**Weather Alerts:**

* National Weather Service Alerts for GA: <https://alerts-v2.weather.gov/search?area=GA>
* Weather Tracking: <https://zoom.earth/>
* Weather Alert app: <https://www.stormshieldapp.com/>

**For Communities Who Are Preparing**

* [Ready.gov](https://urldefense.com/v3/__https:/www.ready.gov/__;!!HWVSVPY!naH637cAopit0xanxNyV0S0K-6tTwptQye3dVopHAvfuYFlX1q8IDv6Y1eBPWh5Cs3hkjXAzGJa0xYKXUZpbWSuuiKCb$) – recommendations for an emergency supply kit and evacuation considerations
* [Ready Kids](https://urldefense.com/v3/__https:/www.ready.gov/kids__;!!HWVSVPY!naH637cAopit0xanxNyV0S0K-6tTwptQye3dVopHAvfuYFlX1q8IDv6Y1eBPWh5Cs3hkjXAzGJa0xYKXUZpbWUKgPMq3$) – ideas for talking to children and involving them in family disaster preparedness
* [Help Kids Cope](https://urldefense.proofpoint.com/v2/url?u=http-3A__www.nctsn.org_content_help-2Dkids-2Dcope&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=hTezoYMTeM-BnbH0K61BJscgX8sIGdNPdRPyDp3wuWE&e=) – mobile app with scripts and ideas to support children before, during, and after natural disasters
* GEMA: https://gema.georgia.gov/hurricanes
* FEMA: https://www.ready.gov/kit
* CDC: https://www.cdc.gov/hurricanes/safety/how-to-safely-stay-safe-after-a-hurricane-or-other-tropical-storm.html

