



## R&L Fusion



PO Box 60 Richey, MT 59259

406-773-5523

PO Box 260 Lambert, MT 59243

406-774-3333

**Kara Triplett – Athletic Director – Richey & Lambert**

[ktriplett@lambertschool.net](mailto:ktriplett@lambertschool.net)

Dear Athletes and Parents,

Hello and welcome to the new season of elementary boys' basketball. I am Coach Mullin and I will be stepping into the role of head coach this season and am extremely excited to get things kicked off on January 2<sup>nd</sup>, 2023.

At this level we can expect a learning environment and I look forward to the challenge of teaching the basics of the game to all the young athletes who choose to participate. I am a competitive individual who wants to be the best at whatever I choose to do and hope to pass that same spirit onto my players. I understand that winning at this level is not the only important aspect of the game and I accept that fact and look forward to sharing my skills and knowledge of the game with the boys. I hope the boys are as excited as I am and are ready to bring a good attitude and willingness to learn with them.

They will need to bring with them the following to the first day of practice.

- Pair of basketball shoes of their choosing
- Pair of athletic shorts
- Jersey or Shirt
- Water Bottle
- Physical form signed and on file with the school or turned into me before first practice (they cannot practice without this)
- Any medical supplies (inhalers, epi pens, braces, etc...) if needed

It has also been brought to my attention that we may be pulling of 4<sup>th</sup> graders for this season so if you are the parent of a 4<sup>th</sup> grade boy we encourage you to send them the first day of practice as we will need the numbers.

If you have any questions or concerns please feel free to reach out to me. Cell: 406-480-1416

Home: 774-7717. Leave a message if you need (I will be hit and miss with my cell phone during the day as I am busy at work most days). The home phone will be the best way to reach me during night hours. Thank you and GO FUSION!!

Coach John Mullin



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Dear Fusion Parents/Guardians:

I am so excited to have the opportunity to coach your girls this year! Our season will begin on January 2nd, and I would like to invite all fourth, fifth, and sixth grade girls to come out and improve their fundamental basketball skills and learn the importance of being part of a team. Thank you in advance for all of your support this season.

My primary goal this season is to build confidence on the court and teach the fundamentals of basketball. Sportsmanship and the team aspect of the sport are both very important to me and one of the reasons I am passionate about basketball. I want all of the girls to learn to bring the ball down the floor, be comfortable down low in the post position, and have the confidence to play defense wherever they need to. Basketball is a fast paced sport and you never know where you are going to end up so I want to ensure that all of the elementary girls learn the basics to build upon as they continue to move up and get older.

Before the start of the season all athletes wanting to participate will need a sports physical. I also ask that each athlete brings a water bottle, and anything else they may need throughout the duration of an hour and a half to two hour practice. We will not have practice on Wednesdays. Please have the girls dressed in athletic shorts, shirts, and shoes that are appropriate for basketball and lots of physical activity. I expect all players to attend practice on a regular basis unless excused by a parent or guardian, it is critical for playing time and the building of a successful team. Our first practice will be held in Richey on Monday, January 2nd.

I cannot wait to meet all of you and I look forward to an exciting season! Please reach out to me with any and all questions. You can reach me by email at [thansen@richey.k12.mt.us](mailto:thansen@richey.k12.mt.us), or by texting my cell at (406)599-9577.

See you soon!

Tara Hansen