

Nadaburg Unified School District



**MOUNTAINSIDE
HIGH SCHOOL**



2025

Monday	Tuesday	Wednesday	Thursday
3 Trix Cereal Bar McRib Chicken Patty Sandwich & Fries Fruit and Vegetable Bar Milk (White or Chocolate)	4 Breakfast Burrito Ravioli with Breadstick Grilled Cheese & Fries Fruit and Vegetable Bar Milk (White or Chocolate)	5 Bagelful Salisbury Steak Breadstick w/ Marinara Fruit and Vegetable Bar Milk (White or Chocolate)	6 Mini Chocolate Donuts Galaxy Pizza Spicy Chicken Patty Sandwich & Fries Fruit and Vegetable Bar Milk (White or Chocolate)
10 Cinnamon Pop-Tart Meatball Sandwich Corn Dog Fruit and Vegetable Bar Milk (White or Chocolate)	11 Blueberry Pancake Chicken Soft Taco Popcorn Chicken & Wedges Fruit and Vegetable Bar Milk (White or Chocolate)	12 Cinnamon Bun Biscuits and Gravy Croissant Sandwich Fruit and Vegetable Bar Milk (White or Chocolate)	13 Cinnamon Toast Crunch Bar Big Daddy's Cheese Pizza Chicken Patty Sandwich & Fries Fruit and Vegetable Bar Milk (White or Chocolate)
17	18	19	20
24 Cinnamon Toast Crunch Bar Chicken Tender with Sweet Potato Fries Pizza Fruit and Vegetable Bar Milk (White or Chocolate)	25 Froot Loops Waffle Chicken and Waffles Bosco Sticks Fruit and Vegetable Bar Milk (White or Chocolate)	26 French Toast BeneFit Bar Hamburger Pizza Fruit and Vegetable Bar Milk (White or Chocolate)	27 Chocolate Chip Muffin Big Daddy Pizza Pepperoni Chicken Tenders & Fries Fruit and Vegetable Bar Milk (White or Chocolate)
31 Strawberry Cheerios Cereal Bar Chicken Nugget with Goldfish Croissant Sandwich Fruit and Vegetable Bar Milk (White or Chocolate)	<p>Menu items subject to change due to product availability</p> <p>This institution is an equal opportunity provider.</p> <p>*** Peanut butter may be the second option on the menu. Please notify staff if your child(ren) has a nut allergy***</p>		

St. Patrick's Day Facts

As long as you celebrate safely, St. Patrick's Day can be fun for all. Here are a few facts about the Irish holiday:

- St. Patrick's Day celebrates the traditional religious feast day of St. Patrick, the patron saint of Ireland.
- The first St. Patrick's Day parade took place not in Ireland, but the United States on March 17, 1737, in Boston.
- More than 100 St. Patrick's Day parades are held across the United States. New York City and Boston host the largest.
- There are roughly 35 million U.S. residents with Irish ancestry, more than seven times the population of Ireland itself.
- There are approximately 144,588 current U.S. residents who were born in Ireland**.
- You may hear some phrases in Gaelic/Irish on St. Patrick's Day. The most common: Erin go braugh = Ireland forever; slainte = good health/cheers.

MARDI GRAS FUN FACTS

MARDI GRAS IS ALWAYS THE TUESDAY BEFORE ASH WEDNESDAY

Mardi Gras means "Fat Tuesday" in French. With Ash Wednesday marking the beginning of Lent, a 40 day period of fasting before Easter, Mardi Gras is the "last hurrah" of sorts, with participants indulging in their favorite fatty foods and drinks before giving them up.

THE OFFICIAL COLORS OF MARDI GRAS ARE PURPLE, GOLD, AND GREEN

Purple signifies justice, gold means power, and green stands for faith.

MASKS ARE REQUIRED BY LAW FOR FLOAT RIDERS

Yep, it's illegal to ride on a float without a mask! The original purpose of the mask was to get rid of social constraints for the day, allowing people to mingle with whomever they chose.

MARDI GRAS IS A STATE HOLIDAY IN SOME PLACES

Fat Tuesday is an official state holiday in Alabama, (the home of the first Mardi Gras parade and 2nd biggest current celebration), Florida, and parts of Louisiana. Although it's not a state holiday in Texas, Galveston is home to one of the biggest celebrations in the country!

Breakfast Price \$ 1.50

Reduced Price \$0.00

Daily Breakfast Offerings:

Choice of featured entrée or cereal breakfast kit with fruit and milk (white or chocolate)

Lunch Price \$3.50

Reduced Price \$0.00

Daily Lunch Offerings:

Choice between 2 entrees with milk (white or chocolate),