

Monday

Tuesday

Wednesday

Thursday

Friday

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**Frito Pie**

Lettuce/tomato garnish  
Sidekick fruit cup

11

**Chicken Quesadilla** 14

Chuckwagon corn  
Salsa  
Fresh or canned fruit

**Meatloaf** 15

Mashed potato/gravy  
Steamed carrots  
Fresh or canned fruit

**Crunchy Tacos** 16

Pinto beans  
Spanish rice  
Fresh or canned fruit

**Chicken Sandwich** 17

Chicken patty on WW bun  
Pork and beans  
Fresh or canned fruit

**Posole** 18

Cucumber/tomato salad  
Fresh oven bread  
Fruit salad

**Macaroni and Cheese with Diced Ham** 21

Steamed vegetables  
Fresh or canned fruit

**Beef and Bean Burrito** 22

Carrot sticks  
Fresh or canned fruit

**Cheeseburger** 23

Lettuce/tomato garnish  
Mixed vegetable  
Fresh or canned fruit

**Ham and Cheese Wrap** 24

Carrot salad  
Fresh or canned fruit

**Corn Dog** 25

Steamed vegetables  
Fresh or canned fruit

Tasting Day!

**Vegetable Beef Stew** 28

Crackers  
Carrots/snap peas  
Fresh or canned fruit

**Pork Roast** 29

Mashed potato/gravy  
Mixed veggies  
WW roll  
Cinnamon applesauce

**Chicken Nuggets** 30

Steamed vegetables  
BBQ Sauce  
Fresh or canned fruit

[Enter Additional Info]

**Spaghetti w/Meat Sauce** 31

Fresh veggies w/ranch  
Fresh or canned fruit  
Birthday Celebration!

1% Low Fat or FF Chocolate milk offered daily