

FREE Flu Shots

Receiving a flu shot helps keep you and your community healthy. Experts are predicting a more severe flu season this year, so it's important that we work together to reduce the spread of this contagious virus. THANKS FOR DOING YOUR PART BY GETTING A FLU SHOT!

SOUTH ST. LOUIS COUNTY

SATURDAY, SEPT. 30 | 9 A.M. – 2 P.M.

Siteman Cancer Center – South County

5225 Midamerica Plaza | St. Louis, MO 63129

WEST ST. LOUIS COUNTY

SATURDAY, OCT. 7 | 9 A.M. – 2 P.M.

Barnes-Jewish West County Hospital

Medical Office Building 2

10 Barnes West Drive | Creve Coeur, MO 63141

CITY OF ST. LOUIS

SATURDAY, SEPT. 30 | 9 A.M. – 2 P.M.

SUNDAY, OCT. 1 | 9 A.M. – 2 P.M.

BJC @ the Commons

4249 Clayton Avenue | St. Louis, MO 63110

NORTH ST. LOUIS COUNTY

SUNDAY, OCT. 8 | 9 A.M. – 2 P.M.

Christian Hospital Detrick Building

11133 Dunn Road | St. Louis, MO 63136

THURSDAY, OCT. 12 | 2 – 6 P.M.

Northwest HealthCare

1225 Graham Road | Florissant, MO 63031

Free parking is available on-site | Appointment only, see website below

Available vaccinations: Pediatric (6-months and up), Adults (18+ years old), Seniors (65+ years old, high dose)

All vaccines are free of latex and preservatives. Those 65 years and older are eligible to receive a high dose (HD) vaccine while supplies last.

If the HD vaccine is not available, the standard dose will be given.

Free flu vaccinations provided through a grant from the Foundation for Barnes-Jewish Hospital and Christian Hospital.

FOR MORE INFORMATION
AND TO SCHEDULE AN
APPOINTMENT, VISIT

bjc.org/flushots



BJC HealthCare

FREQUENTLY ASKED QUESTIONS

Who should get a flu shot?

The Centers for Disease Control (CDC) recommends that all individuals 6 months and older be vaccinated each year.

If I received the COVID-19 vaccine and/or booster, do I need a flu shot, since they are both viruses?

Yes, influenza and COVID-19 are different viruses, requiring different vaccines to protect you.

How far apart do I need to schedule my flu shot and COVID-19 vaccine and/or booster?

Your flu vaccine and COVID-19 vaccine and/or booster can be received at the same time, in any order, at any interval.

Can the flu shot make me sick or give me the flu?

No. The flu shot is made from an inactivated virus that can't cause an infection. The flu shot can cause a sore arm. People who get sick with flu right after receiving a flu vaccination were likely going to get sick anyway from a recent exposure to someone with the flu. It takes about two weeks to get protection from the vaccine. But people assume that because they got sick after getting the vaccine, the flu shot caused their illness. The flu shot also only protects against influenza, so you can still get a cold after you get the vaccine.

For more information and to schedule an appointment, visit bjc.org/flushots

WHAT TO EXPECT WHILE GETTING YOUR FLU SHOT

- Wait times may vary depending on volume. Thank you for your patience.
- Everyone receiving a flu shot will be required to sign a medical consent form. People under the age of 18 will require a parent or guardian signature.
- Please wear clothing that will allow access to the upper arm.

