# SGSC PARENT NEWSLETTER

JANUARY 10TH-14TH, 2022

## FROM THE PRINCIPAL

Hello Everyone,

I hope you all are having a sensational Sunday! I want to thank you all for the continuous support as we enter our first FULL week back since the holiday break. I know that many of you have children/family members/yourself that are either positive for COVID or quarantined due to exposure to COVID. Coming back from the break, we assumed that we would see an increase in the numbers and we have. It is our hope that we will begin to see things level off within the next week or so. The SGSC Board and myself are monitoring the numbers and are in contact with DPH for support and guidance. Please bear with us as we make efforts to continue in person learning and keep everyone safe.

Parents and Guardians - please review the matrix for behaviors for our Aggie Achievers at home! We are really pushing these positive behaviors in school, and I think it would be awesome to have the parents speak the same language at home. I have included the matrix for elementary and the matrix for middle/high below. Thanks for all of the support!

We also need your help with making sure that the achievers are becoming responsible for logging into Infinite Campus and checking for their missing assignments. We will begin a school wide initiative on January 24th where achievers will begin checking their Infinite Campus during Monday morning homeroom in grades 6th - 10th grades to see which assignments are missing and check with their teachers to get these caught up. We need you to support our efforts if you can! Thank you!

Below, I have included an image of our newly adopted Vision and Mission Statements for SGSC. We are so excited to be able to work with you all to accomplish both the vision and mission for our school!

We are so thankful for our staff at SGSC! If you would like to nominate a Staff member for a SHOUT OUT, please click the link below to complete the form! Thanks so much for recognizing our staff and all of their efforts!

Staff Shout Out Form: <a href="https://forms.gle/ngToLSDxjNZ8HjwH6">https://forms.gle/ngToLSDxjNZ8HjwH6</a>

As always, if you have any questions or concerns, please feel free to send me an email at <a href="mailto:galmon@sowegastemcharter.org">galmon@sowegastemcharter.org</a>.

Sincerely, Ginger Almon





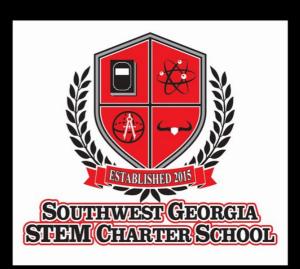


# COVID UPDATE FROM SGSC FOR 1/10/2022

COVID INFORMATION FOR SGSC 1/10/22

Positive Cases: Staff - 1 Students - 8

Quarantines: Staff - 1 Students - 22 Other information:
Please do not send your child to school if they are experiencing symptoms related to COVID, if someone in the household is positive, or if there is a pending COVID test for the student or household member.



## MORE COVID INFORMATION

If you have any further questions, please reach out to our school nurse, Kristen Roland - <a href="mailto:kroland@sowegastemcharter.org">kroland@sowegastemcharter.org</a> or 229.345.3033 or myself <a href="mailto:galmon@sowegastemcharter.org">galmon@sowegastemcharter.org</a>.



# SOUTHWEST GEORGIA

S.T.E.M. CHARTER SCHOOL

What to do if you test positive for COVID-19
(Regardless of vaccination status)

#### WITH SYMPTOMS

#### **ISOLATE**

#### At least 5 days from start of symptoms

and

Stay away from others in the household as much as possible during isolation and

Isolate until at least 24 hours with NO FEVER

without fever reducing medications and

You have no symptoms or your symptoms are resolving

After ending isolation, you should continue to **WEAR A MASK** around others for **5 days** 

#### NO SYMPTOMS

#### **ISOLATE**

#### At least 5 days from date of positive test

and

Stay away from others in the household as much as possible during isolation and

Isolate until at least **24 hours with NO FEVER** without fever reducing medications

and

You have no COVID related symptoms

and

After ending isolation, you should continue to **WEAR A MASK** around others for 5 days

What to do if you have been EXPOSED to COVID-19:

#### VACCINATED

Boosted, or have become fully vaccinated within the last 6 months (Moderna or Pfizer vaccine) or within the last 2 months (I&I vaccine):

#### NO QUARANTINE REQUIRED

You should **wear a mask** around others for **10 days** and

If possible, get tested on day 5

and

If you develop symptoms, get tested and isolate at home until test results are received, then proceed in accordance to test results.

#### UNVACCINATED

or became fully vaccinated more than 6 months ago (Moderna or Pfizer vaccine) or more than 2 months ago (I&I vaccine) and have not received a booster:

#### **QUARANTINE AT HOME FOR 5 DAYS**

After that, continue to wear a mask around others for 5 additional days

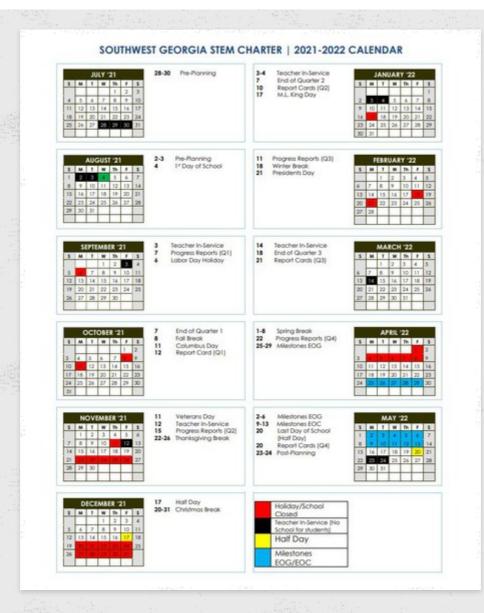
and

If possible, get tested on day 5

and

If you develop symptoms, get tested and isolate at home until test results are received, then proceed in accordance to test results.

