



Mrs. Kesitilwe
Counselor Newsletter
April 1st, 2022

Dates to Remember

March 28th - April 1st:
 Book Fair

April 20: Progress
 Reports

April 22: Earth Day - Tie
 Dye Day

Early Release - Every
 Thursday @ 1:00pm



Autism Awareness Month

Throughout the month, we focus on sharing stories and providing opportunities to increase understanding and acceptance of people with autism. Please visit:
<https://www.autismspeaks.org>

What We Are Learning

Please and Thank You Tool "I treat others with kindness and respect". Please and thank you are "magic words" that help people feel good. Expressing gratitude and giving thanks are basic principles of kindness and generosity. This opens the doorway to intimacy and caring relationships. When added politely to a request, the word please encourages others to be helpful and kind. Saying "thank you" lets people know you value them. These simple words create warm connections with others.

Apology and Forgiveness Tool - "I admit my mistakes and work to forgive others" A sincere apology opens the door of self-responsibility and forgiveness. It takes self-esteem and inner strength to admit a mistake and to do the "right" thing. Forgiveness requires letting go of anger and judgement. It does not mean we have to forget, but there can be a willingness to forgive.

REINFORCING THE TOOLS AT HOME

Ask your child to use the words please and thank you in everyday situations. Acknowledgement them verbally when they do so.

Talk to your child on how to genuinely apologize for a mistake



Mrs. Kesitilwe
Jamaica Elementary School
928-854-7280 Ext. 3931
kkesitilwe@lhusd.org

We are collaboration with Havasu High School CTE Counselors this quarter to provide career exploration lessons for our 6th graders.

Career exploration includes investigation of the contemporary workplace and an understanding of the relationships among personal abilities, education, and knowledge and skills needed to pursue occupations and careers. Students will identify common knowledge, skills, and abilities needed within career clusters.

