## January 2023

## Lunch

Greenwich Township

(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

## **DAILY ALTERNATES:**

- 1. Cereal Lunch (Cereal, Yogurt, Cheese Stick & Goldfish
- 2. Smuckers Peanut Butter & Jelly

FRUIT: Fresh, Cupped & 100% Fruit Juice MILK: Skim Chocolate, 1% White, & Lactaid

Monday	Tuesday	Wednesday	Thursday	Friday
A PAPER OF THE PAP	Stuffed Bread Sticks  w/ Marinara Sauce Popcorn Chicken Salad  Sides: Mixed Vegetables Cucumbers w/ Ranch	Nachos Grande w/ Chips & Topping Garden Salad w/ Cheese Sides: Corn & Toasty Bean Bites Celery w/ Ranch	BBQ Chicken  w/ Stuffing Sides: Baked Beans Carrots w/ Ranch	Tony's Pizza By The Slice Sides: Caesar Salad
9	10	11	12	13
French Toast Sticks w/ Sausage Chicken Caesar Salad Sides: Hash Brown Carrots w/ Ranch	Grilled Cheese on a Pretzel Bun w/ Tomato Soup Popcorn Chicken Salad Sides: Tater Tots Cucumbers w/ Ranch	Turkey & Cheese Hoagie & Chips Garden Salad w/ Cheese Sides: Broccoli & Toasty Bean Bites Celery w/ Ranch	Popcorn Chicken w/ a Com Muffin Sides: Mashed Potatoes & Corn Carrots w/ Ranch	Tony's Pizza By The Slice Sides: Garden Salad
16	17	18	19	20
No School	Chicken Patty on a w/g Bun Popcorn Chicken Salad Sides: Fries & Baked Beans Cucumbers w/ Ranch	Pasta w/ Meat Sauce w/ a Bread Stick Garden Salad w/ Cheese Sides: Peas Celery w/ Ranch	Chicken Fajita on Two w/g Wraps Sides: Golden Corn Carrots w/ Ranch	Tony's Pizza By The Slice Sides: Caesar Salad
23	24	25	26	27
Mozzarella Sticks w/ Marinara Sauce Chicken Caesar Salad Sides: Steamed Broccoli Carrots w/ Ranch	Sausage,Egg&Cheese on a Bagel Popcorn Chicken Salad Sides: Fried Potatoes Cucumbers w/ Ranch	Ham & Cheese Hoagie & Chips Garden Salad w/ Cheese Sides: Carrots & Toasty Bean Bites Celery w/ Ranch	Chicken Nuggets  w/  Mac & Cheese  Sides: Seasoned Green Beans  Carrots w/ Ranch	Tony's Pizza By The Slice Sides: Garden Salad
Nachos & Cheese Chicken Caesar Salad	Cheese Burger on a w/g Bun Popcorn Chicken Salad	Lunch Includes: Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits & 2 vecgies!	CAFÉ CONTACT INFO: Kristine Colo, Food Service Director	



Sides:

**Mixed Vegetables** 

Carrots w/ Ranch

View your lunch account: www.schoolpaymentportal.com | View interactive menus: greenwichnutrislice.com

Free & Reduced Status: free! Adult Lunch: \$5.00

veggies!

**Lunch Prices** 

Student Paid: \$3.25

gre@nsfm.com Phone: 856-224-4900 ext 2128

\*Menu subject to change

Sides:

Fries & Baked Beans

Cucumbers w/ Ranch