**Hurricane Response Resources**

* [Parent Guidelines for Helping Children after a Hurricane](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_parent-2Dguidelines-2Dhelping-2Dchildren-2Dafter-2Dhurricane&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=syrYBDrPpF1TWaMJKqE-ruLP5L7FKDWPnI2ixk7sxCQ&e=) ([En Español](https://urldefense.com/v3/__https:/www.nctsn.org/resources/guia-para-los-padres-para-ayudar-los-ninos-despues-de-un-huracan__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G95xA6ZZgU$))
* [After the Hurricane: Helping Young Children Heal](https://urldefense.com/v3/__https:/www.nctsn.org/resources/after-hurricane-helping-young-children-heal__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G959YDh7SP$)
* [Age-Related Reactions to a Traumatic Event](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_age-2Drelated-2Dreactions-2Dtraumatic-2Devent&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=Uf4BR4noPLVxLL5V8k0WOPi3H2sJBBH5fZYsExc9VR4&e=) ([En Español](https://urldefense.com/v3/__https:/www.nctsn.org/resources/age-related-reactions-traumatic-event-sp__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G952fc-WSz$): [ASL](https://urldefense.com/v3/__https:/www.nctsn.org/resources/age-related-reactions-traumatic-event-asl__;!!F9wkZZsI-LA!CF4CTanRwC5nZYMnKCR-c0Ye0Gi8QCobg-MxQEx2KAnOzOirW4Ni3qZg3WzNHg53xhXawc0bkNvNMdq6EK9eDODqegg$))
* [Simple Activities for Children and Adolescents](https://urldefense.com/v3/__https:/www.nctsn.org/resources/simple-activities-children-and-adolescents__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G959exHhpX$) ([En Español](https://urldefense.com/v3/__https:/www.nctsn.org/resources/simple-activities-children-and-adolescents-sp__;!!F9wkZZsI-LA!CF4CTanRwC5nZYMnKCR-c0Ye0Gi8QCobg-MxQEx2KAnOzOirW4Ni3qZg3WzNHg53xhXawc0bkNvNMdq6EK9etAkldOQ$))
* [Trinka and Sam: The Rainy Windy Day](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_trinka-2Dand-2Dsam-2Drainy-2Dwindy-2Dday&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=b90N0XRyttwllNyc5eFlo-vu_XoTUZJVESGbDdWzQ2Q&e=)—e-book for young children ([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_trinka-2Dy-2Djuan-2Den-2Dun-2Ddia-2Dde-2Dmucho-2Dviento-2Dy-2Dlluvia&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=bsDr78LmaeIKh8K-4j_hQvTBOv9Xr5u5wogkP37rOWk&e=))
* [College Students Coping After a Hurricane](https://urldefense.com/v3/__https:/www.nctsn.org/resources/college-students-coping-after-hurricane__;!!HWVSVPY!naH637cAopit0xanxNyV0S0K-6tTwptQye3dVopHAvfuYFlX1q8IDv6Y1eBPWh5Cs3hkjXAzGJa0xYKXUZpbWfvdedVC$)
* [Teacher Guidelines Helping Students After a Hurricane](https://urldefense.com/v3/__https:/www.nctsn.org/resources/teacher-guidelines-helping-students-after-hurricane__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G95zKo-8-F$)
* [Talking to Children: When Scary Things Happen](https://urldefense.com/v3/__https:/www.nctsn.org/resources/talking-to-children-when-scary-things-happen__;!!F9wkZZsI-LA!FYjD_so0zPGil5IHJRkJ3oNAWhjiFsUHbe268oBqEwKZ2eruFZy17qfXtl3QVsHxFshXzChdiKEpJH7cYQHlfJQrX_g$) ([En Español](https://urldefense.com/v3/__https:/www.nctsn.org/resources/talking-to-children-when-scary-things-happen-sp__;!!F9wkZZsI-LA!FYjD_so0zPGil5IHJRkJ3oNAWhjiFsUHbe268oBqEwKZ2eruFZy17qfXtl3QVsHxFshXzChdiKEpJH7cYQHly6FhgDE$))
* [Tips for Parents on Media Coverage of Traumatic Events](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_tips-2Dparents-2Dand-2Dcaregivers-2Dmedia-2Dcoverage-2Dtraumatic-2Devents&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=3iVRq2CnXw5BRjzqHSkpz38zYyQj6_GlP360I5--LjI&e=)
* [Once I Was Very Very Scared](https://urldefense.com/v3/__https:/piploproductions.com/stories/once/__;!!F9wkZZsI-LA!GXL6kdtOuRHes5NwuTB9pIwy_dXQAFJksvzSanZsL9J-BocS0Uf6hccdu-y4AXJnuov80q98QIMhwZDdjzfSDmyQdMw$) ([En Español](https://urldefense.com/v3/__https:/piploproductions.com/nuestros-cuentos/una-vez/__;!!F9wkZZsI-LA!CF4CTanRwC5nZYMnKCR-c0Ye0Gi8QCobg-MxQEx2KAnOzOirW4Ni3qZg3WzNHg53xhXawc0bkNvNMdq6EK9enW7NZ8w$))—e-book for young children
* [After the Injury](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.aftertheinjury.org_&d=DwMFAg&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=vyKoXFUQ-CzUQsUEsU_VwEifMStVNuB6XZZtDuIDrTY&s=OxewveOLl5qhWnb0E6kxhePnmq9kv3YDkXSNS7AIfDU&e=)—website for families with injured children
* [Health Care Toolbox](https://urldefense.com/v3/__https:/www.healthcaretoolbox.org/__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G952d6kQdQ$)—website for pediatric health providers working with injured children
* [Pause-Reset-Nourish (PRN) to Promote Wellbeing](https://urldefense.com/v3/__https:/www.nctsn.org/resources/prn-to-promote-wellbeing-as-needed-to-care-for-your-wellness__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G9518XsE2W$) ([En Español](https://urldefense.com/v3/__https:/www.nctsn.org/resources/prn-to-promote-wellbeing-as-needed-to-care-for-your-wellness-sp__;!!F9wkZZsI-LA!BL9MIzU_ZROyAFmEW-ukE4g38BR6WP5J7ek9sIXm4z4EALniFzAYN2OOpwqRI1OhHUe65IuoG2Sxx2937-RhMTdQn6g$))—for responders
* [Here for Each Other: Family Guide](https://urldefense.com/v3/__https:/sesameworkshop.org/resources/support-after-a-hurricane/__;!!F9wkZZsI-LA!BL9MIzU_ZROyAFmEW-ukE4g38BR6WP5J7ek9sIXm4z4EALniFzAYN2OOpwqRI1OhHUe65IuoG2Sxx2937-RhP02iiHY$) *(from Sesame Street)*

