

FRAZIER SCHOOL DISTRICT

Inspire and Empower

MIDDLE SCHOOL

NOVEMBER 2026



Lunch Menu

Frazier participates in CEP

All Student meals are Free

Adult Lunch: $5.05



Monday	Tuesday	Wednesday	Thursday	Friday
2 **Sloppy Joe on Bun** Golden Tatar Tot Fruit & Vegetable Bar Milk Choice	3 **Walking Taco** Taco Meat, Lettuce & Cheese Apple Churro & Buttered Corn Fruit & Vegetable Bar Milk Choice	4 **Toasted Grilled Cheese** Tomato Soup Golden Hashbrowns Fruit & Vegetable Bar Milk Choice	5 **Penne Pasta** w/Meat Sauce/Garlic Bread Stick/Seasoned Peas Fruit & Vegetable Bar Milk Choice	6 **Italian Dunkers** w/ Marinara Sauce Seasoned Carrots Fruit & Vegetable Bar Milk Choice
9 **Ham BBQ on Bun** Crinkle Cut French Fries Fruit & Vegetable Bar Milk Choice	10 **Hamburger/Cheeseburger** on Bun Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	11 	12 **Salsbury Steak** Mashed Potatoes w/ Gravy Dinner Roll Fruit & Vegetable Bar Milk Choice	13 **Chicken Quesadilla** w/Salsa & Sour Cream Seasoned Corn Fruit & Vegetable Bar Milk Choice
16 **BBQ Rib on Bun** Potato Smiles Baked Beans Fruit & Vegetable Bar Milk Choice	17 **French Toast Sticks** Sausage Links Tatar Tots Fruit & Vegetable Bar Milk Choice	18 **Meatballs w/Marinara Sauce** Garlic Bread Stick Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice	19 **Holiday Meal** All The Fixins' Yummy Dessert Fruit & Vegetable Bar Milk Choice	20 **Personal Pan Pizza** Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
23 **Turkey, Bacon & Cheese Hoagie** w/Potato Chips Seasoned Carrots Fruit & Vegetable Bar Milk Choice	24 **Chicken Tenders** Goldfish Crackers Potato Smiles Fruit & Vegetable Bar Milk Choice	25	26 	27
30				

Daily Alternates may inclued

Cheeseburger on a Bun

Hamburger on a Bun

Breaded Chicken Patty/Bun

Spicy Chicken Patty/Bun

Chef Salad with Chicken Croutons & Dinner Roll

Cold Wraps with Chips

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes, Bananas, Seasonal Fruits, , Baby Carrots, Cucumber Slices, Celery Sticks and Beans

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges Mixed Fruit, Peaches, Pears, Pineapple Tidbits

Students are offered low fat and non fat milk choices daily and is included with all meals

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

The Frazier School District Food Service Department needs Cafereria Workers Applications available at the Administratin Office

Food Service Manager
Christie Mansberry
724-736-9507 x431
cmansberry@fraziersd.org

Frazier is an equal opportunity provider