

Owosso Public Schools
High School/Middle School

Menus for

February 2025

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

**Bowls Line : Pasta or PopCorn
Chicken**

**Street : Chicken Patty, Chicken
Wings, Cheeseburgers, Specialty
Sandwiches & Healthy Potato Choices**

**Pizza: Freshly Made Daily
Pepperoni, Cheese, Specialty Pizza &
Bosco Sticks**

**Comida: Soft Shell Taco's, Walking
Taco's, Nacho's & all the fixings**

**Market: Fresh Made Daily Gourmet
Salads & Sandwiches**

Featured Specials of the Day

Monday, February 3

Breakfast for Lunch
Breakfast Quesadilla
Hash Potatoes

Tuesday, February 4

Grilled Chicken & Artichoke Pasta
Fresh Kiwi
Red Pepper Strips

Wednesday, February 5

Chicken Caesar Salad Wrap
Honey Glazed Carrots
Mi Romaine Salad

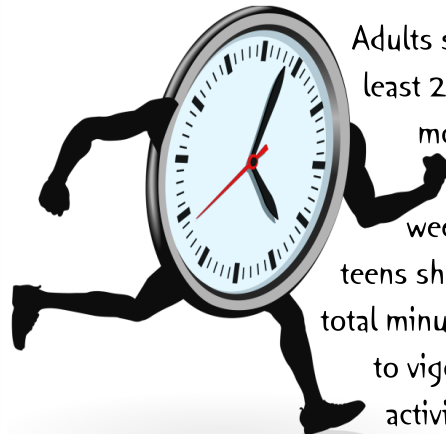
Thursday, February 6

Cheesy Tortellini w/Pesto
Homemade Garlic Stick
Roasted Cauliflower
Sliced Peaches

Friday, February 7

Chicken Piccata
Herb Cubed Potatoes
Fresh Fruit

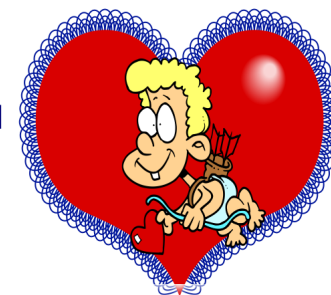
MAKE TIME.



Adults should get at least 2.5 hours of moderate aerobic exercise a week. Kids and teens should get 60 total minutes of moderate to vigorous physical activity each day.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

YOU'RE GOOD



ALL STUDENTS EAT ALL MEALS @
NO COST ALL YEAR LONG

Owosso Public Schools Food & Nutrition Services

Featured Specials of the Day

Monday, February 10

Breakfast for Lunch
French Toast Sticks
Sausage links
Hash Browns

Tuesday, February 11

Cheesy Broccoli Chicken Soup
Green Peas
Warm Cinnamon Apples

Wednesday, February 12

Ranch Chicken Tender Wrap
String Potatoes
Pickle & Apricot

Thursday, February 13

Chicken Quesadilla
Spanish Rice
Rainbow Peppers
Sliced Pears

Friday, February 14

1/2 day

63

BY THE NUMBERS
PERCENTAGE OF 18-29 YEAR
OLDS WHO SLEEP WITH THEIR
PHONE OR TABLET IN THEIR BED

Featured Specials of the Day



Monday, February 17

NO SCHOOL TODAY



Tuesday, February 18

Breakfast Sandwich
Hash brown Bites
Blueberries

Wednesday, February 19

Dill Pickle Chicken
Sweet Potato
Fruit Crisp

Thursday, February 20

Southwest Taco Salad
Spanish Rice
Broccoli
Fresh Fruit

Friday, February 21

Chicken & Waffle
Colored Sliced Peppers
Fresh Fruit

Monday, February 24

Warm Fresh Cinnamon Roll.
Scrambled Eggs w/Cheese
Hash bites
Warm Cinnamon Apple Slices

Tuesday, February 25

Hot Ham & Cheese Sandwich
Tomato Soup
Fresh Blueberries

Wednesday, February 26

Savannah Chopped Wrap
Honey Carrots
Fresh Strawberries

Thursday, February 27

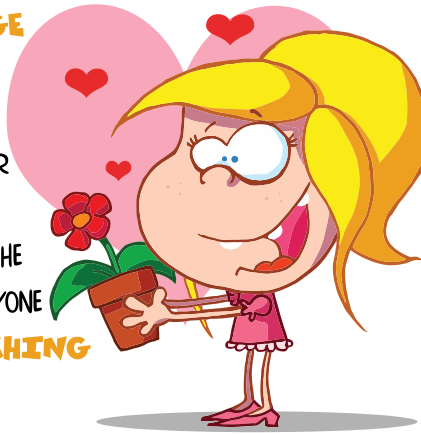
Pot Stirring Chili w/Beans
Sweet Potato
Warm Peaches

Friday, February 28

Mediterranean Wrap
Greek Salad
Pita Chips

DON'T LET THIS HAPPEN TO YOU!!!

SUZYS **TEENAGE CRUSH** ON THE SCHOOL SALAD BAR WAS WEIRDING HER FRIENDS OUT -- ESPECIALLY WHEN SHE TRIED TO STOP ANYONE ELSE FROM **TOUCHING THE TONGS!**



THE Top 10 Artists for the entire year, 2024 LIST

- 1/Taylor Swift
- 2/Morgan Wallen
- 3/Zach Bryan
- 4/Drake
- 5/Sabrina Carpenter
- 6/Billie Eilish
- 7/SZA
- 8/Luke Combs
- 9/Post Malone
- 10/Kendrick Lamar

Source: Billboard

BELOW THE SNOW

A frozen February field in a place like Yellowstone National Park might appear lifeless. But the fox knows better. Below that insulating blanket of snow, the environment at the ground stays near 32° Fahrenheit, no matter how far below zero the air temperature may fall or how frigid and hard the icy winter winds may blow. In this relatively balmy layer, insects stay active and shrews and voles and other rodents dig tunnels through the snow and go about their business. The fox can't see their movements, but it can hear and smell them -- and it hunts through the snow pack to survive until the warmth of spring brings everything back to the surface once more.



If you usually drink a soda after school, try a delicious cup of hot cocoa instead. Hot cocoa contains lots of "antioxidants," which help fight disease. The healthiest way to make hot cocoa is to use pure cocoa powder (not a packaged mix) with nonfat milk and a little sugar or artificial sweetener for fewer calories. **YUMMY!**

Every complete meal we serve comes with your choice of milk