**Resources on Traumatic Grief**

* [Helping Young Children with Traumatic Grief: Tips for Caregivers](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_helping-2Dyoung-2Dchildren-2Dtraumatic-2Dgrief-2Dtips-2Dcaregivers&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=c6hTpxgK0ZL5auXbCLEg-E-a4lC7KASF4v643xm4t2o&e=)
* [Helping School-Age Children with Traumatic Grief: Tips for Caregivers](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_helping-2Dschool-2Dage-2Dchildren-2Dtraumatic-2Dgrief-2Dtips-2Dcaregivers&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=-dd7KTrBxUqg32FPyrJX487_ZZF9YiQdkabDOvN9Feo&e=)
* [Helping Teens with Traumatic Grief: Tips for Caregivers](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_helping-2Dteens-2Dtraumatic-2Dgrief-2Dtips-2Dcaregivers&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=kkuFhSx8rjz7_zHYTpVMAT4v8ww2ZVFGSzub71pm4uc&e=)
* [The Power of Parenting: How to Help Your Child After a Parent or Caregiver Dies](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_power-2Dof-2Dparenting-2Dhow-2Dto-2Dhelp-2Dyour-2Dchild-2Dafter-2Da-2Dparent-2Dor-2Dcaregiver-2Ddies&d=DwMFAg&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=4EJJIQXN3G-cu2YrEEN3np1qViU81Dw3cLLIj6-JuCY&s=lPppR7bFTqvvfnMmbz8Ux7pz_Gmx-AJR7mtlDIa0LEc&e=)

**Resources on Tornadoes**

* [Parent Guidelines for Helping Children after a Tornado](https://urldefense.com/v3/__https:/www.nctsn.org/resources/parent-guidelines-helping-children-after-tornado__;!!F9wkZZsI-LA!WrhqVSbYgV11IXZNOxyicu4GPrFgLyItvFo5Hc981__vkflpMYlPA2w04NvA_XVbfvWB$)
* [Tips for Parents on Media Coverage of the Tornado](https://urldefense.com/v3/__https:/www.nctsn.org/resources/tips-parents-media-coverage-tornado__;!!F9wkZZsI-LA!WrhqVSbYgV11IXZNOxyicu4GPrFgLyItvFo5Hc981__vkflpMYlPA2w04NvA_bpYA3ne$)
* [Questions to Ask Your Children About the Tornado](https://urldefense.com/v3/__https:/www.nctsn.org/resources/questions-ask-your-children-about-tornado__;!!F9wkZZsI-LA!WrhqVSbYgV11IXZNOxyicu4GPrFgLyItvFo5Hc981__vkflpMYlPA2w04NvA_REkyVei$)
* [After the Tornado: Helping Young Children Heal](https://urldefense.com/v3/__https:/www.nctsn.org/resources/after-tornado-helping-young-children-heal__;!!F9wkZZsI-LA!WrhqVSbYgV11IXZNOxyicu4GPrFgLyItvFo5Hc981__vkflpMYlPA2w04NvA_QQYdIzb$)
* [Teacher Guidelines for Helping Students after a Tornado](https://urldefense.com/v3/__https:/www.nctsn.org/resources/teacher-guidelines-helping-students-after-tornado__;!!F9wkZZsI-LA!WrhqVSbYgV11IXZNOxyicu4GPrFgLyItvFo5Hc981__vkflpMYlPA2w04NvA_XWRfJNW$)
* [Trinka and Sam and the Swirling Twirling Wind](https://urldefense.com/v3/__https:/www.nctsn.org/resources/trinka-and-sam-and-swirling-twirling-wind__;!!F9wkZZsI-LA!WrhqVSbYgV11IXZNOxyicu4GPrFgLyItvFo5Hc981__vkflpMYlPA2w04NvA_aYUP5eU$)—e-book for young children ([En Español](https://urldefense.com/v3/__https:/www.nctsn.org/resources/trinka-y-juan-el-viento-que-giraba-y-giraba__;!!F9wkZZsI-LA!WrhqVSbYgV11IXZNOxyicu4GPrFgLyItvFo5Hc981__vkflpMYlPA2w04NvA_WnjKD4F$))
* [Tornado Response for Kids: Right After a Tornado](https://urldefense.com/v3/__https:/www.nctsn.org/resources/tornado-response-kids-right-after-tornado__;!!F9wkZZsI-LA!BL9MIzU_ZROyAFmEW-ukE4g38BR6WP5J7ek9sIXm4z4EALniFzAYN2OOpwqRI1OhHUe65IuoG2Sxx2937-RhdCeA0uM$)
* [Tornado Response for Teens: Right After a Tornado](https://urldefense.com/v3/__https:/www.nctsn.org/resources/tornado-response-teens-right-after-tornado__;!!F9wkZZsI-LA!BL9MIzU_ZROyAFmEW-ukE4g38BR6WP5J7ek9sIXm4z4EALniFzAYN2OOpwqRI1OhHUe65IuoG2Sxx2937-RhZut8-A4$)

