

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU MARCH 2025

3/03-3/07



Monday Tuesday Wednesday Thursday Friday

The Main Menu

Cheese Quesadilla w/Salsa + Sour Cream Golden Corn

French Toast Sticks Sausage Patties Oven Baked Sweet Potato Fries

Early Dismissal
Mini Ravioli
Garlic Bread
Tossed Salad
"Local" Rainbow Carrots w/Dip



4X6 Pizza Tossed Salad w/Baby Grape Tomatoes + Cucumbers

Chicken Nachos Seasoned Chicken Cheese, Lettuce, Tomato, Salsa Refried Beans

Alternate Lunch

Pizza Bagel
or
Hot Dog on Whole Grain Roll

Pizzeria Style Pizza
or
Hamburger or Cheeseburger on Whole Grain Bun

Early Dismissal
Egg & Cheese on Whole Grain Croissant
or
Hot Dog on Whole Grain Bun

Spicy Chicken Patty on Whole Grain Bun
or
Hamburger or Cheeseburger on Whole Grain Bun

Bosco Sticks w/Marinara Sauce
or
Hot Dog on Whole Grain Roll



The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Fresh Salads & More

Chicken Caesar
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese



NATIONAL SCHOOL BREAKFAST WEEK (MARCH 3-7). GIVE THE SCHOOL BREAKFAST A TRY & BREAKFAST IS FREE FOR 2024/2025 SCHOOL CALENDAR

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU MARCH 2025

3/10-3/14



Monday Tuesday Wednesday Thursday Friday

The Main Menu

Pizza Crunchers
Homemade
Zucchini Fries

Baked Chicken
Tenders
Garlic Breadstick
Parmesan Broccoli

Steak + Cheese
on Ciabatta Roll
w/ or w/o Peppers
Oven Baked Fries

Personal Pizza
Tossed Salad made
w/Local
Hydroponic
Lettuce

Baked Popcorn
Chicken
Whole Grain
Dinner Roll
Steamed
Edamame



Alternate Lunch

Macaroni +
Cheese w/Whole
Grain Dinner
Roll

Pizzeria Style Pizza

or

Totally Taco

or

Spicy Chicken
Patty on Whole
Grain Bun

Bosco Sticks
w/Marinara Sauce

or

Hot Dog on Whole
Grain Roll

Hamburger or
Cheeseburger on
Whole Grain Bun

or

Hot Dog on Whole
Grain Roll

Hamburger or
Cheeseburger on
Whole Grain Bun

Hamburger or
Cheeseburger
on Whole Grain
Bun



The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



Fresh Salads & More

Chef Salad
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!




SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU MARCH 2025

3/17-3/21




Monday Tuesday Wednesday Thursday Friday

The Main Menu

<p>Happy St. Patrick's Day Shamrock Nuggets Emerald Broccoli Dublin Dinner Roll</p> 	<p>Meatloaf w/Gravy Mashed Potatoes Corn Whole Grain Dinner Roll</p>	<p>Waffle Bar Assorted Toppings Sausage Patties</p> 	<p>First Day of Spring Pizza Bagel Caesar Salad "Bloom" Sidekick</p> 	<p>Grilled Chicken Club Kaiser Roll w/Bacon, Cheese, Lettuce, Tomato, Ranch or Chipotle Dressing Sweet Potato Fries</p>
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Alternate Lunch

<p>Happy St. Patrick's Day Shamrock Smoothie w/Hot Pretzel</p> <p>or</p> <p>Hot Dog on Whole Grain Roll</p>	<p>Pizzeria Style Pizza</p> <p>or</p> <p>Hamburger or Cheeseburger on Whole Grain Bun</p>	<p>Meatball Grinder</p> <p>or</p> <p>Hot Dog on Whole Grain Roll</p>	<p>Spicy Chicken Patty on Whole Grain Bun</p> <p>or</p> <p>Hamburger or Cheeseburger on Whole Grain Bun</p>	 <p>Bosco Sticks w/Marinara Sauce</p> <p>or</p> <p>Hot Dog on Whole Grain Roll</p>
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The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Fresh Salads & More

Chicken Caesar
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!



SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU MARCH 2025

3/24-3/28



Monday Tuesday Wednesday Thursday Friday

The Main Menu

Polish Pierogies
w/Sour Cream
Roasted Butternut
Squash



Mexican Tacos
Seasoned Beef,
Cheese, Salsa
Lettuce, Tomato
Mexican Street Corn



Italian Pasta
Meatballs
Caesar Salad



**Opening Day of
Baseball**
All American "Hot
Dog" on Whole Grain
Roll
Baked Beans
Fresh Vegetable
w/Dip
Popcorn



Asian Chicken
General Tso
Chicken
Brown Rice
Broccoli Florets



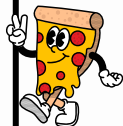
Alternate Lunch

French Bread
Pizza

or

Hamburger or
Cheeseburger on
Whole Grain Bun

Pizzeria Style Pizza



or

Hot Dog on Whole
Grain Roll

Nachos w/Cheese
Sauce

or

Hamburger or
Cheeseburger on
Whole Grain Bun

Spicy Chicken
Patty on Whole
Grain Bun

or

Hot Dog on Whole
Grain Roll



Bosco Sticks
w/Marinara Sauce
or

Hamburger or
Cheeseburger on
Whole Grain Bun



The SMS Deli

Boars Head

Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



Fresh Salads & More

Chef Salad

Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

ETHNIC DISHES CONNECT US -
DIVERSITY IN CUISINE WILL BE
CELEBRATED THE WEEK OF 24TH

All meals come with fat free or
1% milk and our Rainbow Fruit
& Veggie Tray!



Monday

Spring Is Coming

The Main Menu

Chicken Dippin Sandwich
Whole Grain Bun
Dipping Sauce
Pickles
Oven Baked Fries



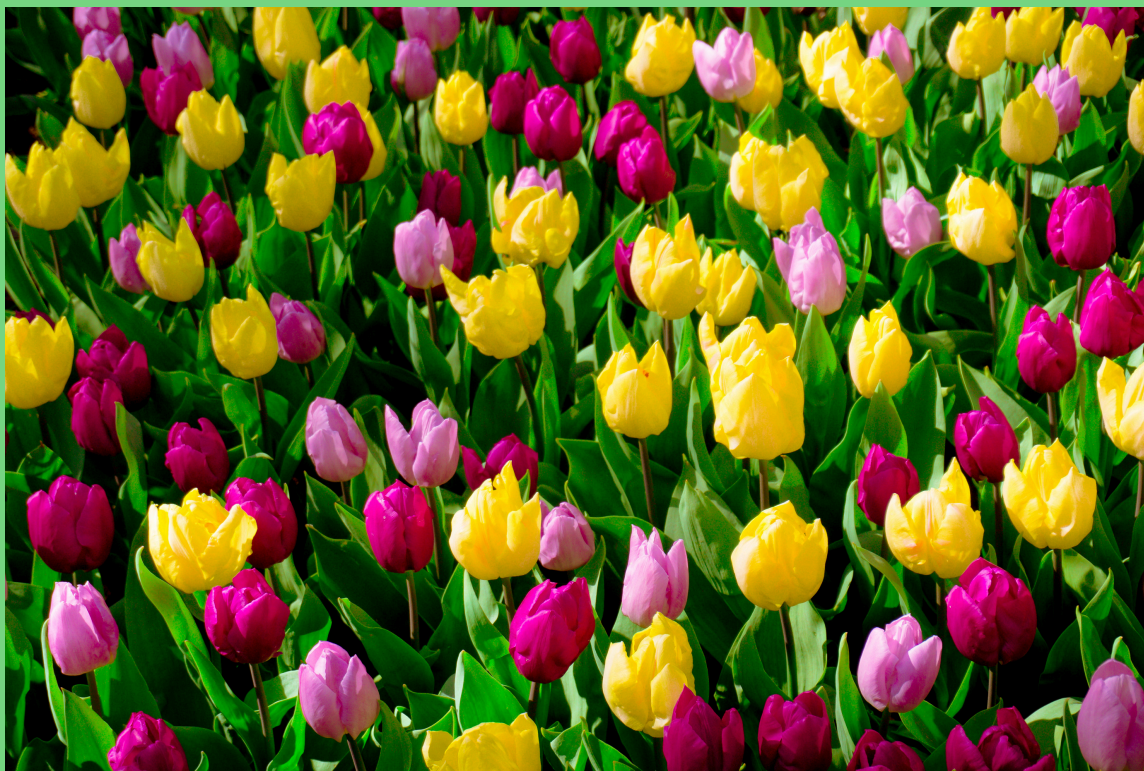
Alternate Lunch

Macaroni + Cheese w/Whole Grain Dinner Roll

or

Hot Dog on Whole Grain Roll

The SMS Deli



Fresh Salads & More

ETHNIC DISHES CONNECT US - DIVERSITY IN CUISINE WILL BE CELEBRATED THE WEEK OF 24TH

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Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Chicken Caesar
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!