

SEPTEMBER 2022

Burns High School Lunch Menu

Lunch – \$3.00-paid & 0¢-reduced Extra milk- .45 or juice – 45¢ , water \$1.00

Lunch includes: Entrée with fruits, vegetables, breads, grains and assorted Oregon Milk

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen

Menu is subject to change. Some items may contain nuts.

All meals served to students are Grab n' Go

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Lunch cost to all Paid Students \$3.00	<u>Friday School Sept 23rd</u> Cheese Burger w/ FF Lettuce, Tomato, Pickle Veggies, Fruit, Milk	1 Lunch <i>Sandwiches & Salads daily</i> Pizza Salad w/ Tomato & Cucumbers & Sun seeds Fruit & Milk
5 NO SCHOOL LABOR DAY	6 Lunch <i>Sandwiches & Salads daily</i> Bean & Cheese Burrito Corn Chips w/ Refried Beans Green Salad Fruit & Milk	7 Lunch <i>Sandwiches & Salads daily</i> Corn Dogs French Fries Pasta Salad Fruit & Milk	8 NO SCHOOL FAIR DAY
12 Lunch <i>Sandwiches & Salads daily</i> Hot Dogs w/ Chili & Cheese Salad w/ Carrots Fruit & Milk	13 Lunch <i>Sandwiches & Salads daily</i> Sub Sands w/ Chips Lettuce, tomato, Pickle Fruit, Cookie, Milk	14 Lunch <i>Sandwiches & Salads daily</i> Chili Sweet Thai Chicken w/ Fried Rice Egg Roll Salad, Fruit, Milk	15 Lunch Pizza Stix w/ Marinara Salad w/Cauliflower Fruit, Milk
19 Lunch <i>Sandwiches & Salads daily</i> South West Burger w/ French Fries Lettuce, Tomato, Pickle Fruit & Milk	20 Lunch <i>Sandwiches & Salads daily</i> Nacho's w/ Meat & Cheese Sweet Corn Fruit & Milk	21 Lunch <i>Sandwiches & Salads daily</i> Meat Lasagna w/ Texas Toast Salad w/ Dressing Fruit & Milk	22 Lunch <i>Sandwiches & Salads daily</i> BBQ Pork Rib Sand Lettuce, Tomato, Pickle Cole Slaw Fruit & Milk <u>Friday school</u>
26 Lunch <i>Sandwiches & Salads daily</i> Crispy Chicken Burger Lettuce, Tomato, Pickle Baked Beans Fruit & Milk	27 Lunch <i>Sandwiches & Salads daily</i> Crunchy Beef Taco's Lettuce, Tomato, Cheese Sour Cream & Salsa Seasoned Beans & Rice Fruit & Milk	28 Lunch <i>Sandwiches & Salads daily</i> Italian Meat Sub w/ Cheese Salad w/ Dressing Chips Fruit & Milk	29 Lunch Baked Potato w/ Cheese & Bacon Salad w/ Dressing Fruit & Milk

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