**Psychological First Aid**

The NCTSN also has resources for responders on [Psychological First Aid](https://urldefense.com/v3/__https:/www.nctsn.org/resources/psychological-first-aid-pfa-field-operations-guide-2nd-edition__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G95wtqm844$) (PFA; [En Español](https://urldefense.com/v3/__https:/www.nctsn.org/resources/primeros-auxilios-psicologicos-guia-de-operaciones-practicas-2da-edicion__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G950X8KHGp$)). PFA is an early intervention to support children, adolescents, adults, and families impacted by these types of events. The [PFA Wallet Card](https://urldefense.com/v3/__https:/www.nctsn.org/resources/psychological-first-aid-pfa-wallet-card__;!!F9wkZZsI-LA!UUCOeYsuTRTUCZ1x1rSOI6ItXMBBDEXVHzH4x2Jl9bWAPUK20TuEXQaw7o75Q4a9JERA$) ([En Español)](https://urldefense.com/v3/__https:/www.nctsn.org/resources/psychological-first-aid-pfa-wallet-card-sp__;!!F9wkZZsI-LA!UUCOeYsuTRTUCZ1x1rSOI6ItXMBBDEXVHzH4x2Jl9bWAPUK20TuEXQaw7o75Q-KKyS2H$) provides a quick reminder of the core actions. The [PFA online training](https://urldefense.com/v3/__https:/www.nctsn.org/resources/psychological-first-aid-pfa-online__;!!F9wkZZsI-LA!GXL6kdtOuRHes5NwuTB9pIwy_dXQAFJksvzSanZsL9J-BocS0Uf6hccdu-y4AXJnuov80q98QIMhwZDdjzfSlCEI7-0$) ([En Español](https://urldefense.com/v3/__https:/www.nctsn.org/resources/pfa-online-sp__;!!F9wkZZsI-LA!D6teBBOC2zkq4_hD68L1ifzsBsaErxr9rMQB7EZJWvKgti_YxidMa5veI65TZvanLsyqvto7fSCpTtrjk3hzppqerPs$)) course is also available on the NCTSN Learning Center. PFA Handouts include:

* [Parent Tips for Helping Infants and Toddlers](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dparent-2Dtips-2Dhelping-2Dinfants-2Dand-2Dtoddlers-2Dafter-2Ddisasters&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=JeT8mtmYKycFsZ3fDYHp2cbLYQWNOeg9EjZxis_u2WU&e=) ([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dconsejos-2Dpara-2Dpadres-2Dcomo-2Dayudar-2Dbebes-2Dy-2Dninos-2Dpequenos&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=9M0hBJGoJPZaqWIb4DJF7FzTGDEwqPiYBGK-PUpJfwM&e=))
* [Parent Tips for Helping Preschoolers](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dparent-2Dtips-2Dhelping-2Dpreschool-2Dage-2Dchildren-2Dafter-2Ddisasters&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=9m44NsOza3nfPaKg7dQH1yr7Wt7q15M-gBs0bDCXrU0&e=) ([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dconsejos-2Dpara-2Dpadres-2Dcomo-2Dayudar-2Dninos-2Dde-2Dedad-2Dpreescolar&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=tRV6QM0SqMb6MHlF3_6f-deZdK9R1GNG-o_Xcs0T3yU&e=))
* [Parent Tips for Helping School-Age Children](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dparent-2Dtips-2Dhelping-2Dschool-2Dage-2Dchildren-2Dafter-2Ddisasters&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=rDr3-VVx0jpAXgC2ckVxOIoxDv01flhqIfCGIqA0crA&e=) ([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dconsejos-2Dpara-2Dpadres-2Dcomo-2Dayudar-2Dninos-2Dde-2Dedad-2Descolar&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=OsGdviNUIGFD_sAsfLf8VPAoqg4KR7xIR64gGwpvErw&e=))
* [Parent Tips for Helping Adolescents](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dparent-2Dtips-2Dhelping-2Dadolescents&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=blaO_NYXuOIQQn3A3jzdKtsvIBduVx1n3x0unUR3Pgg&e=) ([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dconsejos-2Dpara-2Dpadres-2Dcomo-2Dayudar-2Dadolescentes&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=fhRQQ8yfvxZ2TQXjkfJn_ruHTvHL_RHc3UcL9DYOuQQ&e=))
* [Tips for Adults](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dtips-2Dadults&d=DwMFAg&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=4EJJIQXN3G-cu2YrEEN3np1qViU81Dw3cLLIj6-JuCY&s=RKwf9EXhqlkL2rjCk0igblywUwvlJQIHI7ve-KeJXAs&e=) ([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dconsejos-2Dpara-2Dadultos&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=fsbx-mlulzziVSgIAy2rZpFxhHdwLNBqpuvCnPG1HSE&e=))

