



FRAZIER SCHOOL DISTRICT
Inspire and Empower
MIDDLE SCHOOL



Frazier participates in CEP
All Student meals are Free
Adult Lunch: \$4.65

MAY 2025

Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Patty on Bun French Fries Fruit & Vegetable Bar Milk Choice	2 School Made Pizza w/o Pepperoni Seasoned Green Beans Fruit & Vegetable Bar Milk Choice
5 Meatballs w/ Marinara Garlic Bread Stick Seasoned Carrots Fruit & Vegetable Bar Milk Choice	6 Beef Nachos w/ Tostito Chips Refried Beans & Mix Veggie Fruit & Vegetable Bar Milk Choice	7 Pizza Crunchers w/ Sauce Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	8 Popcorn Chicken Bowl Mashed Potatoe & Gravy Dinner Roll & Corn Fruit & Vegetable Bar Milk Choice	9 ACT 8o DAY
12 Hot Ham & Cheese on Bun Potato Chips Seasoned Peas Fruit & Vegetable Bar Milk Choice	13 Chicken Burrito w/ Rice & Black Beans Salsa & Sr Cream Fruit & Vegetable Bar Milk Choice	14 Cream Chicken o/ Biscuit Mashed Potato & Gravy Fruit & Vegetable Bar Milk Choice	15 Creamy Mac & Cheese Dinner Roll Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	16 Buffalo Chicken Panini Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
19 French Toast Sticks Sausage Links Golden Hashbrowns Fruit & Vegetable Bar Milk Choice	20 Pasta w/ Meatsauce Garlic Bread Stick Seasoned Carrots Fruit & Vegetable Bar Milk Choice	21 Popcorn Chicken Soft Pretzel Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice	22 Sloppy Joes on Bun Potato Smiles Fruit & Vegetable Bar Milk Choice	23 Italian Dunkers w/ Dipping Sauce Seasoned Green Beans Fruit & Vegetable Bar Milk Choice
26 	27 Buffalo Chicken Dipper w/ Tostito Chips Seasoned Broccoli Fruit & Vegetable Bar Milk Choice	28 Mini Corn Dogs Golden Tatar Tots Fruit & Vegetable Bar Milk Choice	29 PICNIC DAY Burgers, Hot Dogs, Baked Beans & Pasta Salad Fruit & Vegetable Bar Milk Choice	30 Chicken Quesadilla Salsa & Sr Cream Seasoned Corn Fruit & Vegetable Bar Milk Choice

Daily Alternates may included
 Cheeseburger on a Bun
 Hamburger on a Bun
 Breaded Chicken Patty/Bun
 Spicy Chicken Patty/Bun
 Chef Salad with Chicken
 Croutons & Dinner Roll
 Cold Wraps with Chips

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes,
 Bananas, Seasonal Fruits, , Baby Carrots,
 Cucumber Slices and Celery Sticks

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
 Mixed Fruit, Peaches, Pears,
 Pineapple Tidbits

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Students are offered low fat and non fat milk choices daily and is included with all meals

The Frazier School District Food Service
 Department needs Cafeteria Workers
 Applications available at the Administratin Office

Food Service Manager
 Christie Mansberry
 724-736-9507 x431
 cmansberry@fraizersd.org

