## November 2025

## HIGH SCHOOL/JR LUNCH

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK. **NUTRITION BAR OFFERED DAILY WITH ASSORTED FRUITS & VEGETABLES** 

See any server for details and assistance. Milk varieties include 1% low fat and fat-free choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tenders w/ Dinner Roll 1 serving Sweet Potato Fries ½ c Nutrition Bar Choice of Fruit ½ c	Bean Burrito Enchilada Style FF ½ c Nutrition Bar Guac & Roll Beans ½ c Choice of Fruit ½ c Alt: Rodeo Burger	Yakisoba Bowl 1 serving Broccoli ½ c Nutrition Bar Choice of Fruit ½ c  Alt: Meat Lovers Pizza	Pizza 1 serving Steak & Bake Green Beans ½ c Nutrition Bar Choice of Fruit ½ c Alt: Crunchy Chicken Wrap	
Green Chili Frito Pie  1 serving  Tater Tots ½ c  Nutrition Bar  Choice of Fruit ½ c  Alt: Hawaiian Pizza	No School  Honor our Veterans	Beef Nacho's  1 serving Stir Fry Vegetables ½ c Nutrition Bar Choice of Fruit ½ c Alt: chicken Bacon Ranch Sandwich	Pizza 1 serving Mexicali Corn ½ c Nutrition Bar Choice of Fruit ½ c Alt: House BBQ Pulled Sandwich	
Waffle Breakfast Sandwich 1 serving Sweet Potato Fries ½ c Nutrition Bar Choice of Fruit ½ c Alt Pepperoni Pizza	Hot Dog 1 serving Chinese Broccoli ½ c Nutrition Bar Choice of Fruit ½ c Alt: Pizza	Turkey Gravy Mashed Potato's Green Beans Stuffing Dinner Roll Pumpkin Squares	Pizza 1 serving Bake Green Beans Baby Carrot's ½ c Nutrition Bar Choice of Fruit ½ c Alt: Chicken Drummies	
Buffalo Chicken 1 serving Tater Tots ½ c Nutrition Bar Choice of Fruit ½ c Alt: Chicken Nuggets	Chicken Fried Rice 1 serving Cucumbers ½ c Nutrition Bar Choice of Fruit ½ c Alt: Pizza	Happy Tha	nksgiving	Heirloom Tomato Salad
		GLOBAL BITES TACTIVE THE WORLD OUT BY A T A THEE  Jamaican Jerk Chicken	SPICEOLOGY, K-12 by Elior experiments with flavor on the menu with the use of Spiceology Salt-Free blends.	BeWell  Mediterranean Sweet Potato
Daily Alternate Entrée Options				
Pizza (Cheese & Pepperoni) Vegetarian: Deli Sandwiches: Entrée Salads:				

## Flatbread Fr: BBQ Chicken BeWell Healthy Choice

■ Vegetarian (Ovo-Lacto)

M: Hawaiian

Tu: Chicken Taco

W: Meat Lovers

Th: Chicken Ranch Dorito



M: Macaroni & Cheese

Tu: Sweet Potato Nachos

Th: Mediterranean

W: Bean & Cheese Burrito

Hummus Flatbread

Fr: Black Bean Burger

## M: Turkey Deluxe M: Chef's Salad 🐌 🔽

Tu: Santa Fe Chicken Wrap

Fr: Southwest Pinwheels

W: Turkey & Cheese Wrap

Th: Crunchy Chicken Wrap

Tu: Southwest Chicken W: Chicken Caesar Th: Cobb

Fr: Beef Taco in Tortilla Shell