For community and mental health providers who plan to continue working with affected communities long-term, review [Skills for Psychological Recovery](https://urldefense.com/v3/__https:/www.nctsn.org/resources/skills-for-psychological-recovery__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G9535M7af2$) (SPR; [En Español](https://urldefense.com/v3/__https:/www.nctsn.org/resources/skills-for-psychological-recovery-sp__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G95xnXoWKs$)) and take the [SPR Online course](https://urldefense.com/v3/__https:/www.nctsn.org/resources/skills-psychological-recovery-spr-online__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G959-OkPaB$) ([En Español](https://urldefense.com/v3/__https:/www.nctsn.org/resources/skills-for-psychological-recovery-online-sp__;!!F9wkZZsI-LA!BL9MIzU_ZROyAFmEW-ukE4g38BR6WP5J7ek9sIXm4z4EALniFzAYN2OOpwqRI1OhHUe65IuoG2Sxx2937-RhkmheqKo$)).

**Mobile Apps**

* [PFA Mobile](https://urldefense.proofpoint.com/v2/url?u=http-3A__www.nctsn.org_content_pfa-2Dmobile&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=N1nEXdCpq2srsmRA6Z4FyDPN6znLJPH4dHhyY9c1faU&e=)
* [SAMHSA Behavioral Health Disaster Response App](https://urldefense.com/v3/__https:/store.samhsa.gov/product/samhsa-disaster-mobile-app/pep13-dkapp-1__;!!HWVSVPY!naH637cAopit0xanxNyV0S0K-6tTwptQye3dVopHAvfuYFlX1q8IDv6Y1eBPWh5Cs3hkjXAzGJa0xYKXUZpbWRVGyeD5$)
* [Bounce Back Now](https://urldefense.com/v3/__https:/www.bouncebacknow.org/__;!!F9wkZZsI-LA!TsyQFzAOTItSS-lw59d4l9klR5M8_XtqaE-ciDi4ixg4isPv4e2gDsa9i8G952w2mStX$) ([En Español](https://urldefense.com/v3/__https:/www.bouncebacknow.org/es/__;!!F9wkZZsI-LA!BL9MIzU_ZROyAFmEW-ukE4g38BR6WP5J7ek9sIXm4z4EALniFzAYN2OOpwqRI1OhHUe65IuoG2Sxx2937-Rhl48Eo6Y$))

*Additional Resources from our Partners:*

* [Sustaining the Psychological Well-Being of Caregivers While Caring for Disaster Victims](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cstsonline.org_assets_media_documents_CSTS-5FFS-5FSustaining-5FPsychological-5FWellbeing-5Fof-5FCaregivers-5FWhile-2520Caring-2520-2520for-2520Disaster-2520Victims.pdf&d=DwMFAg&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=4EJJIQXN3G-cu2YrEEN3np1qViU81Dw3cLLIj6-JuCY&s=Sk25wUBFlEaACs6NlwlayMbNFx6AINOdMKRVo5SSPZg&e=)
* [Safety, Recovery and Hope after Disaster: Helping Communities and Families Recover](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cstsonline.org_assets_media_documents_CSTS-5FFS-5FSafety-2C-2520Recovery-2520and-2520Hope-2520after-2520Disaster-2520Helping-2520Communities-2520and-2520Families-2520Recover.pdf&d=DwMFAg&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=4EJJIQXN3G-cu2YrEEN3np1qViU81Dw3cLLIj6-JuCY&s=M4IZOZJIkDT9MYCbOs5MKO1EFT5edDXZEQSSBQ_90Rs&e=)y
* [Leadership Communication: Anticipating and Responding to Stressful Events](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cstsonline.org_assets_media_documents_CSTS-5FFS-5FLeadership-5FCommunication-5FAnticipating-5FResponding-5Fto-5FStressful-5FEvents.pdf&d=DwMFAw&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=hYyW4LMTMiR-uC9EEblTtEJIuxpHI35JAovF_xxNCOI&s=iU2QwCYDJvmu43GwwvdqtxTfhgMP2aa5SeREdIIv1mU&e=)
* [What To Do To Protect Yourself During Power Outages](https://urldefense.com/v3/__https:/www.cdc.gov/natural-disasters/response/what-to-do-protect-yourself-during-a-power-outage.html__;!!F9wkZZsI-LA!BL9MIzU_ZROyAFmEW-ukE4g38BR6WP5J7ek9sIXm4z4EALniFzAYN2OOpwqRI1OhHUe65IuoG2Sxx2937-Rhjv8tJm0$)

