



FRAZIER SCHOOL DISTRICT

Inspire and Empower

HIGH SCHOOL



AUGUST/SEPTEMBER 2026

Lunch Menu

Frazier participates in CEP

All Student meals are Free

Adult Lunch: \$5.05



Monday	Tuesday	Wednesday	Thursday	Friday
24 BBQ, Bacon Cheese Steak Burger Crinkle Cut Fries Fruit & Vegetable Bar Milk Choice	25 Nachos Grande Beef, Cheese, Sr Cream, Salsa Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice	26 Meatball Hoagie w/ Mozzarella Cheese Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	27 Chicken Tenders Mini Loaf Mashed Potatoes & Gravy Fruit & Vegetable Bar Milk Choice	28 School Made Pizza w/o Pepperoni Seasoned Carrots Fruit & Vegetable Bar Milk Choice
31 Chicken Parm Sandwich Golden Potato Smiles Fruit & Vegetable Bar Milk Choice	1 General Tso' Chicken o/ Rice Egg Roll & Broccoli Fruit & Vegetable Bar Milk Choice	2 Mini Corn Dogs Seasoned Peas Baked Beans Fruit & Vegetable Bar Milk Choice	3 French Toast Sticks Sausage Links Golden Hashbrown Fruit & Vegetable Bar Milk Choice	4 Italian Dunker Sticks Mini Salads Seasoned Green Beans Fruit & Vegetable Bar Milk Choice
7 HAPPY LABOR DAY	8 Walking Taco w/ Cheese, Lettuce, Sr Cream, Salsa, Churro & Veggie Fruit & Vegetable Bar Milk Choice	9 Popcorn Chicken Bowl Mashed Potatoes w/ Gravy Golden Corn & Dinner Roll Fruit & Vegetable Bar Milk Choice	10 Texas Toast Grilled Cheese & Tomato Soup CrispyTatar Tots Fruit & Vegetable Bar Milk Choice	11 School Made Pizza w/o Pepperoni Seasoned Carrots Fruit & Vegetable Bar Milk Choice
14 BBQ Rib Sandwich French Fries Fruit & Vegetable Bar Milk Choice	15 Italian Baked Hoagie Potato Chips Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice	16 Double Dog Day w/o Cheese Seasoned Corn Fruit & Vegetable Bar Milk Choice	17 Penne Pasta w/ Meatsauce Garlic Breadstick Mini Salad & Green Beans Fruit & Vegetable Bar Milk Choice	18 Philly Steak or Buffalo Chicken Flatbread Side Salad Fruit & Vegetable Bar Milk Choice
21 Chicken Quesadilla w/ Salsa & Sour Cream Seasoned Peas Fruit & Vegetable Bar Milk Choice	23 Sloppy Joe on Bun Mac & Cheese Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice	24 Dill Boneless Wing Basket Krinkle Cut Fries Chocolate Chip Mini Loaf Fruit & Vegetable Bar Milk Choice	25 Cream Chicken o/ Biscuit Mashed Potatoes & Gravy Dinner Roll Fruit & Vegetable Bar Milk Choice	26 School Made Pizza w/o Pepperoni Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
28 Buffalo Chicken Dippers w/ Tostito Chips Pretzel Rod & Seasoned Corn Fruit & Vegetable Bar Milk Choice	29 COOKOUT Burgers and Dogs Pasta Salad, Baked Beans Fruit & Vegetable Bar Milk Choice	30 Salisbury Steak w/ Gravy Mashed Potatoes/Dinner Roll Seasoned Carrots Fruit & Vegetable Bar Milk Choice		

Daily Alternates may include
 Cheeseburger on a Bun
 Hamburger on a Bun
 Breaded Chicken Patty/Bun
 Spicy Chicken Patty/Bun
 Chef Salad w/Choice of Meat,
 Croutons & Dinner Roll
 Cold Wraps with Chips

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes, Bananas, Seasonal Fruits, , Baby Carrots, Cucumber Slices and Celery Sticks

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
 Mixed Fruit, Peaches, Pears,
 Pineapple Tidbits

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Students are offered low fat and non fat milk choices daily and is included with all meals

The Frazier School District Food Service
 Department needs Cafeteria Workers
 Applications available at the Administratin Office

Food Service Manager
 Christie Mansberry
 724-736-9507 x431
cmansberry@fraziersd.org

Frazier is an equal opportunity provider