

## September 2023 Stark County Elementary Menu

<b>MENU IS SUBJECT TO CHANGE</b>  <b>Mashed Potatoes contain Sulfates and can cause allergic reactions Some Food Contain Cinnamon</b>	<i>1 % White, Chocolate and Strawberry Milk are offered at all meals</i>  <i>Level Up Rebel Up</i>	A Plant-Based Option is Offered Everyday at Lunch		<b>1 Friday No School</b>
4 Monday  <b>NO SCHOOL</b>  <b>LABOR DAY</b>	5 Tuesday <b>WG Cereal, WG Donut, Fruit, Juice</b>  WG Bun, WG Chicken Patty or <b>WG PB &amp; J, Cheese Stick, WG Chips,</b> Peas, Rosy Applesauce, Fresh Fruit and Veggies	6 Wednesday <b>WG Cereal, WG Pancake on a Stick, Syrup, Fruit, Juice</b>  WG Mini Corn Dogs <b>or Yogurt, Cheese Stick, WG Bar,</b> Green Beans, Peaches, Fresh Fruit and Veggies	7 Thursday <b>WG Cereal, WG English Muffin, Sausage, Egg Patty, Fruit, Juice</b>  Totchos (Tater Tots, Taco Meat, Cheese Sauce, WG Chips) <b>or WG PB &amp; J, Cheese Stick, WG Chips,</b> Carrots, Mixed Fruit, Fresh Fruit and Veggies	8 Friday <b>WG Cereal, Cinnamon Roll, Fruit, Juice</b>  WG Multi Cheese Garlic Bread, Marinara Sauce <b>or Yogurt, Cheese Stick, WG Bar,</b> Romaine, Pears, Fresh Fruit and Veggies, Sidekick
11 Monday <b>WG Cereal, WG Breakfast Pizza, Fruit, Juice</b>  WG Cheese Bites <b>or Yogurt, Cheese Stick, WG Bar,</b> Marinara Sauce, Carrots, Pineapple, Fresh Fruit and Veggies	12 Tuesday <b>WG Poptart, WG Cereal, Fruit, Juice</b>  WG Bun, Hamburger, Cheese Slice <b>or WG PB &amp; J, Cheese Stick, WG Chips,</b> Oven Potatoes, Sweet Potato Fries, Peaches, Fresh Fruit and Veggies	13 Wednesday <b>WG Cereal, Muffin, Juice, Fruit</b>  WG Bun, BBQ Rib <b>or Yogurt, Cheese Stick, WG Bars,</b> Baked Beans, Pears, Fresh Fruit and Veggies	14 Thursday <b>WG Cereal, WG Breakfast Bar, Fruit, Juice</b>  WG Chicken with Sweet and Sour Sauce <b>or WG PB &amp; J, Cheese Stick, WG Chips,</b> WG Chicken Rice, Broccoli w/Cheese, Mandarin Oranges, Fresh Fruit and Veggies	15 Friday <b>WG Cereal, English Muffin, Egg Patty, Cheese Slice, Fruit, Juice</b>  WG Pizza or <b>Yogurt, Cheese Stick, WG Bars,</b> Green Beans, Rosy Applesauce, Fresh Fruit and Veggies, WG Cookie

<p>18 Monday <b>WG Cereal, WG Donut, Fruit, Juice</b></p> <p>WG Roll, Chicken Alfredo Dinner <b><u>or Yogurt, Cheese Stick, WG Bars.</u></b> Corn, Pears, Fresh Fruit and Veggies</p>	<p>19 Tuesday <b>WG Bagel, Cream Cheese, WG Cereal, Fruit, Juice</b></p> <p>WG Toasted Cheese, Chicken Noodle Soup, Crackers or <b><u>WG PB &amp; J, Cheese Stick, WG Chips.</u></b> Romaine, Cinnamon Applesauce, Fresh Fruit and Veggies</p>	<p>20 Wednesday <b>WG Cereal, WG French Toast Sticks, Syrup, Fruit, Juice</b></p> <p>WG Bun, Hot Dog or Chili Dog or <b><u>Yogurt, Cheese Stick, WG Bar.</u></b> Oven Potatoes, Peaches, Fresh Fruit and Veggies</p>	<p>21 Thursday <b>WG Cereal, WG Pop Tart, Fruit, Juice</b></p> <p>Taco in a Bag (WG Chips, Taco Meat, Shredded Cheese) <b><u>or WG PB &amp; J, Cheese Stick, WG Chips.</u></b> Refried Beans, Salsa, Tropical Fruit, Fresh Fruit and Veggies</p>	<p>y <b>WGCereal, Biscuit, Sausage and Gravy, Fruit, Juice</b> <b><u>WG Pizza Crunches or Yogurt, Cheese Stick, WG Bar.</u></b> Marinara Sauce, Green Beans, Pineapple, Jello w/ Whipped Topping, Fresh Fruit and Veggie</p>
<p>25 Monday <b>WG Cereal, WG Waffle, Syrup, Fruit, Juice</b></p> <p>WG Bun, Tenderloin <b><u>or Yogurt, Cheese Stick, WG Bar.</u></b> Oven Potatoes, Mandarin Oranges, Fresh Fruit and Veggies</p>	<p>26 Tuesday <b>WG Pigs in a Blanket, Syrup, WG Cereal, Fruit, Juice</b></p> <p>WG Chili Crisпитos, WG Chips <b><u>or WG PB &amp; J, Cheese Stick, WG Chips.</u></b> Refried Beans, Salsa, Pears, Fresh Fruit and Veggies</p>	<p>27 Wednesday <b>WG Cereal, Muffin, Fruit, Juice</b></p> <p><b><i>Early Dismissal 11:00 Sack Lunch to take Home</i></b> <b><i>WG PB &amp; J, WG Chips, Fresh Fruit and Veggies</i></b></p>	<p>28 Thursday <b>WG Cereal, WG Breakfast Bar, Juice, Fruit</b></p> <p>WG Roll, Tater Tot Casserole <b><u>or WG PB &amp; J, Cheese Stick, WG Chips.</u></b> Green Beans, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>29 Friday <b>WG Cereal, WG Breakfast Pizza, Fruit, Juice</b></p> <p>WG Roll WG Chicken Nuggets or <b><u>Yogurt, Cheese Stick, WG Bar,</u></b> Romaine, Peaches, Fresh Fruit and Veggies, Bavarian Creme Dessert</p>
<p>Breakfast is offered vs served. Students must take 3 of the 4 items offered and 1 must be a ½ cup of fruit or juice,</p>	<p>Lunch is offered vs served. Students must take 3 of the 5 items offered and 1 must be a ½ cup of fruit or veggie.</p>		<p>MENU IS SUBJECT TO CHANGE</p>	<p>Fun Fact September is National Chicken and Potato Month Grandparents Day is September 11 September is Happy Cat Month</p>

**Rebel Up**

**Level Up**

**Stark County District #100 Home of Pride and Excellence**