

STUDENT REPURT

October is National Physical Therapy Month

e celebrate our Physical Therapist, Patti Carriker, and our two Physical Therapy Karen Putman and Lori Young. Physcial Therapists are experts in movement who improve the quality of life for their students through hands on care, patient education, and prescribed movement. These individuals are integral members of our school based teams. The HCSD Physical Therapy team helps students by supplementing their education, improving employment skills, and fostering independent living skills. School based Physical Therapists support students by promoting participation in the educational environment. The main goal of school-based Physical Therapy is to assist students in improving strength, balance, coordination, and mobility. Physical Therapists collaborate within the educational team to support student success. Some Physical Therapy intervention strategies in the school environment may include maintaining sitting balance, maneuvering the educational environment, training staff on the use of specialized equipment, and improving overall motor coordination. Thank you for your work in helping to improve the lives of our students!





TEACHER SPOTLIGHT

This month's spotlight shines on Jessica Miranda from Veterans High School. She has been teaching for 17 years. Ten of those years are at VHS. Mrs. Miranda holds a Masters Degree in Special Education. Mrs. Miranda had the distinguised honor of being Houston County's Teacher of the Year for the 2021-2022 school year. She is currently serving as the department chair for Veterans High School. Mrs. Miranda is a proud member of the Warhawk family and is thankful for the support of her peer teachers and administrators at VHS.

Mrs. Miranda knew she wanted to be a teacher from a very young age. "In third grade, I had a math teacher who taught the same way all year and for every lesson. She never took questions from students and never changed techniques. I fell behind that year. I can still remember feeling inadequate and like I wasn't smart. Over the next few years, I had wonderful math teachers who helped me understand that I was a visual/tactile learner. I knew then that teaching children to learn and enjoy learning was something I wanted to do. I still have that same passion for learning and teaching."

The thing Mrs. Miranda enjoys most about teaching is being able to see the growth students make each and every day. No matter how big or small, she counts getting to be a part of that growth as an honor. Mrs. Miranda is concerned for her student's academic needs as well as other areas of their life. She wants to prepare them for life after high school. "I want them to walk across that stage in May knowing they have done incredibly hard work to achieve their goal and they are ready to conquer anything that comes their way."

Mrs. Miranda has been a resident of Houston County since 2014, and loves living here! Growing up she traveled a lot due to her father's career in the Army. In her free time she enjoys crafting, cooking, reading and spending time with her family. Thank you Mrs. Miranda! We appreciate your passion for teaching, and the difference you are making by equipping our students for life after high school.







EVERTS OCTOBER @ LSSC





October

2023

<u>More Info & Registration at:</u> https://www.hcbe.net/lindseycalendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Quilting Workshop 4:00-5:00	To Do List Tuesday 3:00-5:30	Horticulture Workshop 4:30-5:30	5 Thursday Fun w/ Friends 3:00-5:30	6	7
9	10	11	12	13	14
	F.	ALL BREA	K		
16 Cooking Cohort 1 4:00-5:00	To Do List Tuesday 3:00-5:30	18 Horticulture Workshop 4:30-5:30	Thursday Fun w/ Friends 3:00-5:30	20	21
23 Quilting Workshop 4:00-5:00	24 To Do List Tuesday 3:00-5:30	25 Mindful Movement 4:00-5:00	Thursday Fun w/ Friends 3:00-5:30	27	28 Car Seat Check 11:00-12:00
30 Cooking Cohort 1 4:00-5:00	31 To Do List Tuesday 3:00-5:30				



Special Offerings

Monday & Wednesday

Cooking Class - Cohort 1 (Sept-Oct) Sewing Class - Cohort 1 (Sept-Oct) Horticulture Class (Sept-Dec) Mindful Movement Class (Sept-Dec)

To Do List Tuesday

Grades 4 and up (Parent Permission Required) Come work on projects and take advantage of project resources (Computer, printer, poster board, markers, and basic art supplies)

Thursday Fun w/ Friends

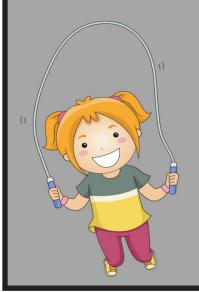
Grades 4 and up (Parent Permission Required) Books, Games, Playground & Fun

Registration Required

Department of Health Car Seat Check 10/28 (11:00-12:00) HOUSTON COUNTY
SPECIAL OLYMPICS







Jouston County Special Olympics would like to thank Dr. Helen-Louise Moore and members of her staff at Pediatric Associates for offering free physicals to all Special Olympics athletes on September 19th and 20th. The OT/PT department recorded height and weight for each participant, and school nurses assisted with vital signs. Nursing Pathway students from the Career Academy received valuable real-world experience, enabling them to earn volunteer hours. Our athletes would not have been able to participate without the support of our Transportation Department. This is the 10th year that Dr. Moore has volunteered to provide physicals for Special Olympics athletes!





Let's Get Vaccinated

Protect yourself from the virus by getting vaccinated.

Keep yourself protected at all the times.

