	e Area School District	-		Septembe	
Monday	Tuesday	Wednesday	Thursday	Friday	Student lunch med
		1	2		<ul> <li>3 íncludes:</li> <li>Meat/meat alternatíve</li> <li>Graín</li> <li>Vegetable</li> <li>Fruít</li> <li>Choíce of</li> </ul>
6	7	8	9	1	milk Students must tak a fruit or a vegetable with the meal. Grab N Go for packers offered daily. <u>Milk Included Daily</u> w/Meal 1% and Nonfat Varietie
13	14	15	16	1	
					All students eat breakfast & lunch no cost!
20	21	22	23	24	4
Grilled Chicken/Biscuit Popcorn Chicken French Fries Cucumber/Tomato Salad Banana Apple Juice	Taco In a Bag Popcorn Chicken Side Salad with Sliced Tomato Chilled Peaches Orange Juice Sugar Cookie	General Tso Chicken/Steamed Brown Rice Popcorn Chicken Steamed Broccoli Side Salad with Cheese Apple Slices Blue Raspberry Juice	Spaghetti/Meat Sauce Popcorn Chicken Side Salad with Sliced Cucumbers Applesauce Grape Juice Rold Gold Pretzels	Hot Dog/Bun Popcorn Chicken Baked Beans Fresh Veggie Boat Mandarin Oranges Fruit Punch Juice	*Extras available for purchase*
27	28	29	30		
Popcorn Chicken Meat Lovers Stromboli Fresh Red Pepper Slices Smiley Fries Banana Apple Juice	Chili/Crackers Turkey/Cheese Croissant Fire Roasted Sweet Potato Cubes Side Salad with Cheese Chilled Pears Orange Juice Apple Churro	Cheesy Noodles with Beef Turkey/Cheese Croissant Side Salad with Tomato Apple Slices Blue Raspberry Juice	Philly Steak Hoagie/Bun Turkey/Cheese Croissant Side Salad with Sliced Cucumbers Mixed Fruit Grape Juice Cheez-its		