

SLIDELL INDEPENDENT SCHOOL DISTRICT

"On track and leading the pack"



SHAC 2025–2026 Meeting Agendas

December 3, 2025

Slidell Independent School District will hold a meeting at **6:30 pm on Wednesday, December 3rd, 2025 at the Slidell High School, #1 Greyhound Ln, Slidell, TX 76267**. At the meeting, the committee may deliberate or act on any of the subjects listed on the following agenda. The superintendent, or superintendent designee, may change the order of items listed below for the convenience of the council.

Focus: Mid-Year Health Review & Winter Initiatives

1. Call to Order & Welcome
2. ***Review of September Meeting Minutes
3. Health Program Updates (Nutrition, Physical Activity, Mental Health Programs)
 - a. We have hired a new cafeteria worker at the elementary campus
 - b. Mrs. Susan is back at the secondary campus
 - c. We have got TCHATT up and running for both campuses
4. Review of Campus Health Data
 - a. Attendance Rates for six weeks (flu/illness trends)
 - b. Safety Reports – Mr. Hayhurst/Mrs. Luig
5. Discussion of Winter Wellness Initiatives (e.g., holiday nutrition, stress management)
 - a. Thanksgiving meal participation (50)
 - b. Christmas meal expected participation
 - c. Staff stress initiatives
 - i. 12 days
 - ii. jeans
6. Planning for Spring Health Promotion Activities
7. Open Discussion / Questions
8. Adjourn

This notice was posted in accordance with the Texas Open Meeting Act.

Theresa Stevens

Theresa Stevens, Assistant Superintendent