

SHIPPENSBURG AREA MIDDLE SCHOOL NEWSLETTER

MAROON AND GREY MONTHLY

OCTOBER 2023

Dates to Remember:



- October 6th -- Chamber of Commerce Golf Tournament
- October 7th -- SASD Foundation Golf Tournament - SOLD OUT
- October 9th -- No School
- October 13th -- Picture Make Up Day
- October 13th -- Club Day
- October 16th - 19th -- 8th Grade Hiking Field Trip
- October 17th -- Last day of Cycle 1 Exploratories
- October 25th -- PTO Meeting @ 7p.m.
- October 26th -- Club Day
- October 27th -- PBIS Celebration Day
- October 30th -- End of 1st Marking Period
- November 1st - 9th -- Parent/Teacher Conferences
- November 9th -- Club Day
- November 10th -- Schools Closed
- November 13th -- Inservice (Schools Closed)
- November 17th -- Holiday Hang Out
- November 30th -- Chorus Concert
- December 5th -- 7th and 8th Grade Band Concert

Athletic Information:

A reminder that MS aged students and younger are not permitted into sporting events without the accompaniment of an adult. Students should remain with an adult throughout the sporting event. This includes Middle School and High School sporting events.

Clubs:

Clubs have taken off for the 23 - 24 school year at SAMS. There are over 40 different offerings for students to choose from and take place on a bi weekly schedule. Students were allowed to choose their top three club choices and were awarded one of their three choices. Students will have the opportunity to change their club in late January.

Parent/Teacher Conferences:

Parent teacher conferences will take place November 1st - November 9th at the discretion of each team. Each team will be in contact with families to identify dates and times of available conferences.

A la Cart Cafeteria Items:

Students have the opportunity to purchase additional meals during lunch and purchase items from the Hounds Hut. An additional entree is \$3.00 and items from the Hounds Hut range in costs from \$0.50 to \$3.00. Students must have money in their account to purchase the additional items. Please monitor lunch accounts closely to ensure your student is purchasing items approved by the guardian.

SAMS Anti Bullying Pledge:

- We will not bully other students.
- We will help students who are bullied.
- We will include students who are left out.
- If we know of someone who is being bullied, we will tell an adult at school and home.

Social Media:

Middle School Administration does their best to keep families, students, and the community apprised of the fun and exciting activities taking place within the building and classrooms. Please consider following the middle school on social media to stay apprised of happenings.



Shbg Middle School



@shbgmiddleschool

Attendance:

If your student has missed a day of school, an excusal note must be submitted within three days for the absence to be excused. Additionally, you are able to e-mail attendance@ship.k12.pa.us to provide an excusal note or upload a picture of a doctor's note if you prefer. Students missing school for an educational trip, should submit the educational trip form prior to planned absences.

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Red Ribbon Week:

Student council members are hosting a spirit week to celebrate Red Ribbon Week and Anti - Bullying. Check out the spirit wear days on social media in the coming weeks.

SAMS UNITY DAY SPIRIT WEEK

MONDAY - TAKE A WALK IN SOMEONE ELSE'S SHOES DAY

WEAR TWO DIFFERENT SHOES
TO SHOW COMPASSION FOR
SOMEONE ELSE'S SITUATION

TUESDAY - CELEBRATE DIFFERENCES DAY!

DRESS UP AS YOUR FAVORITE MUSIC
GENRE, CHARACTER FROM A BOOK
OR MOVIE, OR WEAR YOUR
FAVORITES SPORTS TEAM GEAR OR
SOMETHING THAT REPRESENTS
YOUR CULTURE.

WEDNESDAY - UNITY DAY

WEAR ORANGE FOR UNITY DAY! THE
TEAM THAT AVERAGES THAT
HIGHEST PERCENTAGE OF STUDENTS
WEARING ORANGE WILL WIN AN
"ORANGE" PRIZE FROM STUDENT
COUNCIL!

THURSDAY DAY TWIN DAY

UNITE WITH OTHERS AND BE A
TWIN (OR TRIPLET OR MORE!)

FRIDAY - GREYHOUND PROUD DAY

WEAR MAROON AND GREY TO
SHOW UNITY AS A SCHOOL!

OCT 16-20

ORANGE UNITY DAY BRACELETS
WILL BE SOLD DURING LUNCH
FOR \$1 A PIECE FROM
OCT 10 - OCT 13

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chartwells
Celebrating 25 Years

Global Eats

Now Boarding: Global Eats Taking Off at Shippensburg Area School District

Dear Parent/Guardian,

The school cafeteria is often one of the first places a child gets to taste and learn about foods from outside their family's recipes or traditional cultural dishes. Highlighting the unique ingredients and authentic flavors from cuisines around the world, Chartwells K12 is launching a new program called **Global Eats**!

Developed by Chartwells chefs and dietitians with input from students, Global Eats turns food into a worldly adventure and encourages students to eat together and taste new foods and flavors while learning about different cultures. Global Eats will be taking off in school cafeterias this school year and we are excited to share that we're rolling out the new program to all the schools beginning October 5th. We will be doing one country each Thursday.

