccoli
Red Pepper Strips

22

Chicken Tenders

Chicken Tenders
w/ Dipping Sauce
Sweet Potato Fries
WW Dinner Roll
Sliced Cucumbers

25

Take Out Tuesday

Orange Chicken
Lo Mein
Mixed Vegetables
Red Peppers Strips

26

Loaded Nachos

Seasoned Ground Beef
Tortilla Chips w/ Nacho Cheese
Salsa, Sour Cream, Tomatoes
Steamed Corn
Baby Carrots

27

Dipper Day

Cheese filled Breadsticks
Marinara Sauce
Roasted Broccoli
Cherry Tomatoes

28

Pizza Day

Cheese, Pepperoni, or
Specialty Pizza
Green Beans
Garden Salad

29

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2378 ext 1117, or email scheffco@hlcs.org