

A variety of milk is offered at both meals. For lunch, students must choose at least 3 of the items offered, with one item including at least 1/2 cup of fruit or vegetables. Students may select all items if they desire. For breakfast, students must select at least 3 items with one being 1/2 cup fruit or vegetables. Students may select all items if they desire. For breakfast, students must select at least 3 items with one being 1/2 cup fruit or vegetables. Students may select all items if they desire. For breakfast, students must select at least 3 items with one being 1/2 cup fruit or vegetable. Alexander City Schools participates in Community Eligibility Provision and all student meals are at no costs.