

# TURKEY FORD SCHOOL

This Institution is an Equal Opportunity Provider.

Last Day of School May 15th

## BREAKFAST Menu

May

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1				1 Yogurt Muffin Fruit Juice Milk	2 Biscuit Gravy Sausage Fruit Milk
2	5 Cereal Fruit Juice Milk	6 Pancake on a Stick Syrup Fruit Juice Milk	7 Omelet Toast Fruit Juice Milk	8 Muffin Yogurt Fruit Juice Milk	9 Biscuit Gravy Sausage Fruit Milk
3	12 Cereal Fruit Juice Milk	13 Omelet Toast Fruit Juice Milk	14 Pancake on a Stick Syrup Fruit Juice Milk	15 Biscuit Gravy Sausage Fruit Milk	
4					

January 2025						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2025						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2025						
S	M	T	W	T	F	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan

- 2015-2020 Dietary Guidelines for Americans
- USDA. MyPlate.gov. <http://www.myplate.gov>.