

Standards Crosswalk

8th Grade

Alabama Health Standards Alignment

LESSON #	LESSON NAME	ANCHOR STANDARDS	CONTENT STANDARDS
BULLYING UNIT			
Lesson 1	Recognizing Bullying	Access To Information/Products/Services, Interpersonal Communication	8.3.2, 8.4.1, 8.4.2, 8.4.3
Lesson 2	Cyberbullying: The New Bathroom Wall	Analyzing Influences, Access To Information/Products/Services, Interpersonal Communication	8.2.3, 8.3.2, 8.4.1, 8.4.2, 8.4.3
Lesson 3	Training Your Brain to Be Compassionate	Health Promotion, Analyzing Influences, Access To Information, Interpersonal Communication	8.1.1, 8.1.2, 8.2.4, 8.3.2, 8.4.1, 8.4.3
ABUSE UNIT			
Lesson 1	Types of Abuse	Health Promotion, Access To Information/Products/Services, Interpersonal Communication	8.1.1, 8.1.2, 8.3.2, 8.4.3
Lesson 2	Varied Effects of Abuse	Health Promotion, Analyzing Influences, Access To Information/Products/Services, Interpersonal Communication, Decision-Making	8.1.1, 8.1.2, 8.2.5, 8.3.2, 8.4.3, 8.5.1, 8.5.2
Lesson 3	Creating Healthy Relationships	Health Promotion, Interpersonal Communication, Self-Management	8.1.2, 8.4.1, 8.4.3, 8.7.2
SUBSTANCE USE UNIT			
Lesson 1	Peer Pressure	Health Promotion, Analyzing Influences, Access To Information/Products/Services, Interpersonal Communication, Decision-Making, Self-Management	8.1.2, 8.1.3, 8.2.1, 8.2.2, 8.2.4, 8.2.5, 8.3.2, 8.4.1, 8.4.3, 8.5.1, 8.5.2, 8.7.2
Lesson 2	Spotlight: Alcohol & Vaping	Health Promotion, Analyzing Influences, Access To Information/Products/Services, Decision-Making	8.1.2, 8.1.3, 8.2.1, 8.2.4, 8.2.5, 8.3.2, 8.5.1, 8.5.2
Lesson 3	Addiction	Health Promotion, Analyzing Influences, Access To Information/Products/Services, Decision-Making, Self-Management, Advocacy	8.1.3, 8.2.5, 8.3.2, 8.5.1, 8.5.2, 8.7.2, 8.8.1
SELF-HARM & SUICIDE UNIT			
Lesson 1	Mental Health: How We Think, Feel, & Act	Health Promotion, Access To Information/Products/Services, Decision-Making, Self-Management, Advocacy	8.1.1, 8.1.2, 8.1.3, 8.3.2, 8.5.1, 8.5.2, 8.7.2, 8.8.1
Lesson 2	There Is A Better Way!	Health Promotion, Access To Information/Products/Services, Interpersonal Communication, Decision-Making, Self-Management, Advocacy	8.1.1, 8.1.2, 8.1.3, 8.3.2, 8.4.3, 8.5.1, 8.5.2, 8.7.1, 8.7.2, 8.8.1
Lesson 3	Suicide: The Permanent Decision	Health Promotion, Analyzing Influences, Access To Information/Products/Services, Interpersonal Communication, Decision-Making, Self-Management, Advocacy	8.1.1, 8.1.2, 8.2.4, 8.2.5, 8.3.2, 8.4.1, 8.4.3, 8.5.2, 8.7.1, 8.7.2, 8.8.1

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8th Grade

Alabama Comprehensive Counseling and Guidance State Model		
LESSON #	LESSON NAME	GRADE-CLUSTER STANDARDS, COMPETENCIES, & INDICATORS
BULLYING UNIT		
Lesson 1	Recognizing Bullying	A:A2.3, A:A3.1, A:B1.4, C:C2.2, PS:A1.5, PS:A1.6, PS:A1.7, PS:A2.1, PS:A2.2, PS:A2.3, PS:A2.4, PS:A2.5, PS:A2.6, PS:A2.7, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.6, PS:B1.7, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.11
Lesson 2	Cyberbullying: The New Bathroom Wall	A:A2.3, A:A3.1, A:B1.4, C:C2.2, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A1.11, PS:A2.1, PS:A2.2, PS:A2.3, PS:A2.4, PS:A2.6, PS:A2.7, PS:A2.8, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.6, PS:B1.7, PS:B1.8, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.9, PS:C1.11
Lesson 3	Training Your Brain to Be Compassionate	A:A2.3, A:A3.1, A:B1.4, PS:A1.4, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:A2.2, PS:A2.3, PS:A2.4, PS:A2.6, PS:A2.7, PS:A2.8, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.6, PS:B1.7, PS:C1.2, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.11
ABUSE UNIT		
Lesson 1	Types of Abuse	A:A2.3, A:B1.4, PS:A1.6, PS:A1.7, PS:A2.1, PS:A2.6, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.11
Lesson 2	Varied Effects of Abuse	A:A2.3, A:B1.4, PS:A1.5, PS:A1.6, PS:A1.7, PS:A2.1, PS:A2.6, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.8, PS:C1.11
Lesson 3	Creating Healthy Relationships	A:A2.3, A:A3.1, A:B1.4, C:C2.2, PS:A1.5, PS:A1.6, PS:A1.7, PS:A2.1, PS:A2.2, PS:A2.3, PS:A2.4, PS:A2.5, PS:A2.6, PS:A2.7, PS:A2.8, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.7, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.7, PS:C1.11
SUBSTANCE USE UNIT		
Lesson 1	Peer Pressure	A:A2.3, A:A3.1, A:B1.4, C:A1.5, PS:A1.2, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:A2.6, PS:A2.7, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.8, PS:C1.2, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.8, PS:C1.9, PS:C1.11
Lesson 2	Spotlight: Alcohol & Vaping	A:A2.3, A:A3.1, A:B1.4, C:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:B1.2, PS:B1.8, PS:C1.2, PS:C1.4, PS:C1.7, PS:C1.8, PS:C1.9
Lesson 3	Addiction	A:A2.3, A:A3.1, A:B1.4, C:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:C1.2, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.8
SELF-HARM & SUICIDE UNIT		
Lesson 1	Mental Health: How We Think, Feel, & Act	A:A2.3, A:B1.4, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.10, PS:C1.11
Lesson 2	There Is A Better Way!	A:A2.3, A:A3.1, A:B1.4, C:A1.5, PS:A1.1, PS:A1.4, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:A2.7, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.10, PS:C1.11
Lesson 3	Suicide: The Permanent Decision	A:A2.3, A:B1.4, C:A1.5, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:A2.6, PS:A2.7, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.8, PS:C1.11