

Monday

Tuesday

Wednesday

Thursday

Friday

Offered Daily:

- *Variety of Power Packs
- *Wraps, Sandwiches, & Subs
- *Salads



NO SCHOOL

NO SCHOOL

Chicken Patty

Chicken Patty
 on WG Bun
 Smile Fries
 Peas
 Cherry Tomatoes

Taco Tuesday

Seasoned Ground Beef
 on a WG Tortilla
 Lettuce, Tomato, Shredded Cheese
 Cheesy Refried Beans
 Red Pepper Strips

Chicken Alfredo

Chicken Alfredo
 served over Penne
 Garlic Bread
 Roasted Broccoli
 Baby Carrots

Mozzarella Sticks

Mozzarella Sticks
 Marinara Sauce
 Dinner Roll
 Green Beans
 Sliced Cucumbers

Pizza

Cheese, Pepperoni,
 Assorted Pizza
 Roasted Cauliflower
 Side Salad

Nugs

Chicken Nuggets
 Sweet Potato Fries
 Melba Sauce
 Dinner Roll
 Sliced Cucumbers

Cheeseburgers

Cheeseburgers on a WW Bun
 Lettuce, Tomatoes
 Onion Rings
 Baked Beans
 Red Pepper Strips

Buffalo Chicken Dip

Buffalo Chicken Dip
 WG Tortilla Chips
 Corn
 Carrots & Celery

Brunch for Lunch

French Toast Sticks
 Sausage Links
 Hash Browns
 Honey Carrots
 NYS Grape Juice

Dippers

Cheese filled Breadsticks
 Marinara Sauce
 Mixed Vegetables
 Cherry Tomatoes

Martin Luther King Jr. Day

Take Out Tuesday

General Chicken
 Lo Mein
 Vegetable Stir Fry
 Red Peppers Strips

Eagles Bowl

Popcorn Chicken
 Mashed Potatoes
 w/Gravy
 Steamed Corn
 WW Dinner Roll

Quesadillas

Cheese or Chicken on a
 WG Tortilla
 Taco Soup
 Cheesy Refried Beans
 Baby Carrots

French Bread Pizza

Cheese or Pepperoni Pizza
 Roasted Broccoli
 Side Salad

Chicken Tenders

Chicken Tenders
 w/ Dipping Sauce
 Curly Fries
 WW Dinner Roll
 Sliced Cucumbers

Totchos

Tater Tots w/ Meat Sauce
 Or Buffalo Chicken
 Cheese Sauce
 Zesty Green Beans
 Red Pepper Strips

Asian Lunar New Year

Chicken Wraps

Chicken, Bacon, and Ranch or
 Buffalo Chicken
 on a WG Tortilla
 Oven Baked Fries
 Baby Carrots

Pizza Crunchers

Cheese and Sauce
 Filled Crunchers
 Roasted Carrots
 WW Garlic Parmesan Rolls
 Cherry Tomatoes

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2112 ext. 3117, or email scheffco@hlcs.org