SCHOOL CALENDAR



# SGSC CAFETERIA INFORMATION

Please remember all students will receive a free lunch and breakfast this year!







**BREAKFAST** 

LUNCH



## FROM MS. MCBRIDE...

Anger is a normal human emotion that arises when something needs attention. We often find that children sometimes do not have the vocabulary to explain their feelings, so their default goes to anger.

However, this anger can be exacerbated when a child is told that they can't or should not be mad/angry. Dealing with emotions is a skill that has to be taught how to handle it appropriately and safely. Try using some of the strategies below to help your child regulate their anger.



# Instead of telling our children NOT to be mad...

Notice & Validate

"It seems like something doesn't feel good to you."



"It's okay to be mad. It's not okay to hit."



For hitting, introduce wall push-ups.

> Affirm Your Love

"I can handle your big emotions. It is safe to let them out."

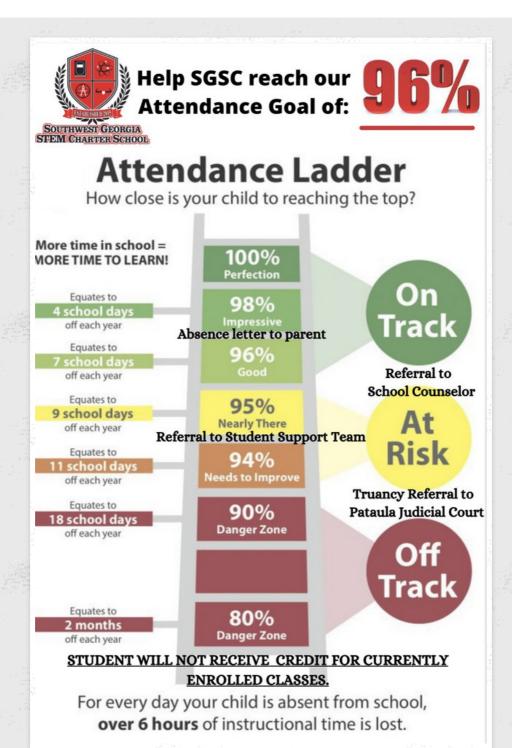


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Process What Happened

Let's teach kids HOW to be mad

genmindful.com



# MARK YOUR CALENDARS

January 10th - Report Cards sent home - please sign and return

January 17th - Martin Luther King Jr. Day - NO SCHOOL for staff or Aggie Achievers

# SGSG

# SPORTS

## FROM COACH CROWDIS...

The boys of spring will be kicking off their season this week with Middle School baseball tryouts on Wednesday and Thursday. Achievers must have a physical on file with the school to tryout. This is an exciting time for those who love the game of baseball. I hope that this is the best baseball season yet for Aggie Baseball as we continue to build our athletic programs and move them forward each season.

We are working on a plan for athletic pictures so that all of our Aggie Athletes get a chance to have some keepsakes for their participation. When we get that figured out we will definitely let you all know. We will make sure that all sports will have their turn so hang in there. We know this is important to our families and we will make sure it happens.

Achievers in 8th and 9th grade will begin to have archery introduced through their PE courses at school. This is a new initiative for us and we are easing into the introduction. It is our hopes to have a full archery team that will compete next school year! We are so excited to get this moving ahead.

Finally, I usually try not to mix my personal life with my professional life, but I feel like it would be wrong of me not to use my little platform to yell out a big GOOOOOOOOOOOOAMGS.

Middle School Baseball tryouts have been moved to January 12<sup>th</sup> and 13<sup>th</sup> from 3:15 – 5:00. and 10<sup>th</sup> grade Achievers the are not failing more than one class and have their physical will be eligible to play baseball. They will not have to tryout due to the amount signed up to play

from 3:15 – 5:00.

Achievers must have a physical to tryout.

Me will have a mandatory pare middle school and high school parents on Tuesday, January II school auditorium. In this me uniforms, discuss player expecta

We will have a mandatory parent meeting with all middle school and high school baseball players and parents on Useday, January 18 at 6:00 PM in the school auditorium. In this meeting we will order exumiforms, discuss player expectations, collect the 515 athletic fees, start our team fundaniser and plan a work day to clean up the field house and bailfield grounds. If your Archiver is planning on trining out for middle school baseball or outpine plann't gristly baseball them.





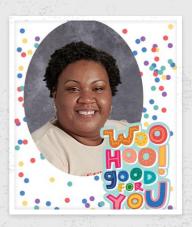


















ATTITUDE OF GRATITUDE....

Creating a positive attitude towards school

CREATE A
POSITIVE
ATTITUDE
TOWARDS
SCHOOL





### FROM OUR INSTRUCTIONAL COACHES...

Parents,

The Georgia Department of Education has a webpage just for you! When you get a chance, take a look at the parent message from Mr. Richard Woods, the State School Superintendent as well as the many resources that the website has to offer. Please know that our SGSC staff is here to support you and your achiever(s) each and every day. Have a wonderful week!

https://www.gadoe.org/External-Affairs-and-Policy/AskDOE/Pages/Parents.aspx

# ONE TEAM.

ONE MISSION.

NO EXCUSES.





# SOUTHWEST GEORGIA STEM CHARTER SCHOOL

Facebook

**229-345-3033** 

💡 185 Pecan Street, Shellman, ...

galmon@sowegastemcharter....



swgeorgiastemcharter.com/