

BENTON COUNTY R-II SCHOOL NEWSLETTER

Web address: www.lincoln.k12.mo.us

Elementary Phone No: 660-547-2222

High School Phone No: 660-547-3514

October 11-16, 2021

--Parents: Please fill out the free and reduced lunch form that was sent out with the back-to-school mailing. This will help in our demographic area food service qualification.

Football Homecoming Week: "Time to Be Kind"

SATURDAY - Oct. 9 Finals of the Kaysinger Conference Varsity Volleyball Tournament @ Cole Camp
..... All-District Choir/Honor Choir @ Oak Grove

MONDAY - Oct. 11 Football Homecoming Week: Time to Serve: Wear red, white, and blue
..... 5:30 p.m. - Jr. High Football @ Russellville w/High Point
..... 5:30 p.m. - JV/Varsity Volleyball vs Archie - Home

TUESDAY - Oct. 12 Football Homecoming Week: Time to Wake Up - Wear pajamas
..... Jr. High Sportsmate pictures

WEDNESDAY - Oct. 13 Football Homecoming Week: Time to Play - Wear a jersey

THURSDAY - Oct. 14 Football Homecoming Week: Time to Twin - Matching attire with a friend or group
..... 5:30 p.m. - Jr. High/JV/Varsity Volleyball vs Otterville - Home

FRIDAY - Oct. 15 Football Homecoming Week: Time to Rep - Wear school colors
..... End of 1st Quarter
..... **School dismisses at 1:16 p.m. for Teacher Work Day** - Grades due at 3 p.m. today
..... CANCELED - Varsity Football vs Wellington -Napoleon
..... Jr. High Volleyball Tournament @ Green Ridge

SATURDAY - Oct. 16 Jr. High Volleyball Tournament @ Green Ridge

Scholarships & Opportunities



NOTE: There have been shipment shortages in food service. Menus will be subject to change. - Sides will vary each day.

BREAKFAST and LUNCH MENUS

Breakfast served with milk and fruit juice.

Lunch has 2 choices of entrees or a choice of a salad menu. All meals served with milk and fresh fruit.

MONDAY BREAKFAST: Egg & cheese breakfast sandwich or Cereal w/muffin square- chilled fruit, fruit juice, milk
Oct. 11 LUNCH: (1) Three cheese grilled cheese - cheesy cauliflower popcorn, peaches
(2) Peanut butter & jelly sandwich w/hard boiled egg or
(3) Chef salad menu w/Italian bread

TUESDAY BREAKFAST: Sticky buns or Cereal w/cinnamon toast - chilled fruit, fruit juice, milk
Oct. 12 LUNCH: (1) PK-2: Pizza rolls 3rd - 12: Baked potato w/chili & cheese - plus bar
(2) Peanut butter & jelly sandwich w/cheese stick or
(3) Cobb salad menu w/Focaccia bread

WEDNESDAY BREAKFAST: Cereal w/cheese stick - chilled fruit, fruit juice, milk
Oct. 13 LUNCH: (1) Chicken nuggets -mashed potatoes w/gravy, corn, pears
(2) Peanut butter & jelly sandwich w/yogurt or
(3) Strawberry chicken salad w/hot roll

THURSDAY BREAKFAST: Cheesy ham & egg casserole /toast or Cereal w/toast - chilled fruit, fruit juice, milk
Oct. 14 LUNCH: (1) Pepperoni & cheese quesadilla w/sauce - French fries, orange pineapple
(2) Peanut butter & jelly sandwich w/hard boiled egg or
(3) Ballpark salad menu w/cornbread croutons (hot dog, cheese, tomatoes, carrots, pickles, onions)

FRIDAY BREAKFAST: Biscuits & gravy or Cereal w/yogurt -chilled fruit, fruit juice, milk
Oct. 15 LUNCH: (1) Italian sub - baby carrots, strawberry banana mix
(2) Peanut butter & jelly sandwich w/cheese stick or
(3) Chicken bacon ranch salad menu w/pineapple muffin