

Monday Tuesday Wednesday Thursday Friday

Fish Sticks
Chef Salad
Sweet Potato Sticks
w/ Dressing
Baked Ranch Fries
Fresh Strawberries
Chilled Mandarin
Oranges
Whole Wheat Roll
Ketchup
Fat Free Milk
Chocolate Milk

Cheesy Chicken Over/Rice
Tuna Salad on
Croissant Bun
Southern Mustard Greens
Field Peas
Fresh Grapes
Frozen Fruit Juice Cups
Cornbread
Low Fat Milk
Chocolate Milk

Chili Cheese over Chips
Fruit and Yogurt Plate
Crinkle Cut Fries Baked M611
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Confetti Coleslaw
Fresh Fruit Bowl
Fruit Cocktail
Ketchup
Snack Cookies

Fat Free Milk

Chocolate Milk

10

17

24

Mexican Pizza
Ham and Turkey
on Bun
Trimmings
Bake Chips
Steamed Carrots
Broccoli Salad
Tangerines
Fruit Cocktail
Mayonnaise
Mustard
Low Fat Milk
Chocolate Milk

Chicken Nuggets
Tuna Salad Salad
Criscut Sweet Potatoes
Mixed Vegetables
Fruit Slushes
Fresh Fruit Bowl
Yeast Roll
Variety of Dipping Sauce
Ketchup
Chocolate Milk
Fat Free Milk

7

14

BBQ Pork Sandwich Grilled Chicken Salad Spicy Fries Confetti Coleslaw Fresh Pears Fresh Bananas Chocolate Chip Cookie Low Fat Milk Chocolate Milk

8

15

22

Chicken Fajita Wrap
Managers Choice Salad
Saltine Crackers
Italian Sliced Carrots
Spinach Salad
Fresh Fruit Bowl
Fresh Fruit Cup
Chocolate Milk
Fat Free Milk

9

16

23

Spaghetti & Meat Sauce Chef Salad Cheesy Broccoli Raw Veggies with Dip Fresh Oranges Fresh Bananas Whole Wheat Garlic Toast Chocolate Milk Fat Free Milk Pepperoni Pizza Wedge Chicken Salad Salad Whole Kernel Corn Steamed Carrots Fresh Fruit Bowl Assorted Fruit Juices Snack Cookies Fat Free Milk Chocolate Milk

Hot Dogs Grilled Fajita Salad Seasoned Potato Wedges Tex Mex Style Beans Pear and Kiwi Medley Assorted Fruit Juices Ketchup Mustard

Chocolate Milk

Fat Free Milk

Bacon Cheese Burger Fruit and Yogurt Plate Tomatoes & Carrots w/Dip Baked Ranch Fries Banana Berry Blend Fresh Fruit Bowl Mayonnaise Mustard Ketchup Chocolate Milk Fat Free Milk Chicken Wings, Bufalo Sc M33
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Sweet Chili Chicken Wings
Manager's Choice Salad
Macaroni and Cheese
Seasoned Whole Green
Beans
Tossed Salad w/ Dressing
Fruit Slushes
Fresh Grapes
Whole Wheat Roll
Ranch Dressing

Chocolate Milk Fat Free Milk American Sub
Tuna Salad with Crackers
Broccoli Salad
Criss Cut Sweet Potatoes
Fresh Fruit Bowl
Flavored Raisins
Cookies, ChocChip Gma M754
0
Chocolate Milk
Fat Free Milk

21

Baked Pork Chop
Managers Choice Salad
Fried Brown Rice
Carrots and Red Peppers
with Dip
Green Peas
Frozen Fruit Juice Cups
Fresh Fruit Bowl
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

Chicken Spaghetti
Tuna Salad with Crackers
Steamed Broccoli Florets
Whole Kernel Corn
Applesauce in a Bag
Fruited Gelatin
Yeast Roll
Chocolate Milk
Fat Free Milk

Red Beans and Rice
with Sausage
Managers Choice Salad
Black-Eyed Peas
Marinated Tomato and
Cucumber Salad
Pineapple Tidbits
Fresh Fruit Bowl
Yeast Roll
Chocolate Milk
Fat Free Milk

Chicken Nachos
Chef Salad
Spicy Fries
Cheesy California
Veggies
Chilled Peaches
Fresh Bananas
Fat Free Milk
Chocolate Milk

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18

28 30 Breadstick W/Cheese Fish Sticks Cheesy Chicken Over/Rice Marinara Sauce Chef Salad Tuna Salad on Chicken Salad on Sweet Potato Sticks Croissant Bun w/ Dressing Croissant Bun Southern Mustard Greens Steamed Broccoli Florets Baked Ranch Fries Field Peas Fresh Strawberries Fresh Grapes Potato Salad Applesauce in a Bag Chilled Mandarin Frozen Fruit Juice Cups Fruited Gelatin Oranges Cornbread Chocolate Milk Whole Wheat Roll Low Fat Milk Fat Free Milk Ketchup Chocolate Milk Fat Free Milk Chocolate Milk

> GPSD Lunch K-8 th Menu Menu Subject to Change "This Institution is an Equal Opportunity Provider."