Flu Vaccine Offered for Houston County Students & Employees

The Houston County Health Department and Houston County School District have partnered for the 15th year to offer a free flu vaccine to students and employees. The flu shot is being offered at 41 sites between October 16 and November 15. In order for students to receive the vaccine at school, parents are required to complete an online consent form by September 29.

For the eighth year, school nurses are collaborating with the Houston County Health Department to bring additional vaccinations to employees at work. During the flu clinics, employees may obtain the following vaccines: Tetanus, Diphtheria, Pertussis (whooping cough), Hepatitis A, Hepatitis B and Influenza. Health Department nurses make recommendations regarding personal immunization needs based on vaccination records in the Georgia Registry of Immunization Services (GRITS). Vaccinations will be provided at no out-of-pocket expense for employees who are covered by Medicaid, Peachcare, Medicare, Wellcare, Aetna, Amerigroup, Blue Cross Blue Shield, Coventry or Tricare.

The 2023-2024 School Based Influenza Vaccine Consent Form is available online. Forms will not be accepted after September 29. Paper consent forms in English and Español are available with the school's Med Tech. Visit the North Central Health District's website to learn more about the flu. For more information, please contact your child's school or Dana Rollins, Coordinator of Health Related Services, at (478) 988-6200, ext. 3555, or dana.rollins@hcbe.net.

A vaccine clinic schedule follows.





Flu Vaccine Schedule 2023-2024



Elementary Schools	Date	Time
David Perdue Primary	Oct. 23	9:00 a.m 11:00 a.m.
David Perdue Elementary	Oct. 23	1:00 p.m 3:00 p.m.
C.B. Watson Primary	Oct. 24	9:00 a.m 11:00 a.m.
Pearl Stephens Elementary	Oct. 24	1:00 p.m 3:00 p.m.
Bonaire Primary	Oct. 25	9:00 a.m 11:00 a.m.
Bonaire Elementary	Oct. 25	1:00 p.m 3:00 p.m.
Parkwood Elementary	Oct. 26	9:00 a.m 11:00 a.m.
Westside Elementary	Oct. 26	1:00 p.m 3:00 p.m.
Quail Run Elementary	Oct. 27	9:00 a.m 11:00 a.m.
Northside Elementary	Oct. 27	1:00 p.m 3:00 p.m.
Hilltop Elementary	Oct. 30	9:00 a.m 11:00 a.m.
Russell Elementary	Oct. 30	1:00 p.m 3:00 p.m.
Shirley Hills Elementary	Oct. 31	9:00 a.m 11:00 a.m.
Miller Elementary	Oct. 31	1:00 p.m 3:00 p.m.
Eagle Springs Elementary	Nov. 1	9:00 a.m 11:00 a.m.
Centerville Elementary	Nov. 1	1:00 p.m 3:00 p.m.
Langston Road Primary	Nov. 2	9:00 a.m 11:00 a.m.
Langston Road Elementary	Nov. 2	1:00 p.m 3:00 p.m.
Kings Chapel Elementary	Nov. 3	9:00 a.m 11:00 a.m.
Morningside Elementary	Nov. 3	1:00 p.m 3:00 p.m.
Lake Joy Primary	Nov. 6	9:00 a.m 11:00 a.m.
Lake Joy Elementary	Nov. 6	1:00 p.m 3:00 p.m.
Matt Arthur Elementary	Nov. 7	9:00 a.m 11:00 a.m.
Tucker Elementary	Nov. 7	1:00 p.m 3:00 p.m.

Middle Schools	Date	Time
Perry Middle	Oct. 16	9:00 a.m 11:00 a.m.
Mossy Creek Middle	Oct. 16	12:30 p.m 2:30 p.m.
Thomson Middle	Oct. 17	9:00 a.m 11:00 a.m.
Northside Middle	Oct. 17	12:30 p.m 2:30 p.m.
Feagin Mill Middle	Nov. 14	9:00 a.m 11:00 a.m.
Warner Robins Middle	Nov. 14	12:30 p.m 2:30 p.m.
Bonaire Middle	Nov. 15	9:00 a.m 11:00 a.m.
Huntington Middle	Nov. 15	12:30 p.m 2:30 p.m.
HC WIN Academy/Transition Academy/LSSC Prog.	Oct. 20	12:30 p.m 2:30 p.m.

High Schools	Date	Time
Perry High	Nov. 8	10:30 a.m 12:30 p.m.
Veterans High	Nov. 8	11:00 a.m 1:00 p.m.
Northside High	Nov. 9	11:00 a.m 1:00 p.m.
Houston County High	Nov. 9	11:00 a.m 1:00 p.m.
Warner Robins High	Nov. 13	10:30 a.m. – 12:30 p.m.

Department	Date	Time
Transportation Department (Conference Room)	Oct. 18	9:00 a.m. – 11:00 a.m.
Central Office Staff (Board Room)	Oct. 20	1:00 p.m 2:30 p.m.
HC Career Academy (Staff Only)	Oct. 19	11:30 a.m 12:30 p.m.