

MAY 2022

BESSEMER CITY SCHOOLS LUNCH MENU

USDA MEMO

MONDAY

Spaghetti w/ Meat Sauce **2**
Garlic Bread
Green Beans
Marinara Sauce
Sliced Peaches
Milk

Chicken Nuggets **9**
Green Peas
Applesauce Cup
Gold Fish Crackers
Milk

National BBQ Day 16
BBQ Sandwich
Bake Beans
Pineapple Tidbits
Milk

Hot dog w/ Fixings **23**
Bake Beans
Sliced Peaches
Milk

TUESDAY

Corndog **3**
Sweet Potato Fries
Celery Stix w/Ranch
Fruit Cocktail
Milk

Sloppy Joe **10**
Sweet Potato Fries
Celery Stix w/ Ranch
Fresh Pear
Milk

Crispitos w/ Cheese Sauce **17**
Pinto Beans
Mexicali Corn
Milk

Chicken Nuggets **24**
Brown Rice
Peas & Carrots
Mixed Fruit
Milk

WEDNESDAY

National Hoagie Day 4
Turkey, Ham, Cheese
on Hoagie Bun
Or
PB&J
Carrot Raisin Salad
Mandarin Oranges
Milk

Turkey w/Gravy **11**
Blackeye Peas
Mashed Potatoes
Roll
Pineapple Tidbits
Milk

Spicy Chicken **18**
Sandwich
French Fries
Applesauce Cup
Milk

Hot Pocket **25**
Carroteenies w/ Ranch
Celery Stix w/ Ranch
Fruit Cup
Milk
SCHOOLS OUT FOR THE SUMMER

THURSDAY

CINCO DE MAYO! 5
Enchiladas over Rice
Northern Beans
Mexicali Corn
Fresh Mango
Milk

Mac & Cheese **12**
Green Beans
Strawberry Cup
Gold Fish Crackers
Milk

Salisbury Steak w/ Gravy **19**
Mashed Potatoes
Sliced Peaches
Milk

FRIDAY

Cheese Pizza **6**
Marinara Sauce
Steamed Broccoli w/ Cheese
Raisins
Milk
National Raisin Week

National Fruit Cocktail Day 21
National Hamburger Week
American Cheese Month
Hamburger/Cheeseburger w/Fixings
French Fries
Fruit Cocktail
Milk

National Pick Strawberries Day 20
National Pizza Party Day
Pepperoni Pizza
Steamed Broccoli w/ Cheese
Fresh Strawberries
Milk

For all other FNS nutrition assistance programs, State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov

SUMMER MEALS (BREAKFAST AND LUNCH) ARE AVAILABLE FOR ALL KIDS AND TEENS UP TO THE AGE OF 18. STOP BY ONE OF THE BESSEMER CITY SCHOOLS EXCEPT BESSEMER HIGH AND GET A FREE MEAL. DO NOT HAVE TO ATTEND BESSEMER CITY SCHOOLS. OTHER SITES ARE AVAILABLE CONTACT 205-432-3008 FOR ADDITIONAL SITE INFORMATION.

This institution is an equal opportunity provider

School Info

1% Unflavored
Fat Free Flavored Milk
Offered each meal

The Bessemer City School System does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies: **Dr. Jameka Thomas, Section 504 & Title IX Coordinator**, 1621 – 5th Avenue North, Bessemer, Alabama 35021
Phone: 205.432.3028 Email: jathomas@bessk12.org

DID YOU KNOW?

May's birthstone is the emerald, which represents love and success.