

K-8 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3-Jan	4-Jan	5-Jan	6-Jan	7-Jan
	Chicken Parmesan Sandwich	Sweet & Sour Chicken	BBQ Chicken Sandwich	Bosco Sticks 6" w/ Marinara
Beef Hot Dog on WG Bun			~	
Veg. Baked Beans	WG Hamburger Bun	Veg Brown Rice	Corn	Fresh Carrots
Strawberry Applesauce Cup	Marinara Sauce	Fresh Broccoli & Fresh Carrots	Fresh Orange	Fresh Apple
Ketchup PC	Shredded Mozzarella	Strawberry Cup		
	Green Beans & Fresh Banana	Sweet & Sour		
EGETARIAN:	VEGETARIAN: Gardenburger	VEGETARIAN: Cheese Enchilada	VEGETARIAN: Cheese Enchilada	VEGETARIAN: NONE
Cheesebread w/ Marinara	3			
10-Jan	11-Jan	12-Jan	13-Jan	14-Jan
Beef Meatball Sub on WG Hoagie	Breaded Chicken Patty Sandwich	Sloppy Joe on WG Bun	Chicken Tenders	Chicken Nachos
Bun w/ Mozzarella Cheese	on WG Bun	Corn	WG Tea Biscuit	WG Tortilla Chips
Fresh Carrots	American Cheese/Shredded Lettuce	Peach Cup	Veg Baked Beans	Shredded Cheddar & Lettuce
Applesauce Cup	Cuke Coins & Mayo PC		Fresh Orange	Fresh Broccoli
	Fresh Apple		BBQ Sauce PC	Mixed fruit Cup
/EGETARIAN: Tofu w/ Marinara	VEGETARIAN: Garden Burger	VEGETARIAN: Veggie Sloppy Joe	VEGETARIAN: Cheese Enchilada	VEGETARIAN:
EGETARIAN. Tota w/ Matitiata	VEGETARIAN. Garden Burger	VEGETARIAN. Veggle Sloppy Joe	VEGETARIAN. Cheese Enchiada	Vegetarian Taco Meat
17-Jan	18-Jan	19-Jan	20-Jan	21-Jan
17-3411	French Toast & Turkey Sausage	Beef Cheeseburger on WG Bun	Chicken Marinara w/	Buffalo Chicken on WG Bun
		_	Mozzarella Cheese	Fresh Carrots
	Fresh Carrots	Veg Baked Beans		
MARTIN LUTHER KING JR DAY	Fresh Cuke Coins	Applesauce Cup	WG Teabiscuit	Fresh Celery Sticks
NO SCHOOL	Strawberry Cup	Ketchup PC	Brown Rice	Fresh Apple
			Fresh Broccoli & Fresh Orange	
	VEGETARIAN:	VEGETARIAN: Gardenburger	VEGETARIAN:	VEGETARIAN: Cheese Quesadill
	Omelette replaces Sausage	_	Cheesebread w/ Marinara	
24-Jan	25-Jan	26-Jan	27-Jan	28-Jan
Mac & Cheese	BBQ Drumstick w/	Turkey w/ Gravy	Softshell Beef Taco	Teriyaki Chicken Over
Mixed Vegetable	Veg Brown Rice	WG Teabiscuit	Black Beans & Salsa	Brown Rice
Applesauce Cup	WG Teabiscuit	Mashed Potato	WG 8" Tortilla	Fresh Broccoli
WG Tea biscuit	Fresh Carrots	Celery	Shredded Cheese & Lettuce	Fresh Cucumber Coins
	Fresh Banana	Peach Cup	Apple	Fresh Orange
EGETARIAN: None	VEGETARIAN:	VEGETARIAN: Garden Burger	VEGETARIAN:	VEGETARIAN: Teriyaki Tofu
	Tofu w/ Sweet & Sour Sauce	9	Vegetarian Taco Meat	,
31-Jan				
Beef Hot Dog on WG Bun				
Veg. Baked Beans				
Strawberry Applesauce Cup				
Ketchup PC				
/EGETARIAN:				
Chacachroad w/ Marin				
Cheesebread w/ Marinara				