

FEBRUARY 2025

LUNCH



School Information: This Institution is an Equal Opportunity Provider.

All Fruit is either fresh, frozen or in light syrup.



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.



Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chicken Noodles
Carrots
Fruit
Milk

3

Crispito
Broccoli w/ Cheese
Fruit
Milk

4

Steak Fingers
Mash Potatoes
Gravy
Fruit
Milk

5

Nachos w/
Black Beans
Fruit
Milk

6

Cheeseburger
Chips
Fruit
Milk

7

Quesadilla
Mexican Rice
Fruit
Milk

10

Fish Sticks
Spinach
Fruit
Milk

11

Ham & Cheese
Sandwich
Corn
Fruit
Milk

12

Pulled Pork Sandwich
Baked Beans
Fruit
Milk

13

Valentine's Day
No School

14

Presidents' Day
No School

17

Mac n Cheese
Spinach Salad
Fruit
Milk

18

Chicken Sandwich
Fries
Fruit
Milk

19

Corndog
Pinto Beans
Fruit
Milk

20

Chili
Corn bread
Fruit
Milk

21

Chicken Strips
Yams
Fruit
Milk

24

Taco Salad
Broccoli w/ Ranch
Fruit
Milk

25

Pizza
Corn
Fruit
Milk

26

Crispito
Refried Beans
Fruit
Milk

27

Hotdog
Peas
Fruit
Milk

28