



# FRAZIER SCHOOL DISTRICT

Inspire and Empower



## BREAKFAST MENU

MARCH 2026



Menu Subject to Change

**Frazier participates in CEP**

**All Student meals are Free**

**Adult Breakfast: \$2.95**

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
<b>Happy Birthday Dr. Seuss</b> <b>Whooville Hotcakes</b> Oh The Places You Will Go Gurt Fruit & 100% Fruit Juice Milk Choice	<b>Assorted Benefit Bars</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>Trix Yogurt</b> Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	<b>Sausage, Egg &amp; Cheese Bagel</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>Mini Cinni</b> Assorted Fruit 100% Fruit Juice Milk Choice
<b>9 TEACHER IN SERVICE DAY</b>	<b>10 Pull Apart Donut</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>11 Banana Bread Slice</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>12 Confetti Pancakes</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>13 Mini Donuts</b> Assorted Fruit 100% Fruit Juice Milk Choice
<b>16 Assorted Breakfast Cereal</b> Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	<b>17 Pancake &amp; Sausage On A Stick</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>18 NO BREAKFAST 2 HOUR DELAY DAY</b>	<b>19 Cinnamon Roll</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>20 Chocolate Chip French Toast</b> Assorted Fruit 100% Fruit Juice Milk Choice
<b>23 Otis Spunkmyer Fruit Muffin &amp; Belly Bears</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>24 Iced Sweet Roll</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>25 Soft Cinnamon Toast Crunch Pastry</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>26 Apple Frudel</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>27 Dutch Waffle</b> Assorted Fruit 100% Fruit Juice Milk Choice
<b>30 Assorted Poptarts</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>31 Chocolate Chip Mini Loaf &amp; Belly Bears</b> Assorted Fruit 100% Fruit Juice Milk Choice	<p>“The more you read                      the more things you know.                      The more that you learn                      the more places you’ll go.”                      -Dr. Seuss</p>		<b>Dr. Seuss' Birthday is 2-Mar</b>
<b>National Breakfast Week March 2-9</b>				

Elementary Alternates may Include

**Choose 1**

Benefit Bar

**May Choose 2**

1 oz Cereal Bowl

Single Poptart

4 oz Yogurt

Belly Bears

2 oz Fruit Muffin or Muffin Top or

Mini Loaf

Cereal Bar

Middle School Grab N'Go Breakfast

Cart may Include

**Choose 1**

Benefit Bar

2 ct Poptarts

Cinnamon Roll

Mini Donuts

4 oz - Sara Lee or Otis Spunkmyer

Muffin

2 oz Cereal Bowl

High School Grab N'Go Breakfast

Cart may Include

**Choose 1**

Benefit Bar

2 ct Poptarts

Hadley Farms Cinnamon Roll

Mini Donuts

4 oz - Sara Lee or Otis Spunkmyer

Muffin

2 oz Cereal Bowl

Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes: (2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk. **\*If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.**

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