

HIGH SCHOOL LUNCH MENU 24/25

January 2025

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | <p>2</p> <p>Lunch Entree Hamburger with Bun Cheeseburger</p> <p>Vegetables Potato Smiles Vegetable Variety Romaine Lettuce</p> <p>Fruit Fresh Fruit Variety Mixed Fruit Cup</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> | <p>3</p> <p>Lunch Entree Chicken and Vegetable Fried Rice Chicken Nuggets</p> <p>Vegetables Romaine Lettuce Vegetable Variety Green Peas</p> <p>Fruit Mixed Berries Fruit Cup Fresh Fruit Variety</p> <p>Grains Dinner Roll</p> <p>Milk Fat Free Chocolate Milk 1% Milk</p> |
| | | | <p>6</p> <p>Lunch Entree Chicken with Gravy Chicken Corn Dog</p> <p>Vegetables Vegetable Variety Mashed Potatoes Romaine Lettuce</p> <p>Fruit Fresh Fruit Variety Mixed Fruit Cup</p> <p>Grains Buttermilk Biscuit</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> | <p>7</p> <p>Lunch Entree Stuffed Shells Pork Steaks,</p> <p>Vegetables Vegetable Variety Cut Green Beans Romaine Lettuce</p> <p>Fruit Fresh Fruit Variety Diced Peas</p> <p>Grains Garlic Breadstick</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> |
| <p>13</p> <p>Lunch Entree Beef Macaroni Alfredo Chicken Flatbread Pizza</p> <p>Vegetables Whole Kernal Corn Romaine Lettuce Vegetable Variety</p> <p>Fruit Fresh Fruit Variety Mixed Fruit Cup</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Mini Chocolate Chip Cookies</p> | <p>14</p> <p>Lunch Entree Taco Flatbread Pizza ChickenTenders</p> <p>Vegetables Romaine Lettuce Vegetable Variety Vegetarian Beans</p> <p>Fruit Fresh Banana Diced Peaches</p> <p>Grains Whole Grain Biscuit</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> | <p>15</p> <p>Lunch Entree Chicken Noodles Buffalo Chicken Flatbread</p> <p>Vegetables Romaine Lettuce Vegetable Variety Green Peas</p> <p>Fruit Fresh Fruit Variety Mixed Berries Fruit Cup</p> <p>Grains Dinner Roll</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> | <p>16</p> <p>Lunch Entree BUFFALO CHICKEN NACHOS BBQ Ham & Pineapple Flatbread</p> <p>Vegetables Vegetable Variety Refried Beans Romaine Lettuce</p> <p>Fruit Fresh Fruit Variety Strawberry Cup</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> | <p>17</p> <p>Lunch Entree Chicken Bacon Ranch Flatbread Bosco Cheese Bread Stick</p> <p>Vegetables Romaine Lettuce Vegetable Variety</p> <p>Fruit Fresh Fruit Variety Diced Peas</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> |

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| <p>20</p> <p>MARTIN LUTHER KING DAY</p> | <p>21</p> <p>Lunch Entree Chicken Wing Bar Boneless Chicken Wings</p> <p>Vegetables Romaine Lettuce Vegetable Variety Whole Kernal Corn</p> <p>Fruit Fresh Fruit Variety Bowl Mixed Berries Fruit Cup</p> <p>Grains Cilantro Lime Long Grain, Parboiled, Brown Rice (Chicken Flavored), 1/2 c. Garlic Toast, Whole Grain</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> | <p>22</p> <p>Lunch Entree Taco Bar Meat Options (MS/HS)</p> <p>Vegetables Romaine Lettuce Vegetable Variety Diced Tomatoes Refried beans</p> <p>Fruit Fresh Fruit Variety Strawberry Cup</p> <p>Grains Taco Shell 6" Tortilla</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Cheddar Cheese</p> | <p>23</p> <p>Lunch Entree Buffalo Chicken Melt Italian Chicken Sandwich with Ultimate White Cheese Sauce</p> <p>Vegetables Romaine Lettuce Vegetable Variety California Blend Vegetables</p> <p>Fruit Fresh Fruit Variety Diced Pears</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> | <p>24</p> <p>Lunch Entree Cheesiest Con Queso MaxSnax Pizza Crunchers</p> <p>Vegetables Romaine Lettuce Vegetable Variety Cut Green Beans</p> <p>Fruit Fresh Fruit Variety Applesauce</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Peach Yogurt</p> |
| <p>27</p> <p>Lunch Entree Penne Pasta Alfredo Primavera with Chicken Cheesy Pull-Apart, Italian Cheeses & Garlic</p> <p>Vegetables Vegetable Variety Broccoli Romaine Lettuce</p> <p>Fruit Fresh Fruit Variety Diced Pears</p> <p>Grains Garlic Breadstick</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> | <p>28</p> <p>Lunch Entree Chicken Nuggets Bacon Cheeseburger</p> <p>Vegetables Vegetable Variety Green Peas Romaine Lettuce</p> <p>Fruit Fresh Banana Diced Peaches</p> <p>Grains Dinner Roll</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Bacon Slice</p> | <p>29</p> <p>Lunch Entree Crispitos</p> <p>Vegetables Vegetable Variety Romaine Lettuce Refried beans</p> <p>Fruit Fresh Fruit Variety Mixed Berries Fruit Cup</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> | <p>30</p> <p>Lunch Entree Baked Spaghetti Chicken BLT Wrap</p> <p>Vegetables Vegetable Variety Cut Green Beans Romaine Lettuce</p> <p>Fruit Fresh Fruit Variety Applesauce</p> <p>Grains Garlic Toast, Whole Grain</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> | <p>31</p> <p>Lunch Entree Stuffed Crust Cheese Pizza Stuffed Crust Pepperoni Pizza</p> <p>Vegetables Vegetable Variety Romaine Lettuce PUNCH, DRAGON</p> <p>Fruit Fresh Fruit Variety Strawberry Cup</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> |

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