Highlights for the Global Eats program launch include:

- **Global Tour with Authentic Flavors:** For our opening four-week tour, students will travel to Mexico, Italy, India and China. Each week, new menu items will be introduced featuring the unique ingredients and authentic recipes from each featured country that were created in partnership with a series of celebrity chefs who specialize in global cuisines.
 - **Mexico:** Dishes are simple yet packed with fresh flavors like lime and cilantro and the heat of peppers and spices. Chicago-based Chef Jonathan Zaragoza, whose family owns Birrieria Zaragoza, helped develop the menu which includes Beef Enchiladas, Pozole, Albondigas con Arroz and Elotes. We will be serving the beef enchiladas.
 - **Italy:** Kids taste authentic Italian cuisine like Spicy Tomatoe Chicken Penne, Penne Pasta with Chicken all' Arrabbiata, Baked Cod "Cacciatore Style" and Brussel Sprouts "Cacio e Pepe." Michael Toscano, the Chef/Owner of Le Farfalle in Charleston, South Carolina and Da Toscano in New York City, collaborated on each recipe that will be featured. We will be serving the Spicy Chicken Penne.
 - **India:** Delicious dishes including Tandoori Chicken, Beef Kofta Curry and Sweet Potato & Spinach Vindaloo, from Chef Aarti Sequeira, cookbook author and the winner of the sixth season of The Next Food Network Star, will be offered on the Global Eats menu. We will be serving the Tandoori Chicken.
 - **China:** Celebrity Chef Jet Tila created signature menu items for Global Eats that bring a sensory experience filled with the flavors of ginger, soy and chilis, to menu items including Cantonese Style Beef Stir Fry, "Sichuan Style" Mapo Tofu, Dan Dan Noodles and Char Siu Pork. We will be serving Cantonese Style Beef Stir Fry with Peppers & Onions.
- **Education & Giveaways:** We've created a fun and engaging educational program packed with videos and activities. Due to supply issues our passports, stickers for each country and giveaway items are on back order so for this month of global eats they will not be available. Thank you for your understanding.
 - Elementary school students will fill Global Eats passports with stickers as they learn about food and traditions from different countries.
 - Middle and high schoolers will learn how different geographies and cultures influence a country's food preferences and popular ingredients.
 - The exploration continues beyond the cafeteria with the Global Eats website, www.K12GlobalEats.com, which features chef and recipe videos and fun activities for students and families.

We're in a unique position where we have a front-row seat to the evolving preferences of kids, which allows us to continue building fun, educational, food-focused programs that create deeper connections between classmates and friends – it's how we're making sure students leave the cafeteria happier and healthier than they came in and we can't wait to introduce Global Eats to Greyhounds' students.

Sincerely,
Dawn M Smith
Director of Dining Services

Community Resources:

Aliff Counseling -- 717.477.2556

(School Based Mental Health Provider)

Teenline -- 866.350.4357

Cumberland/Perry Drug and Alcohol -- 717.240.6300

Crisis Chambersburg Hospital -- 717.264.2555

Drew Michael Taylor Foundation --

<https://drewmichaeltaylor.org/>



drew's hope

A grief and loss support program for children, teens, and their families who are grieving the death of a loved one.

DREW'S HOPE IS HELD AT LUHRS ELEMENTARY SCHOOL AT SHIPPENSBURG UNIVERSITY

FREE 7-SESSION FALL AND SPRING PROGRAMS

*Each session includes dinner followed by separate support groups with activities/play centers, therapy dog visits, grief education & discussion for Adults, Teens and Children

A program of the

drew michael taylor
foundation

More info. at www.drewmichaeltaylor.org

Fall 2023

Shippensburg University (Luhr's Elementary School)
Seven Monday evenings from 6-8 p.m.
Sept. 25 - Nov. 13, 2023
(*no session on 10/16 due to Fall Break)

Pre-registration is required.

Please contact Marcie Taylor of the Drew Michael Taylor Foundation at (717)532-8922 or drewmichaeltaylor@pa.net

Drew's Hope participants on the program's impact:

"You and your staff have given me a sense of peace and you have given my boys their self-confidence back."

"I am much stronger than the person who walked in the door a few months ago. I learned a lot about obtaining strength from sharing."

"Being together through memories, laughter and tears, we have learned to go on and survive."

Building Contact Information:

Main Office -- 717.530.2750

Office Hours -- 7:00 a.m. - 3:30 p.m.

SAMS Attendance E-Mail --

samsattendance@ship.k12.pa.us

Principal -- Jeremy Barnes extension 5901

Assistant Principal --

Stephanie Barnhart -- Last Names A - K extension 5902

April Fitz -- Last Names L - Z extension 5903

School Counselor --

Angie McKee -- Last Names A - K extension 5923

Rosemary Junkin -- Last Names L - Z extension 5922

School Social Worker --

Tabitha Curtis extension 1071