













**ALEXANDER CITY SCHOOLS
MIDDLE/HIGH MENU
NOVEMBER 2022**

Breakfast Options:

Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily. Cereal offered daily.

Lunch Options:

Assorted 1% & Skim Milk offered daily.
Additional items may be added to the menu. Please
Check w/ your local schools for additional choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01 SAUSAGE, GRAVY BISCUIT, FRESH FRUIT TERIYAKI CHICKEN W/ FRIED RICE & EGG ROLL SANTA FE BEEF TACO STIR FRY VEGGIES CORN ON THE COBB FRESH SIDE SALAD FRUIT 	02 BREAKFAST PIZZA, FRESH FRUIT SPAGHETTI W/ ITALIAN BREADSTICK MINI CORN DOGS STEAMED GREEN BEANS SWEET POTATO FRIES FRESH SIDE SALAD FRUIT	03 CINNAMON ROLL, FRESH FRUIT GREEK CHICKEN W/ RICE PILAF & WARM ROLL CHEESE QUESADILLA GREEN PEAS TATER TOTS FRESH SIDE SALAD FRUIT 	04 SCRAMBLED EGGS, BACON, WAFFLES, FRESH FRUIT BUFFALO CHICKEN DIP HAMBURGER LEMON ROASTED CARROTS BLACK-EYED PEAS FRESH SIDE SALAD FRUIT COOKIE 
07 CHICKEN BISCUIT, FRESH FRUIT COUNTRY FRIED STEAK W/ GRAVY & WARM ROLL CORN DOG MASHED POTATOES GREEN PEAS FRESH SIDE SALAD FRUIT 	08 WAFFLES, SAUSAGE LINK, FRESH FRUIT CHICKEN CAESAR CLUB CHILI W/ GRILLED CHEESE BROCCOLI & CHEESE TATER TOTS FRESH SIDE SALAD FRUIT	09 MUFFIN & YOGURT, FRESH FRUIT SMOKEHOUSE BBQ SUB WINGS & THINGS W/ WARM ROLL LEMON ROASTED CARROTS STEAMED GREEN BEANS FRESH SIDE SALAD FRUIT FROSTED CUPCAKE 	10 SAUSAGE BISCUIT, FRESH FRUIT TACO SALAD W/ CILANTRO LIME RICE BANG BANG CHICKEN W/ WARM ROLL CORN REFRIED BEANS FRESH SIDE SALAD FRUIT	11 VETERANS DAY 
14 FRENCH TOAST STICKS, SAUSAGE, FRESH FRUIT CHILI DOG W/ CHIPS TERIYAKI CHICKEN W/ FRIED RICE & EGG ROLL STIR FRY VEGGIES BLACK-EYED PEAS FRESH SIDE SALAD FRUIT 	15 SAUSAGE, GRAVY BISCUIT, FRESH FRUIT CHICKEN & VEGGIE DUMBLIN' BEEF STEAK HOAGIE GREEN PEAS CITRUS CINNAMON GLAZED CARROTS FRESH SIDE SALAD FRUIT	16 BREAKFAST PIZZA, FRESH FRUIT CRISPIITOS CHICKEN NUGGETS W/ WARM ROLL STEAMED BROCCOLI CORN FRESH SIDE SALAD FRUIT COOKIE	17 CINNAMON ROLL, FRESH FRUIT THANSIVING LUNCH TURKEY & GRAVY W/ WARM ROLL MINI CORN DOGS SWEET POTATO CASSEROLE STEAMED GREEN BEANS FRESH SIDE SALAD FRUIT FROSTED CUPCAKE	18 SCRAMBLED EGGS, BACON, WAFFLES, FRESH FRUIT BUFFALO CHICKEN DIP HAMBURGER FRESH VEGGIE DIPPERS TATER TOTS FRESH SIDE SALAD FRUIT 
21	22 	23	24 	25
28 CHICKEN BISCUIT, FRESH FRUIT HAMBURGER STEAK & GRAVY W/ WARM ROLL CRISPY CHICKEN SANDWICH STEAMED GREEN BEANS MASHED POTATOES FRESH SIDE SALAD FRUIT	29 WAFFLES, SAUSAGE, FRESH FRUIT LASAGNA W/ BREADSTICK CHICKEN NUGGETS W/ WARM ROLL SPINACH FLORENTINE FRENCH FRIES FRESH SIDE SALAD FRUIT 	30 MUFFIN & YOGURT, FRESH FRUIT BRUNCH FOR LUNCH COUNTY FAIR DOG GREEN PEAS LEMON ROASTED CARROTS FRESH SIDE SALAD FRUIT BROWNIE PUDDING	<i>You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose.</i> <i>Dr. Seuss</i>	*MENUS ARE SUBJECT TO CHANGE* 

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