



Dean Salo

2022 NYM Athletic
**Hall of
Fame**

Dean Salo has a wrestling career record of 158-25-2. He was a three-time team captain, and he was the second-winningest wrestler in Minnesota history in 1983. Along with 22 varsity tournament championships, he was PRC champion six times, District 24 champion three times, Region 6 champion three times, and a State entrant three times, with State Tournament placements of 4th in 1981, 1st in 1982, and 2nd in 1983. Dean also played high school football and baseball from 1980-1983. After high school graduation he went on to wrestle at Moorhead State University from 1983-84, and he graduated from St. Cloud State University in 1987. Dean then taught and coached at Menahga High School from 1987 to 1991 and Staples High School from 1991 to 1994. He currently teaches and coaches at Perham High School, where he has been since 1994.