

MENU SUBJECT TO CHANGE WITHOUT

## **FEBRUARY 2023**

Portage Area Elementary School

**Daily Entree Alternates:** Stuffed Crust Pizza (Mon. - Thurs.) Meat Lovers Stromboli (Fridays Only) Grab N Go

Offered Daily: 100% Juice Choice of Milk

## Monday



6 Hot Dog/Bun Side Salad with Sliced Cucumbers **Baked Beans** Orange Craisins / Dried Apple Slices

13 Cheeseburger/Bun Side Salad with Sliced Tomato French Fries Mixed Fruit Craisins/Dried Strawberry Apple Slices

No School Teachers In-Service

20

Deli Ham & Cheese on a Pretzel Bun Side Salad with Sliced Tomato Spiral French Fries Mixed Fruit Craisins/ Dried Apple Slices

What is CEP and what does it mean for me?

- **CEP stands for Community Eligibility** Provision.
- Under CEP, all students in Portage Area School District are eligible to receive (1) breakfast and (1) lunch at no cost.

Tuesday



Scrambled Eggs/Waffles Side Salad with Sliced Cucumbers Fresh Sliced Green Peppers **Applesauce** Craisins / Dried Apple Slices

Taco In A Bag Side Salad with Sliced Tomato Green Beans **Applesauce** Craisins/Dried Strawberry Apple Slices Heartzels

21 Chicken Fajita Rice Bowl Side Salad with Sliced Cucumbers Fresh Red Pepper Slices **Applesauce** Craisins / Dried Apple Slices

28 Hard Shell Taco's Side Salad with Sliced Tomato Pasta Salad **Applesauce** Craisins/ Dried Apple Slices

The 5 food groups to a school lunch are:

Meat/Meat Alternative Grain Fruit Vegetable Milk

Choice 3 or more food groups. Pick at least ½ cup fruit and/or vegetable.

Wednesday

Spaghetti with Meat Sauce Side Salad with Sliced Tomato Fresh Veggie Boat Chilled Pineapple Craisins/Dried Strawberry Apple Slices

Cheesy Noodles with Ground B Side Salad with Sliced Cucumbers **Smiley Fries Mandarin Oranges** Craisins /Dried Apple Slices

Chicken Noodle Soup Cheesy Pull Apart Bread Side Salad with Sliced Tomato Mixed Vegetables Chilled Pineapple Craisins/Dried Strawberry Apple Slices

22 Fish Sticks T-Roll Side Salad with Sliced Cucumbers Peas **Mandarin Oranges** 

Craisins / Dried Apple Slices

**Thursday** 

Chicken Puff Pastry T-Roll Side Salad with Sliced Tomato Mashed Potato **Apple Slices** Craisins/Dried Strawberry Apple Slices

Breaded Ravioli Stuffed Breadstick Side Salad with Sliced Cucumbers Corn Apple Slices Craisins / Dried Apple Slices

16 Orange Chicken Steamed Brown Rice Side Salad with Sliced Tomato Steamed Broccoli **Apple Slices** Craisins/Dried Strawberry Apple Slices

23 Meathall Bowl Pretzel Rods Side Salad with Sliced Cucumbers **Apple Slices** Craisins / Dried Apple Slices



Friday

Mustang Hoagie/Bun Side Salad with Sliced Tomato Peas Chilled Peaches Craisins/Dried Strawberry Apple Slices Coco Cherry Bar

Deli Turkey & Cheese Croissa Side Salad with Sliced Cucumbers **Cooked Carrots Chilled Pears** Craisins / Dried Apple Slices Strawberry Sundae Ice Cream Cup

Mini Corn Dogs Side Salad with Sliced Tomato Pasta Salad Chilled Peaches Craisins/Dried Strawberry Apple Slices Scooby Doo Fruit Snack

Pierogis/T-Roll Side Salad with Sliced Cucumbers **Baked Beans Chilled Pears** Craisins / Dried Apple Slices Cinnamon Goldfish Graham



Meal Prices 2<sup>nd</sup> Lunch - \$2.50 Adult Lunch - \$4.75 Milk (2<sup>nd</sup>) - \$.50

> Bottled Water (Large) - \$.50 Bottled Water (Small) - \$.30

A copy of the menu with the nutritional and allergy information is available at: https://www.schoolcafe.com/PortageA