

DHS LUNCH MENU JANUARY 2026

Menu subject to change due to weather/truck deliveries etc.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Offered Daily: 2 oz. meat/meat alternate 1-2 Choices of Fruits /Juices 1-2 Choices of Vegetables 2 Servings of Bread Choice of Milk		Students may select a minimum of 3 items and are encouraged to select 5 items. Students must choose a ½ cup fruit or vegetable.		
5	6	7	8	9
No School Techer Inservice	Boom Boom Chicken Smart Mouth Pizza French Fries Glazed Baby Carrots Sidekicks Choice of Milk	Chicken Rotel/Roll Smart Mouth Pizza Italian Green Beans Broccoli Salad Fresh Fruit/Sidekicks Choice of Milk	Taco Meat or Fajita Chicken Tortilla or Chips Smart Mouth Pizza Salsa Lettuce/Tomatoes/Peppers Strawberry Cups Choice of Milk	Sweet and Saucy Sub Smart Mouth Pizza Cole Slaw Baked Beans Fresh Fruit/Sidekicks Choice of Milk
12	13	14	15	16
Chicken Fries/Roll Smart Mouth Pizza Creamed Potatoes Broccoli and Cheese Strawberry Cups/Sidekicks Choice of Milk	Hamburger/Cheese/WG Bun Smart Mouth Pizza French Fries Romaine/Tomato Slice/Pickles Fresh Fruit/Sidekicks Choice of Milk	Pollo Loco Chicken Smart Mouth Pizza Roasted Corn Pickle Spears Fresh Fruit/Sidekicks Choice of Milk	Spaghetti/Breadstick Smart Mouth Pizza Green Beans Cole Slaw Fresh Fruit/Sidekicks Choice of Milk	Breaded Chicken Sandwich Mac and Cheese Smart Mouth Pizza English Peas Fresh Romaine Salad Fresh Fruit/Sidekicks Choice of Milk
19	20	21	22	23
No School MLK Day	Cowboy Cavatini/Roll Smart Mouth Pizza Green Beans Carrots w/ranch Sliced Peaches/Sidekicks Choice of Milk	General Tso Chicken or Siracha Chicken w/Chow Mein Noodles Smart Mouth Pizza California Blend Vegetables Corn Fresh Fruit/Sidekicks Choice of Milk	Taco Meat or Fajita Chicken Tortilla or Chips Smart Mouth Pizza Salsa Lettuce/Tomatoes/Peppers Fresh Fruit or Sidekicks Choice of Milk	BBQ Chicken Sandwich Smart Mouth Pizza Cole Slaw Baked Beans Fresh Fruit/Sidekicks Choice of Milk
26	27	28	29	30
Chicken Nuggets Smart Mouth Pizza Creamed Potatoes Carrots w/ranch Fresh Fruit/Sidekicks Choice of Milk	Hamburger/Cheese/WG Bun Smart Mouth Pizza French Fries Romaine/Tomato Slice/Pickles Fresh Fruit/Sidekicks Choice of Milk	Brunch for Lunch Egg Patty or Sausage Patty Biscuit w/gravy Hashbrown Casserole Carrots w/ranch Apple Sauce Choice of Milk	Taco Roll Ups Smart Mouth Pizza Refried Beans Salsa Fresh Fruit/Sidekicks Choice of Milk	Chili Frito Pie Smart Mouth Pizza Garden Salad Pickle Spears Fresh Fruit/Sidekicks Choice of Milk

“This institution is an equal opportunity provider.”