



All reimbursable meals must include a fruit or vegetable on the tray.

Students may decline 2 of the 5 meal components – meat/meat alternative; grain; fruit; vegetable; milk.



**February is American Heart Month.** Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

**Fruit & Milk Variety Offered Daily!**

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

BBQ Tots or Fries **1**  
Smart Mouth Pizza  
Carrot Dippers  
Pinto Beans // Buttered Corn  
Dinner Roll

Corn Dog **2**  
Macaroni & Cheese  
Waffle Potatoes  
Great Northern Beans  
Steamed Broccoli  
Cornbread Bites

Turkey Sandwich **3**  
Smart Mouth Pizza  
Curly Fries  
Vegetable Soup  
Cookie

Hot Dog **6**  
Smart Mouth Pizza  
Corn Nuggets  
Baked Beans

Chicken Tenders **7**  
Yogurt Bag  
Mashed Potatoes  
Turnip Greens // Pinto Beans  
Garlic Cheese Biscuit

Beef Taco **8**  
Smart Mouth Pizza  
Sweet Potato Fries  
Lettuce/Tomato Cup // Salsa  
Tostitos

Oven Roasted Chicken **9**  
Hamburger / Cheeseburger  
Tator Tots  
Green Beans  
Dinner Roll

Smart Mouth Pizza **10**  
Bento Box  
Potato Smiles  
Buttered Corn  
Carrot Dippers // Cookie

Chicken Fillet **13**  
Smart Mouth Pizza  
Mashed Potatoes  
Green Beans  
Carrot Dippers

Turkey Sandwich **14**  
Pulled Pork BBQ Sandwich  
Baked Beans // French Fries  
Dill Pickle  
Valentine Day Treat

Turkey w/Gravy **15**  
Smart Mouth Pizza  
Green Peas  
Mashed Potatoes  
Sweet Potatoes // Dinner Roll

Hot Ham & Cheese Sand. **16**  
Steak w/Gravy  
White Beans  
Potato Wedges  
Dinner Roll

Smart Mouth Pizza **17**  
Bento Box  
Steamed Broccoli  
Buttered Corn  
Curly Fries // Cookie

**Presidents' Day**  
**No School** **20**

Hamburger / Cheeseburger **21**  
Oven Roasted Chicken  
Waffle Potatoes  
Baked Beans  
Dinner Roll

/ Spaghetti **22**  
Smart Mouth Pizza  
Potato Bites  
Steamed Broccoli  
Dinner Roll

Chicken Sandwich **23**  
Steak Sandwich  
Green Beans  
Sweet Potatoes  
French Fries

Smart Mouth Pizza **24**  
Fish Fillet  
Great Northern Beans  
Buttered Corn  
Cornbread Bites & Onion Rings  
Cookie

Bosco Sticks **27**  
Smart Mouth Pizza  
Green Peas  
Mashed Potatoes  
Salsa

Chili **28**  
Grilled Cheese Sandwich  
Waffle Potatoes  
Seasonal Vegetables  
Corn Chips  
Cinnamon Roll

*The nationwide supply chain issue continues to impact the school meal programs with shortages, cancelled orders, and limited availability of products. Every effort will be made to follow the published menu; however, last minute changes may be necessary. This institution is an equal opportunity provider.*