## September 2021

## Henry L. Slater Elementary Menu

BREAKFAST IS COMPLEMENTRY TO ALL STUDENTS!

Lunch – \$0.00 paid SY21-2022 &  $0\phi$ -reduced  $\square$  Extra Milk –  $45\phi$  Juice is  $.45\phi$ 

Lunch includes: Entrée with, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Time for school	Friday School Sept 24th Breakfast Muffin w/ Cracker Fruit & Milk Lunch Pizza Fruit, veggies, Milk	1 Breakfast WG Pop Tart, Cracker, Juice Box, Milk Lunch Meat Spaghetti w/ Tx Toast Toasted Cheese Sand Green Beans Fruit, veggies, Milk	2 Breakfast Cereal, String Cheese Dried Fruit & Milk Lunch Meat Ball Sub Meat-Cheese-Cracker Fruit, veggies, Milk
Happy Labor Day  No school	7 Breakfast Cherry Frudel Applesauce & Milk Lunch Cheese Burger Baked Beans Fruit, veggies, Milk	8 <b>Breakfast</b> Cereal Bar, Cracker, Juice Box Milk <b>Lunch</b> Pizza Fruit, veggies, Milk	NO SCHOOL
13 Breakfast Pancake w/ Applesauce & Milk Lunch Chicken Nuggets w/ Scalloped Potato Ham & Cheese Roll-up Sweet Corn Fruit, veggies, Milk	14 <b>Breakfast</b> French Toast Breakfast Bar Orange Milk <b>Lunch</b> Cheese Quesadilla Seasoned Beef & Rice Bowl Fruit, veggies, Milk	15 <b>Breakfast</b> Biscuit w/ Jelly Pears, Milk <b>Lunch</b> Bacon & Cheese Stuffed Potato Alfredo w/ Tx Toast Green Bean Fruit, veggies, Milk	16 Breakfast Cereal, Cracker Dried Fruit & Milk Lunch Pizza Stix w/ Marinara Soft Pretzel w/ Cheese Fruit, veggies, Milk
20 Breakfast Chocolate Oat Bar Apple, Milk Lunch Hamburger Hot Dog w/ French Fries, Fruit, veggies, Milk	21 Breakfast Yogurt w/ Cracker Pears, Milk Lunch Nacho's w/ Beans & Cheese Bean & Cheese Burrito Sweet Corn Fruit, veggies, Milk	22 <b>Breakfast</b> Banana Bread w/ Juice box String Cheese, Milk <b>Lunch</b> Meat Lasagna w/ TX Toast or Soft Pretzel w//Cheese Green Beans Fruit, veggies, Milk	23 Breakfast Cereal Bar w/ Cheese Stix Dried Fruit & Milk Lunch BBQ Pork Rib Sand Meat & Cheese Sand Fruit, veggies, Milk  SCHOOL ON FRIDAY
27 <b>Breakfast</b> Waffle Pear, Milk <b>Lunch</b> Crispy Chicken Burger Corn Dog Baked Beans Fruit, veggies, Milk	28 Breakfast Cinnamon Roll , Apple Milk Lunch Crunchy Beef Taco Chicken & Bean Tostada Seasoned Rice Fruit, veggies, Milk	29 <b>Breakfast</b> Sun Seeds, String Cheese, Juice Box & Milk Lunch Orange Chicken w/ Vegetable Fried Rice- Egg Roll Turkey & Cheese Sand Fruit, veggies, Milk	30 Breakfast Cereal, Cracker Dried Fruit & Milk Lunch Chili Dog Chef Salad Fruit, veggies, Milk

This institution is an equal opportunity provider.