## School Health Advisory Council (SHAC) Meeting Odem-Edroy Independent School District Odem Intermediate Library Agenda January 18, 2024

- 1. Welcome and Introductions
- 2. Our mission is to implement a coordinated school health program to prevent Obesity, Cardiovascular Disease, and Type II Diabetes in students through a combined effort of the school district and community.
- 3. Read and approve minutes from the December 7, 2023, meeting.
- 4. Reports from each Committee:
  - A. Nutrition
  - B. Physical Education
  - C. Health Services
  - D. Healthy School Environment
  - E. Health Education
  - F. Counselors
  - G. Family and Community Involvement
  - H. Health Promotion for Staff
- 5. Discuss and possibly take action on dates for Lunch and Learn with Calallen Chiropractic.
- 6. Discuss The Great Body Shop teacher's guide.
- 7. Discuss and possibly take action on Health Fair for OEISD.
- 8. Discuss any recommendations for possible health initiatives for students and staff.
- 9. Discuss recommendations from SHAC on how to increase parent participation.
- 10. Date set for meningitis clinic.
- 11. Date set for Alcohol/Vaping awareness programs for JH/HS.
- 12. Open discussion