



# FRAZIER SCHOOL DISTRICT

Inspire and Empower

## BREAKFAST MENU



Menu Subject to Change

**Frazier participates in CEP**

**All Student meals are Free**

**Adult Breakfast: \$2.95**

	<b>Tuesday</b>		<b>1 Wednesday</b>	<b>2 Thursday</b>	<b>3 Friday</b>
	6 Confetti Pancakes	7 Apple Frudel	8 Cinnamon Roll	9 Mini Loaf w/Belly Bears	10 Super Bakery Banana Bread Slice
	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice
	13 Glazed Donut	14 Chocolate Chip French Toast	15 Fruit Muffin w/ Yogurt	16 Sausage, Egg & Cheese Bagel	17 Mini Waffles
	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice
	20 Breakfast Pizza	21 Mini Maple Pancakes	22 NO BREAKFAST 2 Hour Delay	23 Mini Cinni	24 Dutch Waffle
	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice		Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice
	27 Blueberry Muffin	28 Cinnamon Goldfish	29 Mini Donut	30 Cherry Frudel	31 Yogurt w/ Belly Bears
	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice	Assorted Fruit 100% Fruit Juice Milk Choice

Elementary Alternates may Include

**Choose 1**

Benefit Bar

**May Choose 2**

1 oz Cereal Bowl

Single Poptart

4 oz Yogurt

Belly Bears

2 oz Fruit Muffin or Muffin Top or

Mini Loaf

Cereal Bar

Middle School Grab N'Go Breakfast

Cart may Include

**Choose 1**

Benefit Bar

2 ct Poptarts

Cinnamon Roll

Mini Donuts

4 oz - Sara Lee or Otis Spunkmyer

Muffin

2 oz Cereal Bowl

High School Grab N'Go Breakfast

Cart may Include

**Choose 1**

Benefit Bar

2 ct Poptarts

Hadley Farms Cinnamon Roll

Mini Donuts

4 oz - Sara Lee or Otis Spunkmyer

Muffin

2 oz Cereal Bowl



Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes: (2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk. **\*If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.**

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Frazier is an equal opportunity provider