

Lunch K-7

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
				
8	9	10	11	12
Pepperoni Pizza Wedge Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk	Cheeseburger Trimmings Chef Salad Saltine Crackers Croutons Ranch Dressing Crinkle Cut Fries Baked Beans Carrot, Pepper Strips, and Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard	Cheesy Chix /Rice Turkey & Cheese/Bun Chix Salad w/Crackers Broccoli Spears Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Yeast Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard	Spaghetti/Meat Sauce Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk	Ham & Cheese on Bun Trimmings Chix Tenders Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Sweet Potatoes Fries Carrot, Pepper Strips, and Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard
15	16	17	18	19
Chicken Nuggets Fruit and Yogurt Plate Chef Salad Ranch Dressing Saltine Crackers Croutons Mashed Potatoes Cheesy Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Yeast Roll Low Fat Milk Chocolate Milk Variety of Dipping Sauce Ketchup	Hamburger Steak/Gravy Ham & Cheese on Bun Fruit and Yogurt Plate Black-Eyed Peas Southern Turnip Greens Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard	Chix w/Alfredo Sauce Chef Salad Saltine Crackers Croutons Ranch Dressing Herbed Broccoli Mixed Vegetables Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk	John Wayne Casserole Chef Salad Grilled Chicken Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Summer Squash Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk	Chicken Fajitas Chef Salad Saltine Crackers Croutons Ranch Dressing Spanish Rice Cucumber Slices w/Dip Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Dick & Jane Cookies
22	23	24	25	26
BBQ Pork Sandwich Fruit and Yogurt Plate Chef Salad Saltine Crackers	Pepperoni Calzone Grilled Fajita Salad Whole Kernel Corn Mixed Vegetables	Chicken Spaghetti Chef Salad Saltine Crackers Croutons	Lasagna Ham & Cheese on Bun Chef Salad Saltine Crackers	Cheeseburger Trimmings Chef Salad Saltine Crackers

Croutons Ranch Dressing Baked Beans Broccoli Florets w/ Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk	Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk	Ranch Dressing Steamed Carrots Green Peas Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk	Croutons Ranch Dressing Spinach Salad Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Mayonnaise Mustard Graham Crackers	Croutons Ranch Dressing Crinkle Cut Fries and Broccoli Carrot, Pepper Strips, and Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard
29 Hamburger Steak/Gravy Chix Tenders Salad Ranch Dressing Saltine Crackers Croutons Macaroni and Cheese Black-Eyed Peas Seasoned Cabbage Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk	30 Chix Patty Sandwich Ham & Cheese on Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Crinkle Cut Fries Cucumber Slices w/Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Dick & Jane Cookies	31 Stromboli Supreme Grilled Fajita Salad Mixed Vegetables Broccoli Florets w/ Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Low Fat Milk Chocolate Milk	1 Chicken Tenders Ham & Cheese on Bun Chix Tenders Salad Croutons Saltine Crackers Ranch Dressing Mashed Potatoes Cheesy Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Yeast Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard	2 Beefy Nachos Grande Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard

This institution is an equal opportunity provider.