

CONNECTING WITH THE SCHOOL COUNSELOR



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Social Emotional Learning is the process of developing the self-awareness, self-control, and interpersonal skills that are vital for school, work, and life success.

Promote SEL at Home:

- Be a good listener
- Model the behavior you seek
- Read bedtime stories
- Play games and engage in creativity together
- Establish routines and intentionality

Happy, Healthy Kids TIP:

Siblings fighting again? Stay calm and take control of the situation. Let each child share their concern without being interrupted. Create a solution or compromise together that makes each child feel seen and heard.

We are Learning!

Perseverance –not giving up when things get hard or difficult.

Career Awareness and Exploration

Let's CONNECT!

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