**Disaster Helpline**

SAMHSA has a [Disaster Distress Helpline](https://urldefense.proofpoint.com/v2/url?u=http-3A__www.samhsa.gov_find-2Dhelp_disaster-2Ddistress-2Dhelpline&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=3sF1UyI0cm1K-5ipHwWrYy5LnSmZfBOKWMFowxQjunY&e=) – call or text **1-800-985-5990** (for Spanish, press “2”) to be connected to a trained counselor 24/7/365.

**Resources for Cultural Resources (archives, museums, art, music, etc.)**

* HENTF’s Save Your Family Treasures guidance: <https://www.fema.gov/disaster/recover/save-family-treasures#fact-sheets>
* Members of the public and individual artists who have questions about saving family heirlooms and personal collections can email the National Heritage Responders at [NHRpublichelpline@culturalheritage.org](mailto:NHRpublichelpline@culturalheritage.org)
* Cultural institutions, arts organizations, and artists and performing groups can call the National Heritage Responders hotline: 202.661.8068. The National Heritage Responders, a team of trained conservators and collections care professionals administered by the Foundation for Advancement in Conservation, are available 24/7 to provide advice and guidance
* Were any cultural institutions or arts organizations affected? If so, how? Please encourage those impacted to fill out one of the following Rapid Damage Assessment Forms:

1. [Cultural Institutions](https://urldefense.com/v3/__https:/urldefense.us/v3/__https:/docs.google.com/forms/d/e/1FAIpQLSdX2xFpCGc5gTq7UKQSO7xNQqpdL2kQMrFYNwx1RDxT-qsO8g/viewform__;!!BClRuOV5cvtbuNI!BEwzqxgODI1zp5m8dPjxlgwYFPE7FIaj_O7W7ACq-9ybGrR-NnlJbEYKQFEmx90HpQxxIbSEg_kByGNE4Gt2Xy4nRKR0tQ$__;!!HWVSVPY!mnsNLh9yd1IhPn0f-kPd4oo4obG9nhVj5jNjjOvYTyVo_rRE-RU-Etj3I0FDP7mJotE94XibFI_f5xW5uCqibKCOSkLTsA$)
2. [Arts Organizations](https://urldefense.com/v3/__https:/urldefense.us/v3/__https:/forms.gle/fNAcHzBoUNWiWXY36__;!!BClRuOV5cvtbuNI!FF4rrinph9gvQncugXdq34H2en9zNSLRF0jqQYTXQ73WKE62iV2HZ8Ykr5Bt7tUEfC6fSU6AIIQi187ecfI2p0gcR5cdnkM$__;!!HWVSVPY!mnsNLh9yd1IhPn0f-kPd4oo4obG9nhVj5jNjjOvYTyVo_rRE-RU-Etj3I0FDP7mJotE94XibFI_f5xW5uCqibKB_zwzzOA$)
3. [Individual Artists and Performing Groups](https://urldefense.com/v3/__https:/urldefense.us/v3/__https:/forms.gle/QL5gAYNUeG6fYRWn7__;!!BClRuOV5cvtbuNI!FF4rrinph9gvQncugXdq34H2en9zNSLRF0jqQYTXQ73WKE62iV2HZ8Ykr5Bt7tUEfC6fSU6AIIQi187ecfI2p0gcibV5DBo$__;!!HWVSVPY!mnsNLh9yd1IhPn0f-kPd4oo4obG9nhVj5jNjjOvYTyVo_rRE-RU-Etj3I0FDP7mJotE94XibFI_f5xW5uCqibKABEYh4Lg$)